

1 - 1. hluti - undanrásir

10.4.2015 - 10:00

Sundgrein 1	kvenna, 50m skriðsund				Opinn
10.4.2015 - 10:00					Úrslitalistar Undanrásir
Íslandsmet	25.24	Sarah Blake Bateman	Ægir	Indianapolis (USA)	30.3.2012
Aldursflokkamet 11 - 12	29.56	Rannveig Rögn Leifsdóttir	KR	Reykjavík	21.3.2009
Aldursflokkamet 13 - 14	26.84	Kolbrún Ýr Kristjánsdóttir	ÍA	Örebro (DEN)	29.11.1997
Aldursflokkamet 15 - 17	26.60	Ingibjörg Kristín Jónsdóttir	SH	Reykjavík	21.3.2010
NÆM 13 - 14: 27.03 / EYOF 13 - 14: 26.76 / HM B-lágmörk : 26.11 / Evrópuleikar 15 - 16: 26.37 / OQT : 25.28					

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig	
1. Bryndís Rún Hansen	93	Óðinn	NT	26.39	727A
2. Ingibjörg Kristín Jónsdóttir	93	SH	26.92	26.44	722A
3. Bryndís Bolladóttir	99	Óðinn	27.83	27.59	636A
4. Kolbrún Jónsdóttir	95	KR	NT	28.04	606A
5. Guðný Erna Bjarnadóttir	94	SH	28.23	28.16	598A
6. Karen Sif Vilhjálmsdóttir	93	SH	27.17	28.39	583A
7. Elín Ylfa Viðarsdóttir	99	Breiðablik	29.66	28.71	564A
8. Jóhanna Elín Guðmundsdóttir	01	SH	29.04	28.75	562A
9. Guðný Birna Sigurðardóttir	99	Vestri	28.42	28.76	561R
10. Sunneva Dögg Friðriksdóttir	99	ÍRB	28.61	28.78	560R
11. Íris Ósk Hilmarsdóttir	98	ÍRB	28.11	29.09	542
12. Marta Buchanevic	01	Ægir	29.10	29.15	539
13. Ásdís Birta Guðnadóttir	96	SH	28.69	29.25	533
14. Bjarnís Sól Helenudóttir	00	ÍRB	29.47	29.35	528
15. Ásta Kristín Jónsdóttir	00	Ármann	29.57	29.39	526
16. Erla Sigurjónsdóttir	95	ÍRB	29.23	29.61	514
17. Una Lára Lárusdóttir	99	ÍA	28.79	29.62	514
18. Ragna Sigríður Ragnarsdóttir	01	Ármann	29.39	30.01	494
19. Sunneva Jóhannsdóttir	94	Breiðablik	29.70	30.09	490
20. Brynhildur Traustadóttir	01	ÍA	29.98	30.32	479
21. Helga Þöll Guðjónsdóttir	97	STJARNAN	29.62	30.56	468
22. Eyrún Sigþórsdóttir	01	ÍA	29.79	30.57	467
23. Ágústa Rós Róbertsdóttir	98	S.d. Fjölnis	29.51	30.61	465
24. Birta María Falsdóttir	98	ÍRB	30.57	30.66	463
25. Aníka Mjöll Júlíusdóttir	01	ÍRB	29.99	30.72	460
26. Natalia Cecylia Wojdat	98	SH	30.17	30.92	452
27. Bjarkey Jónasdóttir	99	Afturelding	29.64	30.97	449
28. Arna M Ormsdóttir	97	STJARNAN	30.10	31.02	447
29. Guðrún Eir Jónsdóttir	98	ÍRB	30.66	31.10	444
30. Diljá Rún Ívarsdóttir	02	ÍRB	30.29	31.53	426

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Sundgrein 2 karla, 50m skriðsund Opinn
10.4.2015 - 10:06 Úrslitalistar Undanrásir

Íslandsmet	22.53	Árni Már Arnason	ÍRB	Canet (FRA)	6.6.2012
Aldursflokkamet 11 - 12	29.95	Brynjólfur Óli Karlsson	Breiðablik	Hafnarfjörður	1.3.2013
Aldursflokkamet 13 - 14	26.28	Kristinn Þórarinnsson	Fjölpir	Reykjavík	23.12.2010
Aldursflokkamet 15 - 17	23.29	Örn Arnason	SH	Hafnarfjörður	30.12.1998

HM B-lágmörk : 23.03 / OQT : 22.27

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Alexander Jóhannesson	92 KR	24.26	23.79	679A
2. Predrag Milos	95 SH	24.10	24.25	641A
3. Viktor Máni Vilbergsson	92 SH	24.90	24.51	620A
4. Hilmar Smári Jónsson	94 S.d. Fjölpir	25.43	24.60	614A
5. Aron Örn Stefánsson	95 SH	24.81	24.61	613A
6. Kristófer Sigurðsson	95 ÍRB	24.50	24.78	600A
7. Birkir Snær Helgason	94 Ægir	24.98	25.01	584A
8. Christian Olausson	96 NTG	25.11	25.34	561A
9. Pröstur Bjarnason	97 ÍRB	26.00	25.83	530R
10. Ásgeir Beinteinn Árnason	99 KR	25.60	25.89	526R
11. Bragi Snær Hallsson	97 NTG	25.26	25.95	523
12. Mathias Rasmussen	97 NTG	25.31	25.98	521
13. Daníel Már Kristinnsson	98 Breiðablik	25.78	26.04	517
14. Sveinbjörn Pálmi Karlsson	95 Breiðablik	26.80	26.12	513
15. Davíð Fannar Ragnarsson	98 Afturelding	26.53	26.13	512
16. Snær Jóhannesson	96 KR	26.67	26.14	511
17. Atli Vikar Ingimundarson	97 ÍA	26.43	26.50	491
18. Sveinn Ólafur Lúðvíksson	96 SH	26.37	26.61	485
19. Huginn Hilmarsson	95 Afturelding	26.80	26.68	481
20. Sævar Berg Sigurðsson	95 ÍA	27.17	26.70	480
21. Stefán Kristinn Sigurgeirsson	99 UMFB	26.77	27.20	454

Sundgrein 3 kvenna, 400m skriðsund Opinn
10.4.2015 - 10:09 Úrslitalistar

Íslandsmet	4:20.42	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	10.3.2012
Aldursflokkamet 11 - 12	4:53.81	Eygló Ósk Gústafsdóttir	Ægir	Reykjanesbæ	12.5.2007
Aldursflokkamet 13 - 14	4:35.51	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	21.3.2009
Aldursflokkamet 15 - 17	4:23.24	Eygló Ósk Gústafsdóttir	Ægir	Helsinki (FIN)	15.7.2010

NÆM 13 - 14: 4:39.53 / EYOF 13 - 14: 4:36.76 / HM B-lágmörk : 4:21.31 / Evrópuleikar 15 - 16: 4:32.67 / OQT : 4:09.08

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Inga Elin Cryer	93 Ægir	4:24.41	4:22.93	752
50m: 29.68 29.68	150m: 1:34.72 33.04	250m: 2:41.81 33.57	350m: 3:49.72 33.84	
100m: 1:01.68 32.00	200m: 2:08.24 33.52	300m: 3:15.88 34.07	400m: 4:22.93 33.21	
2. Sunneva Dögg Friðriksdóttir	99 ÍRB	4:30.78	4:25.85	727EMU
50m: 29.89 29.89	150m: 1:34.59 32.90	250m: 2:41.96 33.85	350m: 3:50.92 34.87	
100m: 1:01.69 31.80	200m: 2:08.11 33.52	300m: 3:16.05 34.09	400m: 4:25.85 34.93	
3. Bára Kristín Björgvinsdóttir	95 SH	4:34.05	4:29.59	698
50m: 31.29 31.29	150m: 1:38.54 34.06	250m: 2:47.83 34.81	350m: 3:56.97 34.41	
100m: 1:04.48 33.19	200m: 2:13.02 34.48	300m: 3:22.56 34.73	400m: 4:29.59 32.62	
4. Eydís Ósk Kolbeinsdóttir	00 ÍRB	4:35.98	4:29.92	695EMU
50m: 30.14 30.14	150m: 1:37.13 34.42	250m: 2:46.98 34.84	350m: 3:56.56 34.37	
100m: 1:02.71 32.57	200m: 2:12.14 35.01	300m: 3:22.19 35.21	400m: 4:29.92 33.36	
5. Harpa Ingþórsdóttir	00 SH	4:36.20	4:33.16	671
50m: 31.49 31.49	150m: 1:39.95 34.50	250m: 2:49.88 35.15	350m: 3:59.98 34.83	
100m: 1:05.45 33.96	200m: 2:14.73 34.78	300m: 3:25.15 35.27	400m: 4:33.16 33.18	

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Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
6.	Stefanía Sigurbórsdóttir			01	ÍRB			4:43.77	4:39.47	626NÆM		
	50m:	31.34	31.34	150m:	1:40.71	34.73	250m:	2:52.27	35.99	350m:	4:04.68	35.83
	100m:	1:05.98	34.64	200m:	2:16.28	35.57	300m:	3:28.85	36.58	400m:	4:39.47	34.79
7.	Eyrún Agla Friðriksdóttir			99	SH			4:44.36	4:43.84	598		
	50m:	32.83	32.83	150m:	1:43.99	36.05	250m:	2:55.98	36.17	350m:	4:08.54	36.19
	100m:	1:07.94	35.11	200m:	2:19.81	35.82	300m:	3:32.35	36.37	400m:	4:43.84	35.30
8.	Birta María Falsdóttir			98	ÍRB			4:42.79	4:46.92	579		
	50m:	32.45	32.45	150m:	1:44.47	36.52	250m:	2:57.70	36.72	350m:	4:11.33	36.76
	100m:	1:07.95	35.50	200m:	2:20.98	36.51	300m:	3:34.57	36.87	400m:	4:46.92	35.59
9.	Elín Kata Sigurgeirsdóttir			99	Óðinn			4:55.04	4:48.99	566		
	50m:	32.75	32.75	150m:	1:45.13	36.70	250m:	2:58.68	37.02	350m:	4:12.88	36.74
	100m:	1:08.43	35.68	200m:	2:21.66	36.53	300m:	3:36.14	37.46	400m:	4:48.99	36.11
10.	Telma Brá Gunnarsdóttir			00	Ægir			4:48.20	4:51.81	550		
	50m:	32.85	32.85	150m:	1:45.35	36.87	250m:	3:00.38	37.57	350m:	4:15.52	37.52
	100m:	1:08.48	35.63	200m:	2:22.81	37.46	300m:	3:38.00	37.62	400m:	4:51.81	36.29
11.	Sólrun Sigbórsdóttir			97	ÍA			4:55.02	4:53.99	538		
	50m:	32.96	32.96	150m:	1:45.49	36.42	250m:	3:00.37	37.76	350m:	4:16.58	38.23
	100m:	1:09.07	36.11	200m:	2:22.61	37.12	300m:	3:38.35	37.98	400m:	4:53.99	37.41
12.	Kolbrún Eva Pálmadóttir			02	ÍRB			4:57.59	4:58.30	515		
	50m:	33.51	33.51	150m:	1:47.93	38.22	250m:	3:04.53	38.45	350m:	4:20.98	38.07
	100m:	1:09.71	36.20	200m:	2:26.08	38.15	300m:	3:42.91	38.38	400m:	4:58.30	37.32
13.	Líf Þrastardóttir			00	Breiðablik			4:54.16	4:59.35	509		
	50m:	33.21	33.21	150m:	1:47.59	37.80	250m:	3:04.66	38.47	350m:	4:21.88	38.25
	100m:	1:09.79	36.58	200m:	2:26.19	38.60	300m:	3:43.63	38.97	400m:	4:59.35	37.47
14.	Ragna Sigríður Ragnarsdóttir			01	Ármann			4:58.72	5:02.27	495		
	50m:	33.65	33.65	150m:	1:49.38	38.21	250m:	3:07.54	39.15	350m:	4:24.35	38.59
	100m:	1:11.17	37.52	200m:	2:28.39	39.01	300m:	3:45.76	38.22	400m:	5:02.27	37.92
15.	Jóhanna Matthea Jóhannesdóttir			01	ÍRB			5:07.30	5:02.43	494		
	50m:	33.93	33.93	150m:	1:50.61	38.83	250m:	3:08.89	39.24	350m:	4:25.41	38.44
	100m:	1:11.78	37.85	200m:	2:29.65	39.04	300m:	3:46.97	38.08	400m:	5:02.43	37.02
16.	Klaudia Malesa			01	ÍRB			4:52.25	5:04.65	483		
	50m:	33.55	33.55	150m:	1:49.47	38.85	250m:	3:07.71	39.12	350m:	4:25.81	38.99
	100m:	1:10.62	37.07	200m:	2:28.59	39.12	300m:	3:46.82	39.11	400m:	5:04.65	38.84
17.	Ingibjörg Erla Garðarsdóttir			00	Ægir			5:07.86	5:09.52	461		
	50m:	33.67	33.67	150m:	1:50.67	39.52	250m:	3:10.07	40.09	350m:	4:30.44	39.85
	100m:	1:11.15	37.48	200m:	2:29.98	39.31	300m:	3:50.59	40.52	400m:	5:09.52	39.08
18.	Aníta Hrafnisdóttir			94	Breiðablik			5:05.55	5:11.99	450		
	50m:	34.72	34.72	150m:	1:52.92	39.93	250m:	3:13.26	40.56	350m:	4:33.20	39.83
	100m:	1:12.99	38.27	200m:	2:32.70	39.78	300m:	3:53.37	40.11	400m:	5:11.99	38.79
19.	Brynildur Traustadóttir			01	ÍA			5:11.81	5:13.51	443		
	50m:	35.82	35.82	150m:	1:55.33	39.86	250m:	3:16.23	40.61	350m:	4:37.11	40.28
	100m:	1:15.47	39.65	200m:	2:35.62	40.29	300m:	3:56.83	40.60	400m:	5:13.51	36.40
20.	Rebekka Ýr Guðbjörnsdóttir			99	Ægir			5:05.56	5:15.63	434		
	50m:	35.30	35.30	150m:	1:53.59	39.64	250m:	3:14.49	40.56	350m:	4:36.10	40.50
	100m:	1:13.95	38.65	200m:	2:33.93	40.34	300m:	3:55.60	41.11	400m:	5:15.63	39.53
21.	Droplaug María Hafliðadóttir			00	ÍA			5:03.57	5:17.31	428		
	50m:	35.40	35.40	150m:	1:56.74	40.64	250m:	3:18.74	40.49	350m:	4:39.04	40.31
	100m:	1:16.10	40.70	200m:	2:38.25	41.51	300m:	3:58.73	39.99	400m:	5:17.31	38.27
22.	Gabriela Machlowiec			98	Ármann			5:00.15	5:19.67	418		
	50m:	34.24	34.24	150m:	1:52.68	41.01	250m:	3:16.67	42.06	350m:	4:40.66	42.21
	100m:	1:11.67	37.43	200m:	2:34.61	41.93	300m:	3:58.45	41.78	400m:	5:19.67	39.01
23.	Guðrún Ásta Þórarinsdóttir			00	S.d. Fjölnis			5:05.03	5:21.66	410		
	50m:	36.21	36.21	150m:	1:54.13	39.55	250m:	3:16.61	41.34	350m:	4:40.71	41.69
	100m:	1:14.58	38.37	200m:	2:35.27	41.14	300m:	3:59.02	42.41	400m:	5:21.66	40.95

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Sundgrein 4
10.4.2015 - 10:21

karla, 400m skriðsund

Opinn
Úrslitalistar

Íslandsmet	3:54.36	Anton Sveinn McKee	Ægir	Los Angeles (USA)	20.7.2014
Aldursflokkamet 11 - 12	4:48.87	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	22.11.2014
Aldursflokkamet 13 - 14	4:21.94	Ólafur Sigurðsson	SH	Reykjavík	11.4.2013
Aldursflokkamet 15 - 17	4:05.18	Aron Örn Stefánsson	SH	Reykjavík	12.4.2012

HM B-lágmörk : 3:58.95 / OQT : 3:50.44

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig
1. Kristófer Sigurðsson	95	ÍRB		4:12.86	4:03.95	734		
50m:	27.80	27.80	150m:	1:28.16	30.35	250m:	2:29.95	30.73
100m:	57.81	30.01	200m:	1:59.22	31.06	300m:	3:01.45	31.50
350m:			400m:					3:32.53
								4:03.95
								31.08
								31.42
2. Christian Olausen	96	NTG		3:58.92	4:08.49	694		
50m:	27.73	27.73	150m:	1:28.14	30.50	250m:	2:30.49	31.61
100m:	57.64	29.91	200m:	1:58.88	30.74	300m:	3:02.83	32.34
350m:			400m:					3:36.01
								4:08.49
								33.18
								32.48
3. Hilmar Smári Jónsson	94	S.d. Fjölris		4:15.62	4:11.59	669		
50m:	28.11	28.11	150m:	1:31.04	31.67	250m:	2:35.43	31.91
100m:	59.37	31.26	200m:	2:03.52	32.48	300m:	3:07.94	32.51
350m:			400m:					3:39.95
								4:11.59
								32.01
								31.64
4. Hafþór Jón Sigurðsson	97	SH		4:16.72	4:14.35	647		
50m:	28.39	28.39	150m:	1:31.62	32.01	250m:	2:36.70	32.72
100m:	59.61	31.22	200m:	2:03.98	32.36	300m:	3:09.72	33.02
350m:			400m:					3:42.47
								4:14.35
								32.75
								31.88
5. Ólafur Sigurðsson	99	SH		4:16.12	4:14.72	644		
50m:	28.62	28.62	150m:	1:31.40	31.83	250m:	2:36.96	32.68
100m:	59.57	30.95	200m:	2:04.28	32.88	300m:	3:09.67	32.71
350m:			400m:					3:42.27
								4:14.72
								32.60
								32.45
6. Birkir Snær Helgason	94	Ægir		4:20.67	4:15.52	638		
50m:	29.19	29.19	150m:	1:33.81	32.80	250m:	2:40.77	33.66
100m:	1:01.01	31.82	200m:	2:07.11	33.30	300m:	3:13.72	32.95
350m:			400m:					3:45.96
								4:15.52
								32.24
								29.56
7. Þröstur Bjarnason	97	ÍRB		4:13.89	4:16.29	633		
50m:	28.34	28.34	150m:	1:31.73	32.39	250m:	2:36.84	32.29
100m:	59.34	31.00	200m:	2:04.55	32.82	300m:	3:09.43	32.59
350m:			400m:					3:43.69
								4:16.29
								34.26
								32.60
8. Mathias Rasmussen	97	NTG		4:12.83	4:25.24	571		
50m:	29.36	29.36	150m:	1:34.86	33.26	250m:	2:43.31	34.48
100m:	1:01.60	32.24	200m:	2:08.83	33.97	300m:	3:17.36	34.05
350m:			400m:					3:51.61
								4:25.24
								34.25
								33.63
9. Björgvin Theodór Hilmarsson	98	ÍRB		4:32.11	4:25.63	568		
50m:	29.65	29.65	150m:	1:35.98	33.91	250m:	2:43.89	34.07
100m:	1:02.07	32.42	200m:	2:09.82	33.84	300m:	3:18.09	34.20
350m:			400m:					3:52.39
								4:25.63
								34.30
								33.24
10. Gunnar Bjarki Jónsson	98	Breiðablik		4:34.76	4:30.22	540		
50m:	29.99	29.99	150m:	1:37.52	34.10	250m:	2:46.24	34.19
100m:	1:03.42	33.43	200m:	2:12.05	34.53	300m:	3:21.30	35.06
350m:			400m:					3:55.92
								4:30.22
								34.62
								34.30
11. Bjartur Þórhallsson	00	Afturelding		4:35.50	4:33.06	523		
50m:	30.25	30.25	150m:	1:38.92	34.94	250m:	2:49.31	35.25
100m:	1:03.98	33.73	200m:	2:14.06	35.14	300m:	3:24.39	35.08
350m:			400m:					3:59.30
								4:33.06
								34.91
								33.76
12. Eiríkur Ingi Ólafsson	99	ÍRB		4:31.64	4:35.64	508		
50m:	30.24	30.24	150m:	1:38.29	34.50	250m:	2:49.17	35.69
100m:	1:03.79	33.55	200m:	2:13.48	35.19	300m:	3:25.52	36.35
350m:			400m:					4:01.16
								4:35.64
								35.64
								34.48
13. Ólafur Carl Granz	98	Ægir		4:26.93	4:35.69	508		
50m:	30.60	30.60	150m:	1:40.25	35.39	250m:	2:51.26	35.45
100m:	1:04.86	34.26	200m:	2:15.81	35.56	300m:	3:26.89	35.63
350m:			400m:					4:02.46
								4:35.69
								35.57
								33.23
14. Hallgrímur Kjartansson	98	STJARNAN		4:38.46	4:36.29	505		
50m:	30.14	30.14	150m:	1:37.99	34.59	250m:	2:49.41	35.88
100m:	1:03.40	33.26	200m:	2:13.53	35.54	300m:	3:25.97	36.56
350m:			400m:					4:02.26
								4:36.29
								36.29
								34.03
15. Hólmsteinn Skorri Hallgrímsson	00	Ægir		4:40.32	4:36.31	505		
50m:	29.68	29.68	150m:	1:37.69	34.91	250m:	2:49.03	36.16
100m:	1:02.78	33.10	200m:	2:12.87	35.18	300m:	3:25.03	36.00
350m:			400m:					4:01.58
								4:36.31
								36.55
								34.73
16. Even Lynum Ringkjøb	96	NTG		4:34.72	4:36.77	502		
50m:	31.61	31.61	150m:	1:41.77	35.49	250m:	2:52.71	35.66
100m:	1:06.28	34.67	200m:	2:17.05	35.28	300m:	3:28.65	35.94
350m:			400m:					4:03.69
								4:36.77
								35.04
								33.08

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Sundgrein 4, karla, 400m skriðsund, Opinn

Sæti			F.ár				Undanrásir		Tími	Stig		
17.	Hilmir Örn Ólafsson		01		Ægir		4:37.81		4:39.59	487		
	50m:	31.44	31.44	150m:	1:43.24	36.82	250m:	2:55.16	35.72	350m:	4:06.88	35.08
	100m:	1:06.42	34.98	200m:	2:19.44	36.20	300m:	3:31.80	36.64	400m:	4:39.59	32.71
18.	Óskar Gauti Lund		99		Breiðablik		4:34.57		4:40.02	485		
	50m:	30.35	30.35	150m:	1:40.99	36.16	250m:	2:52.73	35.86	350m:	4:05.12	36.19
	100m:	1:04.83	34.48	200m:	2:16.87	35.88	300m:	3:28.93	36.20	400m:	4:40.02	34.90
19.	Kristján Gylfi Þórisson		00		S.d. Fjölnis		4:33.16		4:40.62	482		
	50m:	31.52	31.52	150m:	1:44.36	37.06	250m:	2:57.48	37.00	350m:	4:09.34	35.89
	100m:	1:07.30	35.78	200m:	2:20.48	36.12	300m:	3:33.45	35.97	400m:	4:40.62	31.28
20.	Patrik Viggó Vilbergsson		02		Breiðablik		4:45.94		4:46.97	450		
	50m:	30.99	30.99	150m:	1:42.89	36.65	250m:	2:57.03	37.07	350m:	4:11.11	36.93
	100m:	1:06.24	35.25	200m:	2:19.96	37.07	300m:	3:34.18	37.15	400m:	4:46.97	35.86
21.	Ásgeir Beinteinn Árnason		99		KR		4:33.81		4:49.14	440		
	50m:	30.31	30.31	150m:	1:42.34	37.19	250m:	2:57.27	37.90	350m:	4:13.52	37.50
	100m:	1:05.15	34.84	200m:	2:19.37	37.03	300m:	3:36.02	38.75	400m:	4:49.14	35.62

Sundgrein 5

kvenna, 100m bringusund

Opinn

10.4.2015 - 10:32

Úrslitalistar Undanrásir

Íslandsmet	1:08.15	Hrafnhildur Lúthersdóttir	SH	Plantation (USA)	13.3.2015
Aldursflokkamet 11 - 12	1:23.06	Ólöf Edda Eðvarðsdóttir	ÍRB	Reykjanesbæ	26.4.2009
Aldursflokkamet 13 - 14	1:15.66	Karen Mist Arngeirsdóttir	ÍRB	Reykjavík	11.4.2014
Aldursflokkamet 15 - 17	1:11.32	Hrafnhildur Lúthersdóttir	SH	Reykjavík	30.5.2008

NÆM 13 - 14: 1:15.69 / EYOF 13 - 14: 1:14.94 / HM B-lágmörk : 1:10.75 / Evrópuleikar 15 - 16: 1:13.83 / OQT : 1:07.85

Stig: FINA 2014

Sæti			F.ár				Undanrásir		Tími	Stig
1.	Hrafnhildur Lúthersdóttir		91		SH		1:08.19		1:09.78	784A HMB
	50m:	33.00	33.00	100m:	1:09.78	36.78				
2.	Karen Mist Arngeirsdóttir		00		ÍRB		1:15.71		1:16.62	592A
	50m:	35.31	35.31	100m:	1:16.62	41.31				
3.	Karen Sif Vilhjálmisdóttir		93		SH		1:19.28		1:18.35	554A
	50m:	36.52	36.52	100m:	1:18.35	41.83				
4.	Sunna Svanlaug Vilhjálmisdóttir		00		SH		1:19.74		1:19.36	533A
	50m:	37.07	37.07	100m:	1:19.36	42.29				
5.	Kolbrún Jónsdóttir		95		KR		NT		1:19.50	530A
	50m:	37.38	37.38	100m:	1:19.50	42.12				
6.	Nanna Björk Barkardóttir		98		Óðinn		1:21.35		1:19.98	520A
	50m:	36.78	36.78	100m:	1:19.98	43.20				
7.	Marta Buchanevic		01		Ægir		1:20.60		1:20.35	513A
	50m:	37.95	37.95	100m:	1:20.35	42.40				
8.	Svanfríður Steingrímsdóttir		99		ÍRB		1:19.31		1:21.07	500A
	50m:	38.53	38.53	100m:	1:21.07	42.54				
9.	Sylwia Sienkiewicz		99		ÍRB		1:20.40		1:21.15	498R
	50m:	37.92	37.92	100m:	1:21.15	43.23				
10.	Rakel Ýr Ottósdóttir		00		ÍRB		1:22.14		1:21.22	497R
	50m:	38.20	38.20	100m:	1:21.22	43.02				
11.	Natalia Cecylia Wojdat		98		SH		1:22.05		1:21.38	494
	50m:	38.05	38.05	100m:	1:21.38	43.33				
12.	María Fanney Kristjánsdóttir		00		SH		1:21.72		1:21.71	488
	50m:	38.55	38.55	100m:	1:21.71	43.16				
13.	Stefanía Sigurþórsdóttir		01		ÍRB		1:21.65		1:22.56	473
	50m:	38.54	38.54	100m:	1:22.56	44.02				

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Sundgrein 5, kvenna, 100m bringusund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
14. Embla Sólrún Einarsdóttir	99 Óðinn	1:25.74	1:23.25	461
50m: 39.27 39.27	100m: 1:23.25 43.98			
15. Aníka Mjöll Júlíusdóttir	01 ÍRB	1:23.35	1:24.63	439
50m: 39.53 39.53	100m: 1:24.63 45.10			
16. Steinunn Rúna Ragnarsdóttir	99 ÍRB	1:20.44	1:25.52	426
50m: 39.84 39.84	100m: 1:25.52 45.68			
17. Kolbrún Alda Stefánsdóttir	97 SH	1:22.24	1:25.75	422
50m: 40.15 40.15	100m: 1:25.75 45.60			
18. Ágústa Rós Róbertsdóttir	98 S.d. Fjölnis	1:22.31	1:30.34	361
50m: 43.16 43.16	100m: 1:30.34 47.18			

Sundgrein 6 karla, 100m bringusund Opinn
10.4.2015 - 10:38 Úrslitalistar Undanrásir

Íslandsmet	1:01.32	Jakob Jóhann Sveinsson	Ægir	Róm (ITA)	26.7.2009
Aldursflokkamet 11 - 12	1:24.24	Gunnar Örn Arnarson	ÍRB	Reykjavík	1.5.2004
Aldursflokkamet 13 - 14	1:13.16	Ólafur Sigurðsson	SH	Reykjavík	13.4.2013
Aldursflokkamet 15 - 17	1:05.08	Jakob Jóhann Sveinsson	Ægir	Liechtensteinn (LIE)	29.5.1999

HM B-lágmörk : 1:02.56 / OQT : 1:00.57

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Viktor Máni Vilbergsson	92 SH	1:07.13	1:06.72	672A
50m: 31.12 31.12	100m: 1:06.72 35.60			
2. Baldvin Sigmarsson	97 ÍRB	1:12.50	1:10.37	573A
50m: 32.73 32.73	100m: 1:10.37 37.64			
3. Sævar Berg Sigurðsson	95 ÍA	1:12.41	1:11.38	549A
50m: 33.95 33.95	100m: 1:11.38 37.43			
4. Kristófer Sigurðsson	95 ÍRB	1:09.77	1:11.81	539A
50m: 33.02 33.02	100m: 1:11.81 38.79			
5. Arnór Stefánsson	97 SH	1:12.60	1:13.52	502A
50m: 33.79 33.79	100m: 1:13.52 39.73			
6. Even Lynum Ringkjøb	96 NTG	1:09.46	1:14.94	474A
50m: 35.39 35.39	100m: 1:14.94 39.55			

Sundgrein 7 kvenna, 200m baksund Opinn
10.4.2015 - 10:40 Úrslitalistar Undanrásir

Íslandsmet	2:09.86	Eygló Ósk Gústafsdóttir	Ægir	Bellahøj (DEN)	30.3.2015
Aldursflokkamet 11 - 12	2:37.26	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	12.5.2007
Aldursflokkamet 13 - 14	2:21.57	Eygló Ósk Gústafsdóttir	Ægir	Reykjanesbæ	25.4.2009
Aldursflokkamet 15 - 17	2:10.38	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	13.4.2012

NÆM 13 - 14: 2:26.30 / EYOF 13 - 14: 2:24.85 / HM B-lágmörk : 2:16.76 / Evrópuleikar 15 - 16: 2:22.71 / OQT : 2:10.60

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eygló Ósk Gústafsdóttir	95 Ægir	2:13.41	2:16.66	748A HMB
50m: 32.18 32.18	100m: 1:06.39 34.21	150m: 1:41.52 35.13	200m: 2:16.66 35.14	
2. Íris Ósk Hilmarsdóttir	98 ÍRB	2:23.30	2:29.12	575A
50m: 35.04 35.04	100m: 1:13.14 38.10	150m: 1:51.32 38.18	200m: 2:29.12 37.80	
3. Eydís Ósk Kolbeinsdóttir	00 ÍRB	2:34.76	2:30.92	555A
50m: 35.13 35.13	100m: 1:12.86 37.73	150m: 1:52.33 39.47	200m: 2:30.92 38.59	

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Sundgrein 7, kvenna, 200m baksund, Undanrásir, Opinn

Sæti	F.ár			Undanrásir			Tími	Stig
4.	Ásdís Birta Guðnadóttir	96	SH	2:31.22	2:34.44	518A		
	50m: 35.48 35.48	100m: 1:14.66 39.18	150m: 1:55.55 40.89	200m: 2:34.44 38.89				
5.	Athena Neve Leex	97	Breiðablik	2:33.09	2:36.39	499A		
	50m: 34.59 34.59	100m: 1:13.20 38.61	150m: 1:54.08 40.88	200m: 2:36.39 42.31				
6.	Gunnlaug Margrét Ólafsdóttir	97	Breiðablik	2:39.17	2:38.01	483A		
	50m: 35.81 35.81	100m: 1:15.99 40.18	150m: 1:57.16 41.17	200m: 2:38.01 40.85				
7.	Gabriela Rut Vale	00	Ægir	2:42.46	2:39.08	474A		
	50m: 35.90 35.90	100m: 1:16.10 40.20	150m: 1:58.37 42.27	200m: 2:39.08 40.71				
8.	Rakel Guðjónsdóttir	00	S.d. Fjölnis	2:38.60	2:39.98	466A		
	100m: 1:17.30 1:17.30	200m: 2:39.98 1:22.68						
9.	Una Lára Lárusdóttir	99	ÍA	2:41.01	2:40.02	465R		
	50m: 35.83 35.83	100m: 1:15.67 39.84	150m: 1:58.12 42.45	200m: 2:40.02 41.90				
10.	Ásta Kristín Jónsdóttir	00	Ármann	2:33.76	2:41.47	453R		
	50m: 35.95 35.95	100m: 1:16.82 40.87	150m: 1:59.31 42.49	200m: 2:41.47 42.16				
11.	Kristín Ása Sverrisdóttir	98	Óðinn	2:41.40	2:41.91	449		
	50m: 36.68 36.68	100m: 1:17.69 41.01	150m: 1:59.85 42.16	200m: 2:41.91 42.06				
12.	Guðný Birna Sigurðardóttir	99	Vestri	2:39.77	2:42.91	441		
	50m: 37.45 37.45	100m: 1:18.30 40.85	150m: 2:01.50 43.20	200m: 2:42.91 41.41				
13.	Diljá Rún Ívarsdóttir	02	ÍRB	2:36.33	2:44.67	427		
	50m: 39.72 39.72	100m: 1:21.73 42.01	150m: 2:04.00 42.27	200m: 2:44.67 40.67				
14.	Gabriela Machlowiec	98	Ármann	2:38.39	2:50.35	386		
	50m: 39.84 39.84	100m: 1:23.11 43.27	150m: 2:07.92 44.81	200m: 2:50.35 42.43				
15.	Jóna Halla Egilsdóttir	99	ÍRB	2:34.62	2:52.79	370		
	100m: 1:22.31 1:22.31	200m: 2:52.79 1:30.48						

Sundgrein 8

karla, 200m baksund

Opinn

10.4.2015 - 10:47

Úrslitalistar Undanrásir

Íslandsmet	1:58.35	Örn Arnason	SH	Fukuoka (JPN)	27.7.2001
Aldursflokkamet 11 - 12	2:25.77	Brynjólfur Óli Karlsson	Breiðablik	Reykjanesbæ	14.12.2013
Aldursflokkamet 13 - 14	2:16.30	Örn Arnason	SH	Reykjavík	7.7.1995
Aldursflokkamet 15 - 17	2:01.27	Örn Arnason	SH	Antwerpen (BEL)	31.7.1998

HM B-lágmörk : 2:03.36 / OQT : 1:58.22

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig
1.	Kristinn Þórarinsson	96	S.d. Fjölnis	2:07.06	2:07.86	670A		
	50m: 29.40 29.40	100m: 1:02.50 33.10	150m: 1:35.89 33.39	200m: 2:07.86 31.97				
2.	Kolbeinn Hrafnkelsson	94	SH	2:04.91	2:13.41	590A		
	50m: 30.70 30.70	100m: 1:04.24 33.54	150m: 1:39.37 35.13	200m: 2:13.41 34.04				
3.	Brynjólfur Óli Karlsson	01	Breiðablik	2:17.26	2:18.76	524A		
	50m: 31.74 31.74	100m: 1:06.81 35.07	150m: 1:42.92 36.11	200m: 2:18.76 35.84				
4.	Bragi Snær Hallsson	97	NTG	2:03.21	2:19.45	516A		
	50m: 32.20 32.20	100m: 1:06.66 34.46	150m: 1:42.84 36.18	200m: 2:19.45 36.61				
5.	Huginn Hilmarsson	95	Afturelding	2:24.08	2:24.08	468A		
	50m: 34.44 34.44	100m: 1:10.36 35.92	150m: 1:47.50 37.14	200m: 2:24.08 36.58				
6.	Hafsteinn Ari Ágústsson	00	Ægir	2:22.57	2:24.92	460A		
	100m: 1:11.48 1:11.48	200m: 2:24.92 1:13.44						
7.	Ingi Þór Ólafsson	99	ÍRB	2:23.48	2:27.28	438A		
	100m: 1:10.92 1:10.92	200m: 2:27.28 1:16.36						

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Sundgrein 8, karla, 200m baksund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
8. Kristján Gylfi Þórisson	00 S.d. Fjölнис	2:27.27	2:28.85	425A
50m: 35.21 35.21	100m: 1:14.09 38.88	150m: 1:53.02 38.93	200m: 2:28.85 35.83	
9. Patrekur Björgvinsson	98 ÍA	2:24.02	2:33.82	385R
50m: 34.71 34.71	100m: 1:13.44 38.73	150m: 1:53.71 40.27	200m: 2:33.82 40.11	

Sundgrein 9

kvenna, 100m flugsund

Opinn

10.4.2015 - 10:53

Úrslitalistar Undanrásir

Íslandsmet	59.87	Sarah Blake Bateman	Ægir	London (GBR)	28.7.2012
Aldursflokkamet 11 - 12	1:13.91	Erna Jónsdóttir	UMFB	Reykjavík	8.7.1988
Aldursflokkamet 13 - 14	1:07.64	Ólöf Edda Eðvarðsdóttir	ÍRB	Luxembourg (LUX)	30.4.2011
Aldursflokkamet 15 - 17	1:03.46	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	6.9.2012

NÆM 13 - 14: 1:05.52 / EYOF 13 - 14: 1:04.87 / HM B-lágmörk : 1:01.25 / Evrópuleikar 15 - 16: 1:03.91 / OQT : 58.74

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93 Óðinn	NT	1:02.59	715A
50m: 29.64 29.64	100m: 1:02.59 32.95			
2. Elín Kata Sigurgeirsdóttir	99 Óðinn	1:07.40	1:06.66	592A
50m: 31.17 31.17	100m: 1:06.66 35.49			
3. Bryndís Bolladóttir	99 Óðinn	1:08.61	1:06.88	586A
50m: 31.31 31.31	100m: 1:06.88 35.57			
4. Erla Sigurjónsdóttir	95 ÍRB	1:09.04	1:07.15	579A
50m: 30.76 30.76	100m: 1:07.15 36.39			
5. Sylwia Sienkiewicz	99 ÍRB	1:09.14	1:08.00	557A
50m: 31.58 31.58	100m: 1:08.00 36.42			
6. Gunnhildur Björg Baldursdóttir	00 ÍRB	1:08.84	1:08.48	546A
50m: 32.13 32.13	100m: 1:08.48 36.35			
7. Sunneva Jóhannsdóttir	94 Breiðablik	1:12.22	1:09.62	519A
50m: 32.43 32.43	100m: 1:09.62 37.19			
8. Harpa Ingþórsdóttir	00 SH	1:08.91	1:09.73	517A
50m: 32.36 32.36	100m: 1:09.73 37.37			
9. Ragnheiður Karlsdóttir	99 Breiðablik	1:09.33	1:10.10	509R
50m: 32.21 32.21	100m: 1:10.10 37.89			
10. Sandra Ósk Elíasdóttir	99 ÍRB	1:11.81	1:10.41	502R
50m: 32.79 32.79	100m: 1:10.41 37.62			
11. Elín Ylfa Viðarsdóttir	99 Breiðablik	1:12.34	1:10.69	496
50m: 32.34 32.34	100m: 1:10.69 38.35			
12. Birta María Falsdóttir	98 ÍRB	1:13.06	1:10.83	493
50m: 33.58 33.58	100m: 1:10.83 37.25			
13. Berglind Bjarnadóttir	01 S.d. Fjölнис	1:12.07	1:10.99	490
50m: 32.99 32.99	100m: 1:10.99 38.00			
14. Katarína Róbertsdóttir	00 SH	1:10.97	1:11.60	477
50m: 32.12 32.12	100m: 1:11.60 39.48			
15. Guðrún Eir Jónsdóttir	98 ÍRB	1:11.38	1:16.14	397
50m: 34.68 34.68	100m: 1:16.14 41.46			
MÆekki Nanna Björk Barkardóttir	98 Óðinn	1:09.30		

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Sundgrein 10
10.4.2015 - 10:57

karla, 100m flugsund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	53.42	Örn Arnason	SH	Budapest (HUN)	4.8.2006
Aldursflokkamet 11 - 12	1:11.95	Viktor Forafonov	Asker	Kristiansand (NOR)	7.6.2014
Aldursflokkamet 13 - 14	1:03.40	Hjörtur Már Reynisson	Ægir	Reykjavík	11.7.1997
Aldursflokkamet 15 - 17	57.63	Hjörtur Már Reynisson	Ægir	Dunkerque (FRA)	27.7.2000

HM B-lágmörk : 54.36 / OQT : 52.36

Stig: FINA 2014

Sæti	F.ár		Undanrásir	Tími	Stig
1. Daniel Hannes Pálsson	95	S.d. Fjölnis	56.78	57.12	663A
50m: 26.76 26.76	100m: 57.12	30.36			
2. Ágúst Júlíusson	89	ÍA	1:00.14	58.03	632A
50m: 26.78 26.78	100m: 58.03	31.25			
3. Predrag Milos	95	SH	59.50	59.15	597A
50m: 26.97 26.97	100m: 59.15	32.18			
4. Sveinbjörn Pálmi Karlsson	95	Breiðablik	1:01.51	59.69	581A
50m: 28.43 28.43	100m: 59.69	31.26			
5. Ólafur Sigurðsson	99	SH	1:01.62	1:00.44	560A
50m: 28.90 28.90	100m: 1:00.44	31.54			
6. Baldvin Sigmarsson	97	ÍRB	1:01.10	1:00.56	556A
50m: 28.38 28.38	100m: 1:00.56	32.18			
7. Birkir Snær Helgason	94	Ægir	1:01.15	1:00.67	553A
50m: 28.84 28.84	100m: 1:00.67	31.83			
8. Mathias Rasmussen	97	NTG	1:02.11	1:02.51	506A
50m: 29.26 29.26	100m: 1:02.51	33.25			
9. Bragi Snær Hallsson	97	NTG	56.95	1:03.28	487R
50m: 29.57 29.57	100m: 1:03.28	33.71			
10. Hafþór Jón Sigurðsson	97	SH	1:03.45	1:03.50	482R
50m: 29.40 29.40	100m: 1:03.50	34.10			
11. Daníel Andri Þórhallsson	98	Ægir	1:05.35	1:04.06	470
50m: 29.99 29.99	100m: 1:04.06	34.07			
12. Atli Vikar Ingimundarson	97	ÍA	1:04.13	1:04.17	467
50m: 29.34 29.34	100m: 1:04.17	34.83			

Sundgrein 11
10.4.2015 - 11:01

blandað, 4 x 50m fjórsund

Opinn
Úrslitalistar

Íslandsmet	1:57.82	Sundfélag Hafnarfjarðar	SH	Hafnarfjörður	21.3.2015
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Stig: FINA 2014

Sæti	Undanrásir		Tími	Stig		
1. SH 1	SH	NT	1:51.33	591ISL		
<i>Nýtt Íslandsmet</i>						
Kolbeinn Hrafnkelsson	94 +0,53	27.46	Predrag Milos	95 +0,22	26.46	
Hrafnhildur Lúthersdóttir	91	31.27	Ingibjörg Kristín Jónsdóttir	93	0.00	26.14
2. SH 2	SH	NT	1:57.85	498		
Viktor Máni Vilbergsson	92 +0,64	28.53	Aron Örn Stefánsson	95 +0,08	26.33	
Karen Sif Vilhjálmsdóttir	93 +0,28	35.07	Guðný Erna Bjarnadóttir	94 +0,19	27.92	
3. ÍRB 1	ÍRB	NT	1:58.04	495		
Íris Ósk Hilmarsdóttir	98 +0,77	32.53	Baldvin Sigmarsson	97 +0,31	27.55	
Karen Mist Arngersdóttir	00 +0,34	33.89	Kristófer Sigurðsson	95 +0,18	24.07	
4. Breiðablik 1	Breiðablik	NT	2:00.94	461		
<i>Nýtt aldursflokkamet 50m baksund 13-14 ára Brynjólfur</i>						
Brynjólfur Óli Karlsson	01 +0,57	29.30	Athena Neve Leex	97 +0,42	30.70	
Sveinbjörn Pálmi Karlsson	95 +0,13	33.02	Elín Ylfa Viðarsdóttir	99 +0,14	27.92	

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Reykjavík, 10. - 12.4.2015

Sundgrein 11, blandað, 4 x 50m fjórsund, Opinn

Sæti					Undanrásir	Tími	Stig
5.	ÍA 1			ÍA	NT	2:01.18	458
	Una Lára Lárusdóttir	99	+0,64	33.21	Ágúst Júlíusson	89	+0,26 25.78
	Sævar Berg Sigurðsson	95	+0,20	32.67	Sólrun Sigbórsdóttir	97	0.00 29.52
6.	Afturelding 1			Afturelding	NT	2:10.10	370
	Aþena Karaolani	00	+0,69	34.92	Bjartur Þórhallsson	00	+0,56 30.90
	Huginn Hilmarsson	95	+0,14	33.57	Bjarkey Jónasdóttir	99	30.71
7.	STJARNAN 1			STJARNAN	NT	2:13.17	345
			+0,78	37.04		+0,48	33.35
			+0,37	35.64		+0,43	27.14
8.	ÍA 2			ÍA	NT	2:15.01	331
	Patrekur Björgvinsson	98	+0,71	34.13	Atli Vikar Ingimundarson	97	+0,36 29.17
	Eyrún Sigbórsdóttir	01		41.47	Brynhildur Traustadóttir	01	+0,05 30.24

IM50 2015
Reykjavík, 10. - 12.4.2015

2 - 2. hluti - úrslit

10.4.2015 - 17:30

Sundgrein 1	kvenna, 50m skriðsund				Opinn
10.4.2015 - 17:30					Úrslitalistar Úrslitsund
Íslandsmet	25.24	Sarah Blake Bateman	Ægir	Indianapolis (USA)	30.3.2012
Aldursflokkamet 11 - 12	29.56	Rannveig Rögn Leifsdóttir	KR	Reykjavík	21.3.2009
Aldursflokkamet 13 - 14	26.84	Kolbrún Ýr Kristjánsdóttir	ÍA	Örebro (DEN)	29.11.1997
Aldursflokkamet 15 - 17	26.60	Ingibjörg Kristín Jónsdóttir	SH	Reykjavík	21.3.2010
NÆM 13 - 14: 27.03 / EYOF 13 - 14: 26.76 / HM B-lágmörk : 26.11 / Evrópuleikar 15 - 16: 26.37 / OQT : 25.28					

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Bryndís Rún Hansen	93 Óðinn	26.39	26.15 747
2.	Ingibjörg Kristín Jónsdóttir	93 SH	26.44	26.26 737
3.	Karen Sif Vilhjálmisdóttir	93 SH	28.39	27.23 661
4.	Bryndís Bolladóttir	99 Óðinn	27.59	27.46 645
5.	Kolbrún Jónsdóttir	95 KR	28.04	27.57 637
6.	Guðný Erna Bjarnadóttir	94 SH	28.16	27.88 616
7.	Elín Ylfa Viðarsdóttir	99 Breiðablik	28.71	28.16 598
8.	Jóhanna Elín Guðmundsdóttir	01 SH	28.75	28.42 582

Sundgrein 2	karla, 50m skriðsund				Opinn
10.4.2015 - 17:32					Úrslitalistar Úrslitsund
Íslandsmet	22.53	Árni Már Arnason	ÍRB	Canet (FRA)	6.6.2012
Aldursflokkamet 11 - 12	29.95	Brynjólfur Óli Karlsson	Breiðablik	Hafnarfjörður	1.3.2013
Aldursflokkamet 13 - 14	26.28	Kristinn Þórarinnsson	Fjölpir	Reykjavík	23.12.2010
Aldursflokkamet 15 - 17	23.29	Örn Arnason	SH	Hafnarfjörður	30.12.1998
Evrópuleikar 17 - 18: 23.47 / EYOF 15 - 16: 23.83 / HM B-lágmörk : 23.03 / NÆM 15 - 16: 24.06 / OQT : 22.27					

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Alexander Jóhannesson	92 KR	23.79	23.88 671
2.	Aron Örn Stefánsson	95 SH	24.61	24.04 658
3.	Predrag Milos	95 SH	24.25	24.18 646
4.	Birkir Snær Helgason	94 Ægir	25.01	24.75 603
5.	Bragi Snær Hallsson	97 NTG	25.95	25.48 552
6.	Daníel Már Kristinsson	98 Breiðablik	26.04	25.75 535
7.	Ásgeir Beinteinn Árnason	99 KR	25.89	25.81 531
8.	Mathias Rasmussen	97 NTG	25.98	25.92 524

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Sundgrein 3
10.4.2015 - 17:35

kvenna, 400m skriðsund

Opinn
Úrslitalistar

Íslandsmet	4:20.42	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	10.3.2012
Aldursflokkamet 11 - 12	4:53.81	Eygló Ósk Gústafsdóttir	Ægir	Reykjanesbæ	12.5.2007
Aldursflokkamet 13 - 14	4:35.51	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	21.3.2009
Aldursflokkamet 15 - 17	4:23.24	Eygló Ósk Gústafsdóttir	Ægir	Helsinki (FIN)	15.7.2010

Evrópuleikar 15 - 16: 4:32.67 / EYOF 13 - 14: 4:36.76 / HM B-lágmörk : 4:21.31 / NÆM 13 - 14: 4:39.53 / OQT : 4:09.08

Stig: FINA 2014

Sæti			F.ár				Undanrásir		Tími	Stig
1.	Inga Elin Cryer		93	Ægir			4:24.41		4:22.93	752
	50m:	29.68 29.68	150m:	1:34.72 33.04	250m:	2:41.81 33.57	350m:	3:49.72 33.84		
	100m:	1:01.68 32.00	200m:	2:08.24 33.52	300m:	3:15.88 34.07	400m:	4:22.93 33.21		
2.	Sunneva Dögg Friðriksdóttir		99	ÍRB			4:30.78		4:25.85	727EMU
	50m:	29.89 29.89	150m:	1:34.59 32.90	250m:	2:41.96 33.85	350m:	3:50.92 34.87		
	100m:	1:01.69 31.80	200m:	2:08.11 33.52	300m:	3:16.05 34.09	400m:	4:25.85 34.93		
3.	Bára Kristín Björgvinsdóttir		95	SH			4:34.05		4:29.59	698
	50m:	31.29 31.29	150m:	1:38.54 34.06	250m:	2:47.83 34.81	350m:	3:56.97 34.41		
	100m:	1:04.48 33.19	200m:	2:13.02 34.48	300m:	3:22.56 34.73	400m:	4:29.59 32.62		
4.	Eydís Ósk Kolbeinsdóttir		00	ÍRB			4:35.98		4:29.92	695EMU
	50m:	30.14 30.14	150m:	1:37.13 34.42	250m:	2:46.98 34.84	350m:	3:56.56 34.37		
	100m:	1:02.71 32.57	200m:	2:12.14 35.01	300m:	3:22.19 35.21	400m:	4:29.92 33.36		
5.	Harpa Ingbórsdóttir		00	SH			4:36.20		4:33.16	671
	50m:	31.49 31.49	150m:	1:39.95 34.50	250m:	2:49.88 35.15	350m:	3:59.98 34.83		
	100m:	1:05.45 33.96	200m:	2:14.73 34.78	300m:	3:25.15 35.27	400m:	4:33.16 33.18		
6.	Stefanía Sigurbórsdóttir		01	ÍRB			4:43.77		4:39.47	626NÆM
	50m:	31.34 31.34	150m:	1:40.71 34.73	250m:	2:52.27 35.99	350m:	4:04.68 35.83		
	100m:	1:05.98 34.64	200m:	2:16.28 35.57	300m:	3:28.85 36.58	400m:	4:39.47 34.79		
7.	Eyrún Agla Friðriksdóttir		99	SH			4:44.36		4:43.84	598
	50m:	32.83 32.83	150m:	1:43.99 36.05	250m:	2:55.98 36.17	350m:	4:08.54 36.19		
	100m:	1:07.94 35.11	200m:	2:19.81 35.82	300m:	3:32.35 36.37	400m:	4:43.84 35.30		
8.	Birta María Falsdóttir		98	ÍRB			4:42.79		4:46.92	579
	50m:	32.45 32.45	150m:	1:44.47 36.52	250m:	2:57.70 36.72	350m:	4:11.33 36.76		
	100m:	1:07.95 35.50	200m:	2:20.98 36.51	300m:	3:34.57 36.87	400m:	4:46.92 35.59		
9.	Elín Kata Sigurgeirsdóttir		99	Óðinn			4:55.04		4:48.99	566
	50m:	32.75 32.75	150m:	1:45.13 36.70	250m:	2:58.68 37.02	350m:	4:12.88 36.74		
	100m:	1:08.43 35.68	200m:	2:21.66 36.53	300m:	3:36.14 37.46	400m:	4:48.99 36.11		
10.	Telma Brá Gunnarsdóttir		00	Ægir			4:48.20		4:51.81	550
	50m:	32.85 32.85	150m:	1:45.35 36.87	250m:	3:00.38 37.57	350m:	4:15.52 37.52		
	100m:	1:08.48 35.63	200m:	2:22.81 37.46	300m:	3:38.00 37.62	400m:	4:51.81 36.29		
11.	Sólrún Sigbórsdóttir		97	ÍA			4:55.02		4:53.99	538
	50m:	32.96 32.96	150m:	1:45.49 36.42	250m:	3:00.37 37.76	350m:	4:16.58 38.23		
	100m:	1:09.07 36.11	200m:	2:22.61 37.12	300m:	3:38.35 37.98	400m:	4:53.99 37.41		
12.	Kolbrún Eva Pálmadóttir		02	ÍRB			4:57.59		4:58.30	515
	50m:	33.51 33.51	150m:	1:47.93 38.22	250m:	3:04.53 38.45	350m:	4:20.98 38.07		
	100m:	1:09.71 36.20	200m:	2:26.08 38.15	300m:	3:42.91 38.38	400m:	4:58.30 37.32		
13.	Líf Þrastardóttir		00	Breiðablik			4:54.16		4:59.35	509
	50m:	33.21 33.21	150m:	1:47.59 37.80	250m:	3:04.66 38.47	350m:	4:21.88 38.25		
	100m:	1:09.79 36.58	200m:	2:26.19 38.60	300m:	3:43.63 38.97	400m:	4:59.35 37.47		
14.	Ragna Sigríður Ragnarsdóttir		01	Ármann			4:58.72		5:02.27	495
	50m:	33.65 33.65	150m:	1:49.38 38.21	250m:	3:07.54 39.15	350m:	4:24.35 38.59		
	100m:	1:11.17 37.52	200m:	2:28.39 39.01	300m:	3:45.76 38.22	400m:	5:02.27 37.92		
15.	Jóhanna Matthea Jóhannesdóttir		01	ÍRB			5:07.30		5:02.43	494
	50m:	33.93 33.93	150m:	1:50.61 38.83	250m:	3:08.89 39.24	350m:	4:25.41 38.44		
	100m:	1:11.78 37.85	200m:	2:29.65 39.04	300m:	3:46.97 38.08	400m:	5:02.43 37.02		
16.	Klaudia Malesa		01	ÍRB			4:52.25		5:04.65	483
	50m:	33.55 33.55	150m:	1:49.47 38.85	250m:	3:07.71 39.12	350m:	4:25.81 38.99		
	100m:	1:10.62 37.07	200m:	2:28.59 39.12	300m:	3:46.82 39.11	400m:	5:04.65 38.84		

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Reykjavík, 10. - 12.4.2015

Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
17.	Ingibjörg Erla Garðarsdóttir			00	Ægir			5:07.86	5:09.52	461		
	50m:	33.67	33.67	150m:	1:50.67	39.52	250m:	3:10.07	40.09	350m:	4:30.44	39.85
	100m:	1:11.15	37.48	200m:	2:29.98	39.31	300m:	3:50.59	40.52	400m:	5:09.52	39.08
18.	Aníta Hrafnisdóttir			94	Breiðablik			5:05.55	5:11.99	450		
	50m:	34.72	34.72	150m:	1:52.92	39.93	250m:	3:13.26	40.56	350m:	4:33.20	39.83
	100m:	1:12.99	38.27	200m:	2:32.70	39.78	300m:	3:53.37	40.11	400m:	5:11.99	38.79
19.	Brynhildur Traustadóttir			01	ÍA			5:11.81	5:13.51	443		
	50m:	35.82	35.82	150m:	1:55.33	39.86	250m:	3:16.23	40.61	350m:	4:37.11	40.28
	100m:	1:15.47	39.65	200m:	2:35.62	40.29	300m:	3:56.83	40.60	400m:	5:13.51	36.40
20.	Rebekka Ýr Guðbjörnsdóttir			99	Ægir			5:05.56	5:15.63	434		
	50m:	35.30	35.30	150m:	1:53.59	39.64	250m:	3:14.49	40.56	350m:	4:36.10	40.50
	100m:	1:13.95	38.65	200m:	2:33.93	40.34	300m:	3:55.60	41.11	400m:	5:15.63	39.53
21.	Droplaug María Hafliðadóttir			00	ÍA			5:03.57	5:17.31	428		
	50m:	35.40	35.40	150m:	1:56.74	40.64	250m:	3:18.74	40.49	350m:	4:39.04	40.31
	100m:	1:16.10	40.70	200m:	2:38.25	41.51	300m:	3:58.73	39.99	400m:	5:17.31	38.27
22.	Gabriela Machlowiec			98	Ármann			5:00.15	5:19.67	418		
	50m:	34.24	34.24	150m:	1:52.68	41.01	250m:	3:16.67	42.06	350m:	4:40.66	42.21
	100m:	1:11.67	37.43	200m:	2:34.61	41.93	300m:	3:58.45	41.78	400m:	5:19.67	39.01
23.	Guðrún Ásta Þórarinsdóttir			00	S.d. Fjölnis			5:05.03	5:21.66	410		
	50m:	36.21	36.21	150m:	1:54.13	39.55	250m:	3:16.61	41.34	350m:	4:40.71	41.69
	100m:	1:14.58	38.37	200m:	2:35.27	41.14	300m:	3:59.02	42.41	400m:	5:21.66	40.95

Sundgrein 4
10.4.2015 - 17:50

karla, 400m skriðsund

Opinn
Úrslitalistar

Íslandsmet	3:54.36	Anton Sveinn McKee	Ægir	Los Angeles (USA)	20.7.2014
Aldursflokkamet 11 - 12	4:48.87	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	22.11.2014
Aldursflokkamet 13 - 14	4:21.94	Ólafur Sigurðsson	SH	Reykjavík	11.4.2013
Aldursflokkamet 15 - 17	4:05.18	Aron Örn Stefánsson	SH	Reykjavík	12.4.2012

HM B-lágmörk : 3:58.95 / OQT : 3:50.44

Stig: FINA 2014

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Kristófer Sigurðsson			95	ÍRB			4:12.86	4:03.95	734		
	50m:	27.80	27.80	150m:	1:28.16	30.35	250m:	2:29.95	30.73	350m:	3:32.53	31.08
	100m:	57.81	30.01	200m:	1:59.22	31.06	300m:	3:01.45	31.50	400m:	4:03.95	31.42
2.	Christian Olausson			96	NTG			3:58.92	4:08.49	694		
	50m:	27.73	27.73	150m:	1:28.14	30.50	250m:	2:30.49	31.61	350m:	3:36.01	33.18
	100m:	57.64	29.91	200m:	1:58.88	30.74	300m:	3:02.83	32.34	400m:	4:08.49	32.48
3.	Hilmar Smári Jónsson			94	S.d. Fjölnis			4:15.62	4:11.59	669		
	50m:	28.11	28.11	150m:	1:31.04	31.67	250m:	2:35.43	31.91	350m:	3:39.95	32.01
	100m:	59.37	31.26	200m:	2:03.52	32.48	300m:	3:07.94	32.51	400m:	4:11.59	31.64
4.	Hafþór Jón Sigurðsson			97	SH			4:16.72	4:14.35	647		
	50m:	28.39	28.39	150m:	1:31.62	32.01	250m:	2:36.70	32.72	350m:	3:42.47	32.75
	100m:	59.61	31.22	200m:	2:03.98	32.36	300m:	3:09.72	33.02	400m:	4:14.35	31.88
5.	Ólafur Sigurðsson			99	SH			4:16.12	4:14.72	644		
	50m:	28.62	28.62	150m:	1:31.40	31.83	250m:	2:36.96	32.68	350m:	3:42.27	32.60
	100m:	59.57	30.95	200m:	2:04.28	32.88	300m:	3:09.67	32.71	400m:	4:14.72	32.45
6.	Birkir Snær Helgason			94	Ægir			4:20.67	4:15.52	638		
	50m:	29.19	29.19	150m:	1:33.81	32.80	250m:	2:40.77	33.66	350m:	3:45.96	32.24
	100m:	1:01.01	31.82	200m:	2:07.11	33.30	300m:	3:13.72	32.95	400m:	4:15.52	29.56
7.	Þröstur Bjarnason			97	ÍRB			4:13.89	4:16.29	633		
	50m:	28.34	28.34	150m:	1:31.73	32.39	250m:	2:36.84	32.29	350m:	3:43.69	34.26
	100m:	59.34	31.00	200m:	2:04.55	32.82	300m:	3:09.43	32.59	400m:	4:16.29	32.60

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Sundgrein 4, karla, 400m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
8.	Mathias Rasmussen			97	NTG			4:12.83	4:25.24	571		
	50m:	29.36	29.36	150m:	1:34.86	33.26	250m:	2:43.31	34.48	350m:	3:51.61	34.25
	100m:	1:01.60	32.24	200m:	2:08.83	33.97	300m:	3:17.36	34.05	400m:	4:25.24	33.63
9.	Björgvin Theodór Hilmarsson			98	ÍRB			4:32.11	4:25.63	568		
	50m:	29.65	29.65	150m:	1:35.98	33.91	250m:	2:43.89	34.07	350m:	3:52.39	34.30
	100m:	1:02.07	32.42	200m:	2:09.82	33.84	300m:	3:18.09	34.20	400m:	4:25.63	33.24
10.	Gunnar Bjarki Jónsson			98	Breiðablik			4:34.76	4:30.22	540		
	50m:	29.99	29.99	150m:	1:37.52	34.10	250m:	2:46.24	34.19	350m:	3:55.92	34.62
	100m:	1:03.42	33.43	200m:	2:12.05	34.53	300m:	3:21.30	35.06	400m:	4:30.22	34.30
11.	Bjartur Þórhallsson			00	Afturelding			4:35.50	4:33.06	523		
	50m:	30.25	30.25	150m:	1:38.92	34.94	250m:	2:49.31	35.25	350m:	3:59.30	34.91
	100m:	1:03.98	33.73	200m:	2:14.06	35.14	300m:	3:24.39	35.08	400m:	4:33.06	33.76
12.	Eiríkur Ingi Ólafsson			99	ÍRB			4:31.64	4:35.64	508		
	50m:	30.24	30.24	150m:	1:38.29	34.50	250m:	2:49.17	35.69	350m:	4:01.16	35.64
	100m:	1:03.79	33.55	200m:	2:13.48	35.19	300m:	3:25.52	36.35	400m:	4:35.64	34.48
13.	Ólafur Carl Granz			98	Ægir			4:26.93	4:35.69	508		
	50m:	30.60	30.60	150m:	1:40.25	35.39	250m:	2:51.26	35.45	350m:	4:02.46	35.57
	100m:	1:04.86	34.26	200m:	2:15.81	35.56	300m:	3:26.89	35.63	400m:	4:35.69	33.23
14.	Hallgrímur Kjartansson			98	STJARNAN			4:38.46	4:36.29	505		
	50m:	30.14	30.14	150m:	1:37.99	34.59	250m:	2:49.41	35.88	350m:	4:02.26	36.29
	100m:	1:03.40	33.26	200m:	2:13.53	35.54	300m:	3:25.97	36.56	400m:	4:36.29	34.03
15.	Hólmsteinn Skorri Hallgrímsson			00	Ægir			4:40.32	4:36.31	505		
	50m:	29.68	29.68	150m:	1:37.69	34.91	250m:	2:49.03	36.16	350m:	4:01.58	36.55
	100m:	1:02.78	33.10	200m:	2:12.87	35.18	300m:	3:25.03	36.00	400m:	4:36.31	34.73
16.	Even Lynum Ringkjøb			96	NTG			4:34.72	4:36.77	502		
	50m:	31.61	31.61	150m:	1:41.77	35.49	250m:	2:52.71	35.66	350m:	4:03.69	35.04
	100m:	1:06.28	34.67	200m:	2:17.05	35.28	300m:	3:28.65	35.94	400m:	4:36.77	33.08
17.	Hilmir Örn Ólafsson			01	Ægir			4:37.81	4:39.59	487		
	50m:	31.44	31.44	150m:	1:43.24	36.82	250m:	2:55.16	35.72	350m:	4:06.88	35.08
	100m:	1:06.42	34.98	200m:	2:19.44	36.20	300m:	3:31.80	36.64	400m:	4:39.59	32.71
18.	Óskar Gauti Lund			99	Breiðablik			4:34.57	4:40.02	485		
	50m:	30.35	30.35	150m:	1:40.99	36.16	250m:	2:52.73	35.86	350m:	4:05.12	36.19
	100m:	1:04.83	34.48	200m:	2:16.87	35.88	300m:	3:28.93	36.20	400m:	4:40.02	34.90
19.	Kristján Gylfi Þórisson			00	S.d. Fjölnis			4:33.16	4:40.62	482		
	50m:	31.52	31.52	150m:	1:44.36	37.06	250m:	2:57.48	37.00	350m:	4:09.34	35.89
	100m:	1:07.30	35.78	200m:	2:20.48	36.12	300m:	3:33.45	35.97	400m:	4:40.62	31.28
20.	Patrik Viggó Vilbergsson			02	Breiðablik			4:45.94	4:46.97	450		
	50m:	30.99	30.99	150m:	1:42.89	36.65	250m:	2:57.03	37.07	350m:	4:11.11	36.93
	100m:	1:06.24	35.25	200m:	2:19.96	37.07	300m:	3:34.18	37.15	400m:	4:46.97	35.86
21.	Ásgeir Beinteinn Árnason			99	KR			4:33.81	4:49.14	440		
	50m:	30.31	30.31	150m:	1:42.34	37.19	250m:	2:57.27	37.90	350m:	4:13.52	37.50
	100m:	1:05.15	34.84	200m:	2:19.37	37.03	300m:	3:36.02	38.75	400m:	4:49.14	35.62

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Sundgrein 5 kvenna, 100m bringusund Opinn
10.4.2015 - 17:56 Úrslitalistar Úrslitsund

Íslandsmet	1:08.15	Hrafnhildur Lúthersdóttir	SH	Plantation (USA)	13.3.2015
Aldursflokkamet 11 - 12	1:23.06	Ólöf Edda Eðvarðsdóttir	ÍRB	Reykjanesbæ	26.4.2009
Aldursflokkamet 13 - 14	1:15.66	Karen Mist Arngeirsdóttir	ÍRB	Reykjavík	11.4.2014
Aldursflokkamet 15 - 17	1:11.32	Hrafnhildur Lúthersdóttir	SH	Reykjavík	30.5.2008

Evrópuleikar 15 - 16: 1:13.83 / EYOF 13 - 14: 1:14.94 / HM B-lágmörk : 1:10.75 / NÆM 13 - 14: 1:15.69 / OQT : 1:07.85

Stig: FINA 2014

Sæti	F.ár		Undanrásir	Tími	Stig
Úrslitasund					
1.	Hrafnhildur Lúthersdóttir	91 SH	1:09.78	1:08.71	821HMB
	50m: 32.57 32.57	100m: 1:08.71 36.14			
2.	Karen Mist Arngeirsdóttir	00 ÍRB	1:16.62	1:14.91	633
	50m: 34.77 34.77	100m: 1:14.91 40.14			
3.	Kolbrún Jónsdóttir	95 KR	1:19.50	1:17.51	572
	50m: 36.06 36.06	100m: 1:17.51 41.45			
4.	Karen Sif Vilhjálmisdóttir	93 SH	1:18.35	1:17.98	561
	50m: 35.72 35.72	100m: 1:17.98 42.26			
5.	Sunna Svanlaug Vilhjálmisdóttir	00 SH	1:19.36	1:19.35	533
	50m: 37.26 37.26	100m: 1:19.35 42.09			
6.	Nanna Björk Barkardóttir	98 Óðinn	1:19.98	1:20.21	516
	50m: 37.32 37.32	100m: 1:20.21 42.89			
	Marta Buchanevic	01 Ægir	1:20.35	1:20.21	516
	50m: 37.72 37.72	100m: 1:20.21 42.49			
8.	Svanfríður Steingrímsdóttir	99 ÍRB	1:21.07	1:21.12	499
	50m: 38.82 38.82	100m: 1:21.12 42.30			

Sundgrein 6 karla, 100m bringusund Opinn
10.4.2015 - 18:07 Úrslitalistar Úrslitsund

Íslandsmet	1:01.32	Jakob Jóhann Sveinsson	Ægir	Róm (ITA)	26.7.2009
Aldursflokkamet 11 - 12	1:24.24	Gunnar Örn Arnarson	ÍRB	Reykjavík	1.5.2004
Aldursflokkamet 13 - 14	1:13.16	Ólafur Sigurðsson	SH	Reykjavík	13.4.2013
Aldursflokkamet 15 - 17	1:05.08	Jakob Jóhann Sveinsson	Ægir	Liechtensteinn (LIE)	29.5.1999

HM B-lágmörk : 1:02.56 / OQT : 1:00.57

Stig: FINA 2014

Sæti	F.ár		Undanrásir	Tími	Stig
Úrslitasund					
1.	Viktor Máni Vilbergsson	92 SH	1:06.72	1:05.88	698
	50m: 30.42 30.42	100m: 1:05.88 35.46			
2.	Baldvin Sigmarsson	97 ÍRB	1:10.37	1:08.27	627
	50m: 31.51 31.51	100m: 1:08.27 36.76			
3.	Sævar Berg Sigurðsson	95 ÍA	1:11.38	1:09.89	585
	50m: 32.95 32.95	100m: 1:09.89 36.94			
4.	Kristófer Sigurðsson	95 ÍRB	1:11.81	1:12.32	528
	50m: 31.89 31.89	100m: 1:12.32 40.43			
5.	Arnór Stefánsson	97 SH	1:13.52	1:13.71	498
	50m: 34.16 34.16	100m: 1:13.71 39.55			
6.	Even Lylum Ringkjøb	96 NTG	1:14.94	1:14.46	483
	50m: 34.73 34.73	100m: 1:14.46 39.73			

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Sundgrein 7 kvenna, 200m baksund Opinn
10.4.2015 - 18:11 Úrslitalistar Úrslitsund

Íslandsmet	2:09.86	Eygló Ósk Gústafsdóttir	Ægir	Bellaahoj (DEN)	30.3.2015
Aldursflokkamet 11 - 12	2:37.26	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	12.5.2007
Aldursflokkamet 13 - 14	2:21.57	Eygló Ósk Gústafsdóttir	Ægir	Reykjanesbæ	25.4.2009
Aldursflokkamet 15 - 17	2:10.38	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	13.4.2012

Evrópuleikar 15 - 16: 2:22.71 / EYOF 13 - 14: 2:24.85 / HM B-lágmörk : 2:16.76 / NÆM 13 - 14: 2:26.30 / OQT : 2:10.60

Stig: FINA 2014

Sæti	F.ár			Undanrásir	Tími	Stig
Úrslitasund						
1.	Eygló Ósk Gústafsdóttir	95	Ægir	2:16.66	2:09.36	882ÍSLOQT
	50m: 30.32 30.32	100m: 1:02.79 32.47	150m: 1:35.94 33.15	200m: 2:09.36 33.42		
2.	Íris Ósk Hilmarsdóttir	98	ÍRB	2:29.12	2:27.36	596
	50m: 34.24 34.24	100m: 1:11.45 37.21	150m: 1:49.45 38.00	200m: 2:27.36 37.91		
3.	Eydís Ósk Kolbeinsdóttir	00	ÍRB	2:30.92	2:28.43	583
	50m: 35.10 35.10	100m: 1:12.77 37.67	150m: 1:50.86 38.09	200m: 2:28.43 37.57		
4.	Ásdís Birta Guðnadóttir	96	SH	2:34.44	2:32.79	535
	50m: 35.21 35.21	100m: 1:13.39 38.18	150m: 1:53.62 40.23	200m: 2:32.79 39.17		
5.	Athena Neve Leex	97	Breiðablik	2:36.39	2:36.48	498
	50m: 33.83 33.83	100m: 1:12.77 38.94	150m: 1:54.24 41.47	200m: 2:36.48 42.24		
6.	Rakel Guðjónsdóttir	00	S.d. Fjölнис	2:39.98	2:40.11	465
	50m: 36.53 36.53	100m: 1:16.02 39.49	150m: 1:58.24 42.22	200m: 2:40.11 41.87		
7.	Gabriela Rut Vale	00	Ægir	2:39.08	2:41.22	455
	50m: 35.46 35.46	100m: 1:16.14 40.68	150m: 1:58.99 42.85	200m: 2:41.22 42.23		
8.	Gunnlaug Margrét Ólafsdóttir	97	Breiðablik	2:38.01	2:45.62	420
	50m: 36.70 36.70	100m: 1:18.25 41.55	150m: 2:02.36 44.11	200m: 2:45.62 43.26		

Sundgrein 8 karla, 200m baksund Opinn
10.4.2015 - 18:23 Úrslitalistar Úrslitsund

Íslandsmet	1:58.35	Örn Arnason	SH	Fukuoka (JPN)	27.7.2001
Aldursflokkamet 11 - 12	2:25.77	Brynjólfur Óli Karlsson	Breiðablik	Reykjanesbæ	14.12.2013
Aldursflokkamet 13 - 14	2:16.30	Örn Arnason	SH	Reykjavík	7.7.1995
Aldursflokkamet 15 - 17	2:01.27	Örn Arnason	SH	Antwerpen (BEL)	31.7.1998

HM B-lágmörk : 2:03.36 / OQT : 1:58.22

Stig: FINA 2014

Sæti	F.ár			Undanrásir	Tími	Stig
Úrslitasund						
1.	Kristinn Þórarinsson	96	S.d. Fjölнис	2:07.86	2:07.59	674
	50m: 28.64 28.64	100m: 59.82 31.18	150m: 1:33.26 33.44	200m: 2:07.59 34.33		
2.	Bragi Snær Hallsson	97	NTG	2:19.45	2:09.12	651
	50m: 29.94 29.94	100m: 1:02.13 32.19	150m: 1:35.58 33.45	200m: 2:09.12 33.54		
3.	Kolbeinn Hrafnkelsson	94	SH	2:13.41	2:11.20	620
	50m: 29.13 29.13	100m: 1:01.76 32.63	150m: 1:36.02 34.26	200m: 2:11.20 35.18		
4.	Brynjólfur Óli Karlsson	01	Breiðablik	2:18.76	2:14.65	574ALD
	50m: 30.77 30.77	100m: 1:04.84 34.07	150m: 1:39.92 35.08	200m: 2:14.65 34.73		
5.	Huginn Hilmarsson	95	Afturelding	2:24.08	2:23.67	472
	50m: 33.37 33.37	100m: 1:09.91 36.54	150m: 1:47.57 37.66	200m: 2:23.67 36.10		
6.	Ingi Þór Ólafsson	99	ÍRB	2:27.28	2:26.34	447
	50m: 33.77 33.77	100m: 1:10.25 36.48	150m: 1:48.17 37.92	200m: 2:26.34 38.17		
7.	Hafsteinn Ari Ágústsson	00	Ægir	2:24.92	2:26.86	442
	50m: 34.58 34.58	100m: 1:11.96 37.38	150m: 1:50.13 38.17	200m: 2:26.86 36.73		

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Sundgrein 9 kvenna, 100m flugsund Opinn
10.4.2015 - 18:28 Úrslitalistar Úrslitsund

Íslandsmet	59.87	Sarah Blake Bateman	Ægir	London (GBR)	28.7.2012
Aldursflokkamet 11 - 12	1:13.91	Erna Jónsdóttir	UMFB	Reykjavík	8.7.1988
Aldursflokkamet 13 - 14	1:07.64	Ólöf Edda Eðvarðsdóttir	ÍRB	Luxembourg (LUX)	30.4.2011
Aldursflokkamet 15 - 17	1:03.46	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	6.9.2012

Evrópuleikar 15 - 16: 1:03.91 / EYOF 13 - 14: 1:04.87 / HM B-lágmörk : 1:01.25 / NÆM 13 - 14: 1:05.52 / OQT : 58.74

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1. Bryndís Rún Hansen	93 Óðinn	1:02.59	1:02.13	731
50m: 29.06 29.06	100m: 1:02.13 33.07			
2. Bryndís Bolladóttir	99 Óðinn	1:06.88	1:05.75	617
50m: 30.76 30.76	100m: 1:05.75 34.99			
3. Elín Kata Sigurgeirsdóttir	99 Óðinn	1:06.66	1:06.10	607
50m: 31.30 31.30	100m: 1:06.10 34.80			
4. Erla Sigurjónsdóttir	95 ÍRB	1:07.15	1:06.53	595
50m: 31.01 31.01	100m: 1:06.53 35.52			
5. Sylwia Sienkiewicz	99 ÍRB	1:08.00	1:06.83	587
50m: 30.96 30.96	100m: 1:06.83 35.87			
6. Gunnhildur Björg Baldursdóttir	00 ÍRB	1:08.48	1:08.57	544
50m: 32.03 32.03	100m: 1:08.57 36.54			
7. Sunneva Jóhannsdóttir	94 Breiðablik	1:09.62	1:09.14	530
50m: 31.88 31.88	100m: 1:09.14 37.26			
8. Ragnheiður Karlsdóttir	99 Breiðablik	1:10.10	1:09.92	513
50m: 32.43 32.43	100m: 1:09.92 37.49			

Sundgrein 10 karla, 100m flugsund Opinn
10.4.2015 - 18:31 Úrslitalistar Úrslitsund

Íslandsmet	53.42	Örn Arnason	SH	Budapest (HUN)	4.8.2006
Aldursflokkamet 11 - 12	1:11.95	Viktor Forafonov	Asker	Kristiansand (NOR)	7.6.2014
Aldursflokkamet 13 - 14	1:03.40	Hjörtur Már Reynisson	Ægir	Reykjavík	11.7.1997
Aldursflokkamet 15 - 17	57.63	Hjörtur Már Reynisson	Ægir	Dunkerque (FRA)	27.7.2000

HM B-lágmörk : 54.36 / OQT : 52.36

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1. Ágúst Júlíusson	89 ÍA	58.03	56.33	691
2. Daniel Hannes Pálsson	95 S.d. Fjölnis	57.12	56.42	688
3. Sveinbjörn Pálmi Karlsson	95 Breiðablik	59.69	59.12	598
4. Predrag Milos	95 SH	59.15	59.27	593
5. Birkir Snær Helgason	94 Ægir	1:00.67	59.87	576
6. Baldvin Sigmarsson	97 ÍRB	1:00.56	1:00.76	551
7. Mathias Rasmussen	97 NTG	1:02.51	1:02.71	501
8. Bragi Snær Hallsson	97 NTG	1:03.28	1:04.57	459

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Reykjavík, 10. - 12.4.2015

Sundgrein 12
10.4.2015 - 18:44

kvenna, 4 x 200m skriðsund

Opinn
Úrslitalistar

Íslandsmet 8:24.80 Sundfélagið Ægir ÆGIR Reykjavík 13.4.2012

Stig: FINA 2014

Sæti			Undanrásir	Tími	Stig
1.	SH 1	SH	NT	8:33.20	729
	Ingibjörg Kristín Jónsdóttir	93			
	Bára Kristín Björgvinsdóttir	95			
	Hrafnhildur Lúthersdóttir	91			
	Harpa Ingbórsdóttir	00			
2.	Óðinn 1	Óðinn	NT	8:48.87	666
	Bryndís Rún Hansen	93			
	Elín Kata Sigurgeirsdóttir	99			
	Nanna Björk Barkardóttir	98			
	Bryndís Bolladóttir	99			
3.	ÍRB 1	ÍRB	NT	8:51.89	655
	Eydís Ósk Kolbeinsdóttir	00			
	Sunneva Dögg Friðriksdóttir	99			
	Stefanía Sigurþórsdóttir	01			
	Íris Ósk Hilmarsdóttir	98			
4.	Breiðablik 1	Breiðablik	NT	9:18.85	565
	Sunneva Jóhannsdóttir	94			
	Líf Þrastardóttir	00			
	Elín Ylfa Viðarsdóttir	99			
	Ragnheiður Karlsdóttir	99			
5.	ÍRB 2	ÍRB	NT	9:41.37	502
	Kolbrún Eva Pálmadóttir	02			
	Aníka Mjöll Júlíusdóttir	01			
	Klaudia Malesa	01			
	Jóhanna Matthea Jóhannesdóttir	01			
6.	ÍA 1	ÍA	NT	9:43.51	496
	Sólrún Sigþórsdóttir	97			
	Brynhildur Traustadóttir	01			
	Droplaug María Hafliðadóttir	00			
	Una Lára Lárusdóttir	99			
7.	ÍRB 3	ÍRB	NT	9:58.29	460
	Erna Guðrún Jónsdóttir	01			
	Steinunn Rúna Ragnarsdóttir	99			
	Diljá Rún Ívarsdóttir	02			
	Bjarndís Sól Helenudóttir	00			

Sundgrein 13
10.4.2015 - 18:55

karla, 4 x 200m skriðsund

Opinn
Úrslitalistar

Íslandsmet 7:46.24 Sunddeild Fjölnis FJOL Reykjavík 11.4.2014

Stig: FINA 2014

Sæti			Undanrásir	Tími	Stig
1.	ÍRB 1	ÍRB	NT	8:13.85	608
	Þróstur Bjarnason	97			
	Kristófer Sigurðsson	95			
	Baldvin Sigmarsson	97			
	Björgvin Theódór Hilmarsson	98			
2.	SH 1	SH	NT	8:37.17	530
	Ólafur Sigurðsson	99			
	Hafþór Jón Sigurðsson	97			
	Kári Sölvi Nielsen	00			
	Jökull Ýmir Guðmundsson	00			

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Sundgrein 13, karla, 4 x 200m skriðsund, Opinn

Sæti	Undanrásir	Tími	Stig
3. Breiðablik 1	NT	8:57.65	471
Gunnar Bjarki Jónsson			98
Patrik Viggó Vilbergsson			02
Brynjólfur Óli Karlsson			01
Óskar Gauti Lund			99

3 - 3. hluti - undanrásir

11.4.2015 - 10:00

Sundgrein 14 kvenna, 100m baksund Opinn
11.4.2015 - 10:00 Úrslitalistar Undanrásir

Íslandsmet	1:01.08	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	12.4.2014
Aldursflokkamet 11 - 12	1:13.03	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	15.6.2007
Aldursflokkamet 13 - 14	1:06.46	Kolbrún Ýr Kristjánsdóttir	ÍA	Lissabon (POR)	22.7.1997
Aldursflokkamet 15 - 17	1:01.74	Eygló Ósk Gústafsdóttir	Ægir	London (GBR)	3.8.2012

Evrópuleikar 15 - 16: 1:06.15 / EYOF 13 - 14: 1:07.14 / HM B-lágmörk : 1:03.39 / NÆM 13 - 14: 1:07.81 / OQT : 1:00.26

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eygló Ósk Gústafsdóttir	95	Ægir	1:02.99	1:02.53 802A HMB
50m: 30.58 30.58	100m: 1:02.53			31.95
2. Ingibjörg Kristín Jónsdóttir	93	SH	1:04.46	1:04.08 746A
50m: 30.79 30.79	100m: 1:04.08			33.29
3. Steingerður Hauksdóttir	96	S.d. Fjöltnis	1:10.16	1:09.58 582A
50m: 32.93 32.93	100m: 1:09.58			36.65
4. Erla Sigurjónsdóttir	95	ÍRB	1:10.75	1:10.05 571A
50m: 33.90 33.90	100m: 1:10.05			36.15
5. Íris Ósk Hilmarsdóttir	98	ÍRB	1:06.45	1:10.85 552A
50m: 34.27 34.27	100m: 1:10.85			36.58
6. Katarína Róbertsdóttir	00	SH	1:11.14	1:10.97 549A
50m: 34.30 34.30	100m: 1:10.97			36.67
7. Athena Neve Leex	97	Breiðablik	1:10.08	1:11.40 539A
50m: 33.49 33.49	100m: 1:11.40			37.91
8. Ásdís Birta Guðnadóttir	96	SH	1:11.04	1:12.29 519A
50m: 35.29 35.29	100m: 1:12.29			37.00
9. Una Lára Lárusdóttir	99	ÍA	1:14.75	1:12.62 512R
50m: 34.82 34.82	100m: 1:12.62			37.80
10. Gunnlaug Margrét Ólafsdóttir	97	Breiðablik	1:13.96	1:12.88 507R
50m: 35.23 35.23	100m: 1:12.88			37.65
11. Ásta Kristín Jónsdóttir	00	Ármann	1:10.07	1:13.47 495
50m: 34.90 34.90	100m: 1:13.47			38.57
12. Guðný Birna Sigurðardóttir	99	Vestri	1:09.65	1:13.69 490
50m: 35.47 35.47	100m: 1:13.69			38.22
13. Rakel Guðjónsdóttir	00	S.d. Fjöltnis	1:13.17	1:14.18 480
50m: 36.41 36.41	100m: 1:14.18			37.77
14. Aníka Mjöll Júlíusdóttir	01	ÍRB	1:15.75	1:14.37 477
50m: 35.38 35.38	100m: 1:14.37			38.99
15. Gabriela Rut Vale	00	Ægir	1:15.16	1:15.37 458
50m: 35.86 35.86	100m: 1:15.37			39.51
16. Berglind Bjarnadóttir	01	S.d. Fjöltnis	1:15.18	1:15.99 447
50m: 36.26 36.26	100m: 1:15.99			39.73

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 14, kvenna, 100m baksund, Undanrásir, Opinn

Sæti		F.ár		Undanrásir	Tími	Stig
17.	Aþena Karaolani	00	Afturelding	1:16.44	1:16.22	443
18.	María Arnarsdóttir	02	Óðinn	1:16.23	1:16.77	433
	50m: 37.25 37.25	100m: 1:16.77	39.52			
19.	Diljá Rún Ívarsdóttir	02	ÍRB	1:13.99	1:17.28	425
	50m: 37.54 37.54	100m: 1:17.28	39.74			
20.	Bjarkey Jónasdóttir	99	Afturelding	1:14.65	1:17.45	422
	50m: 37.73 37.73	100m: 1:17.45	39.72			
21.	Ragna Sigríður Ragnarsdóttir	01	Ármann	1:13.69	1:21.16	367
	50m: 39.31 39.31	100m: 1:21.16	41.85			
22.	Jóna Halla Egilsdóttir	99	ÍRB	1:11.99	1:23.76	334
	50m: 40.48 40.48	100m: 1:23.76	43.28			

Sundgrein 15

karla, 100m baksund

Opinn

11.4.2015 - 10:08

Úrslitalistar Undanrásir

Íslandsmet	54.75	Örn Arnason	SH	Fukuoka (JPN)	23.7.2001
Aldursflokkamet 11 - 12	1:10.89	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík	13.4.2013
Aldursflokkamet 13 - 14	1:03.17	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík	15.2.2015
Aldursflokkamet 15 - 17	56.94	Örn Arnason	SH	Antwerpen (BEL)	1.8.1997

HM B-lágmörk : 56.64 / OQT : 54.36

Stig: FINA 2014

Sæti		F.ár		Undanrásir	Tími	Stig
1.	Kristinn Þórarinnsson	96	S.d. Fjölnis	57.68	57.79	726A
	50m: 27.91 27.91	100m: 57.79	29.88			
2.	Kolbeinn Hrafnkelsson	94	SH	55.01	58.80	689A
	50m: 29.07 29.07	100m: 58.80	29.73			
3.	Bragi Snær Hallsson	97	NTG	56.40	59.81	654A
	50m: 29.15 29.15	100m: 59.81	30.66			
4.	Brynjólfur Óli Karlsson	01	Breiðablik	1:04.10	1:03.69	542A
	50m: 30.20 30.20	100m: 1:03.69	33.49			
5.	Kristján Gylfi Þórisson	00	S.d. Fjölnis	1:06.44	1:07.53	455A
	50m: 33.16 33.16	100m: 1:07.53	34.37			
6.	Atli Vikar Ingimundarson	97	ÍA	1:03.59	1:09.48	417A
	50m: 33.32 33.32	100m: 1:09.48	36.16			
7.	Patrekur Björgvinsson	98	ÍA	1:06.57	1:10.05	407A
	50m: 33.46 33.46	100m: 1:10.05	36.59			

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 16

kvenna, 200m flugsund

Opinn

11.4.2015 - 10:10

Úrslitalistar Undanrásir

Íslandsmet	2:18.79	Erla Dögg Haraldsdóttir	ÍRB	Reykjavík	6.4.2008
Aldursflokkamet 11 - 12	2:49.75	Salóme Jónsdóttir	ÍA	Reykjavík	16.3.2007
Aldursflokkamet 13 - 14	2:24.80	Ólöf Edda Eðvarðsdóttir	ÍRB	Trabzon (FIN)	29.7.2011
Aldursflokkamet 15 - 17	2:19.71	Sigrún Brá Sverrisdóttir	Fjölpir	Monaco (MON)	5.6.2007

Evrópuleikar 15 - 16: 2:21.63 / EYOF 13 - 14: 2:23.75 / HM B-lágmörk : 2:15.73 / NÆM 13 - 14: 2:25.19 / OQT : 2:09.33

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig
1. Inga Elin Cryer	93	Ægir		2:21.96	2:22.18	628A		
50m:	31.07	31.07	100m:	1:07.05	35.98	150m:	1:44.49	37.44
200m:							2:22.18	37.69
2. Elín Kata Sigurgeirsdóttir	99	Óðinn		2:27.73	2:27.76	560A		
50m:	32.81	32.81	100m:	1:10.26	37.45	150m:	1:49.01	38.75
200m:							2:27.76	38.75
3. Gunnhildur Björg Baldursdóttir	00	ÍRB		2:27.97	2:30.05	534A		
50m:	33.09	33.09	100m:	1:10.36	37.27	150m:	1:49.88	39.52
200m:							2:30.05	40.17
4. Sylwia Sienkiewicz	99	ÍRB		2:28.96	2:32.06	514A		
50m:	33.18	33.18	100m:	1:12.04	38.86	150m:	1:52.04	40.00
200m:							2:32.06	40.02
5. Birta María Falsdóttir	98	ÍRB		2:38.28	2:34.50	490A		
50m:	34.42	34.42	100m:	1:13.31	38.89	150m:	1:53.57	40.26
200m:							2:34.50	40.93
6. Ragnheiður Karlsdóttir	99	Breiðablik		2:35.27	2:36.82	468A		
50m:	33.50	33.50	100m:	1:12.36	38.86	150m:	1:53.48	41.12
200m:							2:36.82	43.34
7. Sandra Ósk Elíasdóttir	99	ÍRB		2:41.09	2:37.22	465A		
50m:	34.52	34.52	100m:	1:14.52	40.00	150m:	1:55.54	41.02
200m:							2:37.22	41.68
8. Sunneva Jóhannsdóttir	94	Breiðablik		2:39.04	2:38.63	452A		
50m:	33.66	33.66	100m:	1:12.96	39.30	150m:	1:55.59	42.63
200m:							2:38.63	43.04

Sundgrein 17

karla, 200m flugsund

Opinn

11.4.2015 - 10:13

Úrslitalistar Undanrásir

Íslandsmet	2:02.97	Sindri Þór Jakobsson	Bergen	Prag (CZE)	9.7.2009
Aldursflokkamet 11 - 12	2:38.77	Viktor Forafonov	Asker	Kristiansand (NOR)	6.6.2014
Aldursflokkamet 13 - 14	2:20.62	Baldvin Sigmarsson	ÍRB	Reykjanesbær	26.11.2011
Aldursflokkamet 15 - 17	2:07.75	Sindri Þór Jakobsson	ÍRB	Belgrad (SRB)	31.7.2008

HM B-lágmörk : 2:01.48 / OQT : 1:56.97

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig
1. Daniel Hannes Pálsson	95	S.d. Fjölpir		2:07.12	2:11.54	609A		
50m:	28.61	28.61	100m:	1:01.99	33.38	150m:	1:36.94	34.95
200m:							2:11.54	34.60
2. Sveinbjörn Pálmi Karlsson	95	Breiðablik		2:16.24	2:11.97	603A		
50m:	29.48	29.48	100m:	1:03.01	33.53	150m:	1:37.26	34.25
200m:							2:11.97	34.71
3. Baldvin Sigmarsson	97	ÍRB		2:13.59	2:15.11	562A		
50m:	30.50	30.50	100m:	1:04.72	34.22	150m:	1:40.63	35.91
200m:							2:15.11	34.48
4. Mathias Rasmussen	97	NTG		2:22.33	2:18.12	526A		
50m:	30.03	30.03	100m:	1:04.76	34.73	150m:	1:41.21	36.45
200m:							2:18.12	36.91
5. Hafþór Jón Sigurðsson	97	SH		2:20.02	2:20.26	502A		
50m:	30.07	30.07	100m:	1:04.76	34.69	150m:	1:42.00	37.24
200m:							2:20.26	38.26
6. Ingi Þór Ólafsson	99	ÍRB		2:21.28	2:30.14	409A		
50m:	31.71	31.71	100m:	1:08.52	36.81	150m:	1:48.48	39.96
200m:							2:30.14	41.66

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Reykjavík, 10. - 12.4.2015

Sundgrein 18
11.4.2015 - 10:17

kvenna, 100m skriðsund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	55.66	Ragnheiður Ragnarsdóttir	KR	Reykjanesbæ	25.4.2009
Aldursflokkamet 11 - 12	1:05.08	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ	14.12.2013
Aldursflokkamet 13 - 14	59.26	Sigrún Brá Sverrisdóttir	Fjölur	Luxembourg (LUX)	16.4.2004
Aldursflokkamet 15 - 17	56.97	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	14.4.2012

Evrópuleikar 15 - 16: 59.45 / EYOF 13 - 14: 1:00.35 / HM B-lágmörk : 56.98 / NÆM 13 - 14: 1:00.95 / OQT : 54.43

Stig: FINA 2014

Sæti	F.ár		Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93	Óðinn	NT	57.31	750A
50m: 26.95 26.95	100m: 57.31	30.36			
2. Ingibjörg Kristín Jónsdóttir	93	SH	1:00.07	58.37	709A
50m: 28.17 28.17	100m: 58.37	30.20			
3. Kolbrún Jónsdóttir	95	KR	NT	1:00.13	649A
50m: 29.13 29.13	100m: 1:00.13	31.00			
4. Bryndís Bolladóttir	99	Óðinn	59.75	1:00.25	645A
50m: 29.16 29.16	100m: 1:00.25	31.09			
5. Sunneva Dögg Friðriksdóttir	99	ÍRB	59.76	1:00.42	640A
50m: 29.22 29.22	100m: 1:00.42	31.20			
6. Guðný Erna Bjarnadóttir	94	SH	1:01.51	1:01.13	618A
50m: 29.30 29.30	100m: 1:01.13	31.83			
7. Harpa Ingþórsdóttir	00	SH	1:02.62	1:01.90	595A
50m: 30.26 30.26	100m: 1:01.90	31.64			
8. Karen Sif Vilhjálmisdóttir	93	SH	1:00.09	1:02.02	591A
50m: 28.87 28.87	100m: 1:02.02	33.15			
9. Elín Ylfa Viðarsdóttir	99	Breiðablik	1:02.19	1:03.05	563R
50m: 29.47 29.47	100m: 1:03.05	33.58			
10. Marta Buchanevic	01	Ægir	1:03.45	1:03.21	558R
50m: 30.18 30.18	100m: 1:03.21	33.03			
11. Erla Sigurjónsdóttir	95	ÍRB	1:03.83	1:03.97	539
50m: 30.40 30.40	100m: 1:03.97	33.57			
12. Una Lára Lárusdóttir	99	ÍA	1:05.05	1:04.50	526
50m: 31.16 31.16	100m: 1:04.50	33.34			
13. Telma Brá Gunnarsdóttir	00	Ægir	1:03.87	1:04.86	517
50m: 30.81 30.81	100m: 1:04.86	34.05			
14. Jóhanna Elín Guðmundsdóttir	01	SH	1:04.91	1:04.90	516
50m: 30.80 30.80	100m: 1:04.90	34.10			
15. Ásdís Birta Guðnadóttir	96	SH	1:02.84	1:04.91	516
50m: 32.61 32.61	100m: 1:04.91	32.30			
16. Ragna Sigríður Ragnarsdóttir	01	Ármann	1:04.92	1:05.24	508
50m: 31.24 31.24	100m: 1:05.24	34.00			
17. Bjarndís Sól Helenudóttir	00	ÍRB	1:05.10	1:05.30	507
50m: 30.42 30.42	100m: 1:05.30	34.88			
18. Sólrún Sigþórsdóttir	97	ÍA	1:05.10	1:05.35	505
50m: 31.33 31.33	100m: 1:05.35	34.02			
19. Ásta Kristín Jónsdóttir	00	Ármann	1:02.98	1:05.36	505
50m: 30.87 30.87	100m: 1:05.36	34.49			
20. Sunneva Jóhannsdóttir	94	Breiðablik	1:06.03	1:05.44	503
50m: 31.19 31.19	100m: 1:05.44	34.25			
21. Guðný Birna Sigurðardóttir	99	Vestri	1:05.84	1:05.61	499
50m: 30.82 30.82	100m: 1:05.61	34.79			

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Reykjavík, 10. - 12.4.2015

Sundgrein 18, kvenna, 100m skriðsund, Undanrásir, Opinn

Sæti		F.ár		Undanrásir	Tími	Stig
22.	Líf Þrastardóttir	00	Breiðablik	1:05.91	1:05.76	496
	50m: 31.79 31.79	100m: 1:05.76	33.97			
23.	Sunna Svanlaug Vilhjálmsdóttir	00	SH	1:06.55	1:05.86	494
	50m: 31.39 31.39	100m: 1:05.86	34.47			
24.	Brynhildur Traustadóttir	01	ÍA	1:05.37	1:06.02	490
	50m: 31.68 31.68	100m: 1:06.02	34.34			
25.	Klaudia Malesa	01	ÍRB	1:06.72	1:06.77	474
	50m: 32.07 32.07	100m: 1:06.77	34.70			
26.	Helga Þöll Guðjónsdóttir	97	STJARNAN	1:04.76	1:07.09	467
	50m: 31.81 31.81	100m: 1:07.09	35.28			
27.	Embla Sól Garðarsdóttir	01	Óðinn	1:05.33	1:07.50	459
	50m: 32.41 32.41	100m: 1:07.50	35.09			
28.	Guðrún Eir Jónsdóttir	98	ÍRB	1:03.85	1:07.57	457
	50m: 32.61 32.61	100m: 1:07.57	34.96			
29.	Ingibjörg Erla Garðarsdóttir	00	Ægir	1:07.49	1:08.40	441
	50m: 32.72 32.72	100m: 1:08.40	35.68			
30.	Kolbrún Eva Pálmadóttir	02	ÍRB	1:06.51	1:09.42	421
	50m: 33.56 33.56	100m: 1:09.42	35.86			
MÆekki	Gabriela Rut Vale	00	Ægir	1:06.33		

Sundgrein 19

11.4.2015 - 10:24

karla, 100m skriðsund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	49.97	Örn Arnason	SH	Monaco (MON)	5.6.2007
Aldursflokkamet 11 - 12	1:02.85	Brynjólfur Óli Karlsson	Breiðablik	Reykjanesbæ	14.12.2013
Aldursflokkamet 13 - 14	57.86	Kristinn Þórarinnsson	Fjölur	Reykjavík	24.12.2010
Aldursflokkamet 15 - 17	53.82	Njáll Þrastarson	SH	Reykjavík	8.4.2011

HM B-lágmörk : 51.12 / OQT : 48.99

Stig: FINA 2014

Sæti		F.ár		Undanrásir	Tími	Stig
1.	Alexander Jóhannesson	92	KR	54.87	52.58	710A
	50m: 25.35 25.35	100m: 52.58	27.23			
2.	Kristófer Sigurðsson	95	ÍRB	52.71	52.86	698A
	50m: 25.63 25.63	100m: 52.86	27.23			
3.	Predrag Milos	95	SH	53.96	53.92	658A
	50m: 25.42 25.42	100m: 53.92	28.50			
4.	Birkir Snær Helgason	94	Ægir	54.13	54.00	655A
	50m: 26.37 26.37	100m: 54.00	27.63			
	Christian Olausson	96	NTG	53.70	54.00	655A
	50m: 26.50 26.50	100m: 54.00	27.50			
6.	Hilmar Smári Jónsson	94	S.d. Fjölur	55.27	54.09	652A
	50m: 26.27 26.27	100m: 54.09	27.82			
7.	Bragi Snær Hallsson	97	NTG	53.45	54.51	637A
	50m: 26.60 26.60	100m: 54.51	27.91			
8.	Viktor Máni Vilbergsson	92	SH	58.22	54.69	631A
	50m: 26.11 26.11	100m: 54.69	28.58			
9.	Ágúst Júlíusson	89	ÍA	57.63	54.80	627R
	50m: 26.16 26.16	100m: 54.80	28.64			
10.	Ólafur Sigurðsson	99	SH	56.12	55.67	598R
	50m: 27.31 27.31	100m: 55.67	28.36			

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Sundgrein 19, karla, 100m skriðsund, Undanrásir, Opinn

Sæti		F.ár		Undanrásir	Tími	Stig
11.	Daníel Már Kristinsson	98	Breiðablik	57.57	56.36	576
	50m: 26.72 26.72	100m: 56.36	29.64			
12.	Snær Jóhannsson	96	KR	57.26	56.68	566
	50m: 26.99 26.99	100m: 56.68	29.69			
13.	Ásgeir Beinteinn Árnason	99	KR	55.99	56.76	564
	50m: 26.64 26.64	100m: 56.76	30.12			
14.	Arnór Stefánsson	97	SH	56.15	56.78	563
	50m: 27.29 27.29	100m: 56.78	29.49			
15.	Davíð Fannar Ragnarsson	98	Afturelding	58.78	57.25	550
	50m: 26.83 26.83	100m: 57.25	30.42			
16.	Mathias Rasmussen	97	NTG	54.42	57.39	546
	50m: 27.66 27.66	100m: 57.39	29.73			
17.	Daníel Andri Þórhallsson	98	Ægir	58.74	57.99	529
	50m: 27.81 27.81	100m: 57.99	30.18			
18.	Huginn Hilmarsson	95	Afturelding	57.53	58.05	527
	50m: 27.91 27.91	100m: 58.05	30.14			
19.	Sveinn Ólafur Lúðvíksson	96	SH	57.37	58.45	516
	50m: 27.52 27.52	100m: 58.45	30.93			
20.	Hólmsteinn Skorri Hallgrímsson	00	Ægir	59.73	58.59	513
	50m: 27.56 27.56	100m: 58.59	31.03			
21.	Eiríkur Ingi Ólafsson	99	ÍRB	59.24	59.36	493
	50m: 28.24 28.24	100m: 59.36	31.12			
22.	Ólafur Carl Granz	98	Ægir	59.94	59.51	489
	50m: 28.76 28.76	100m: 59.51	30.75			
23.	Stefán Kristinn Sigurgeirsson	99	UMFB	59.90	59.60	487
	50m: 29.00 29.00	100m: 59.60	30.60			
24.	Bjartur Þórhallsson	00	Afturelding	59.72	59.82	482
	50m: 28.27 28.27	100m: 59.82	31.55			
25.	Even Lynum Ringkjøb	96	NTG	57.93	1:00.10	475
	50m: 29.09 29.09	100m: 1:00.10	31.01			
26.	Björgvin Theodór Hilmarsson	98	ÍRB	1:00.35	1:00.72	461
	50m: 29.06 29.06	100m: 1:00.72	31.66			
27.	Atli Vikar Ingimundarson	97	ÍA	58.61	1:00.84	458
	50m: 28.73 28.73	100m: 1:00.84	32.11			

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 20 kvenna, 50m bringusund Opinn
11.4.2015 - 10:30 Úrslitalistar Undanrásir

Íslandsmet	31.21	Hrafnhildur Lúthersdóttir	SH	Berlin (GER)	23.8.2014
Aldursflokkamet 11 - 12	38.87	María Halldórsdóttir	ÍRB	Reykjavík	18.2.2005
Aldursflokkamet 13 - 14	34.66	Karen Mist Arnegeirsdóttir	ÍRB	Copenhagen (DEN)	12.7.2014
Aldursflokkamet 15 - 17	33.36	Hrafnhildur Lúthersdóttir	SH	Luxembourg (LUX)	27.4.2008

Evrópuleikar 15 - 16: 32.92 / HM B-lágmark : 32.60

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Hrafnhildur Lúthersdóttir	91 SH	31.21	32.18	768A HMB
2. Karen Mist Arnegeirsdóttir	00 ÍRB	34.66	35.50	572A
3. Karen Sif Vilhjálmsdóttir	93 SH	34.61	35.91	553A
4. Kolbrún Jónsdóttir	95 KR	NT	36.10	544A
5. Nanna Björk Barkardóttir	98 Óðinn	37.21	36.59	522A
6. Natalia Cecylia Wojdat	98 SH	37.21	36.83	512A
7. Marta Buchanovic	01 Ægir	36.86	37.04	504A
8. Sunna Svanlaug Vilhjálmsdóttir	00 SH	37.70	37.56	483A
9. Raketl Ýr Ottósdóttir	00 ÍRB	36.41	37.80	474R
10. Svanfríður Steingrímsdóttir	99 ÍRB	38.31	38.36	453R
11. Anika Mjöll Júlíusdóttir	01 ÍRB	38.24	38.53	447
12. Kristín Ása Sverrisdóttir	98 Óðinn	38.61	38.66	443
13. Amalía Nanna Júlíusdóttir	02 Rán	39.07	39.12	427
14. Kolbrún Alda Stefánsdóttir	97 SH	39.53	40.22	393
15. Ingibjörg Erla Garðarsdóttir	00 Ægir	39.19	40.29	391
16. Ágústa Rós Róbertsdóttir	98 S.d. Fjölnis	39.98	40.88	375
17. Steinunn Rúna Ragnarsdóttir	99 ÍRB	38.06	40.93	373
18. María Arnarsdóttir	02 Óðinn	39.99	41.19	366

Sundgrein 21 karla, 50m bringusund Opinn
11.4.2015 - 10:34 Úrslitalistar Undanrásir

Íslandsmet	28.03	Jakob Jóhann Sveinsson	Ægir	Róm (ITA)	28.7.2009
Aldursflokkamet 11 - 12	38.28	Hrafn Traustason	ÍA	Reykjavík	2.7.2004
Aldursflokkamet 13 - 14	33.61	Guðni Emilsson	ÍRB	Reykjavík	11.7.2003
Aldursflokkamet 15 - 17	29.44	Jón Oddur Sigurðsson	ÍRB	Malta (MLT)	7.7.2001

HM B-lágmark : 28.55

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Aron Örn Stefánsson	95 SH	32.24	31.00	636A
2. Viktor Máni Vilbergsson	92 SH	30.54	31.62	600A
3. Kristófer Sigurðsson	95 ÍRB	30.98	31.79	590A
4. Tryggvi Gylfason	93 KR	30.00	32.57	549A
5. Sævar Berg Sigurðsson	95 ÍA	33.73	32.74	540A
6. Even Lynum Ringkjøb	96 NTG	31.87	33.76	493A
7. Huginn Hilmarsson	95 Afturelding	33.05	34.51	461A
8. Davíð Fannar Ragnarsson	98 Afturelding	34.11	36.86	378A
MÆekki Arnór Stefánsson	97 SH	33.78		

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 22
11.4.2015 - 10:37

kvenna, 200m fjórsund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	2:14.87	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	12.4.2012
Aldursflokkamet 11 - 12	2:37.43	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ	15.12.2013
Aldursflokkamet 13 - 14	2:26.71	Eygló Ósk Gústafsdóttir	Ægir	Sarcelles (FRA)	14.3.2009
Aldursflokkamet 15 - 17	2:14.87	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	12.4.2012

Evrópuleikar 15 - 16: 2:24.70 / EYOF 13 - 14: 2:26.87 / HM B-lágmörk : 2:18.67 / NÆM 13 - 14: 2:28.34 / OQT : 2:14.26

Stig: FINA 2014

Sæti	F.ár			Undanrásir		Tími	Stig
1.	Hrafnhildur Lúthersdóttir	91	SH	2:18.52	2:19.04	746A	
	50m: 30.08 30.08	100m: 1:07.72 37.64	150m: 1:45.87 38.15	200m: 2:19.04 33.17			
2.	Eygló Ósk Gústafsdóttir	95	Ægir	2:13.10	2:21.93	702A	
	50m: 30.95 30.95	100m: 1:06.02 35.07	150m: 1:48.10 42.08	200m: 2:21.93 33.83			
3.	Eydís Ósk Kolbeinsdóttir	00	ÍRB	2:33.25	2:29.36	602A	
	50m: 31.84 31.84	100m: 1:10.89 39.05	150m: 1:55.57 44.68	200m: 2:29.36 33.79			
4.	Bryndís Bolladóttir	99	Óðinn	2:33.63	2:32.94	561A	
	50m: 31.93 31.93	100m: 1:12.74 40.81	150m: 1:59.35 46.61	200m: 2:32.94 33.59			
5.	Sylwia Sienkiewicz	99	ÍRB	2:30.72	2:33.03	560A	
	50m: 32.11 32.11	100m: 1:13.21 41.10	150m: 1:59.11 45.90	200m: 2:33.03 33.92			
6.	María Fanney Kristjánsdóttir	00	SH	2:40.50	2:33.91	550A	
	50m: 33.45 33.45	100m: 1:12.78 39.33	150m: 1:58.40 45.62	200m: 2:33.91 35.51			
7.	Stefanía Sigurþórsdóttir	01	ÍRB	2:32.33	2:36.14	527A	
	50m: 36.12 36.12	100m: 1:16.53 40.41	150m: 2:01.27 44.74	200m: 2:36.14 34.87			
8.	Nanna Björk Barkardóttir	98	Óðinn	2:37.45	2:36.98	518A	
	50m: 33.32 33.32	100m: 1:16.60 43.28	150m: 2:01.13 44.53	200m: 2:36.98 35.85			
9.	Katarína Róbertsdóttir	00	SH	2:34.49	2:37.50	513R	
	50m: 33.29 33.29	100m: 1:14.34 41.05	150m: 2:01.86 47.52	200m: 2:37.50 35.64			
10.	Íris Ósk Hilmarsdóttir	98	ÍRB	2:27.96	2:39.25	497R	
	50m: 33.41 33.41	100m: 1:14.07 40.66	150m: 2:03.38 49.31	200m: 2:39.25 35.87			
11.	Svanfríður Steingrímsdóttir	99	ÍRB	2:40.35	2:40.69	483	
	50m: 35.94 35.94	100m: 1:18.56 42.62	150m: 2:02.88 44.32	200m: 2:40.69 37.81			
12.	Kristín Ása Sverrisdóttir	98	Óðinn	2:43.39	2:40.74	483	
	50m: 34.53 34.53	100m: 1:17.18 42.65	150m: 2:03.98 46.80	200m: 2:40.74 36.76			
13.	Sunna Svanlaug Vilhjálmssdóttir	00	SH	2:42.81	2:41.95	472	
	50m: 35.57 35.57	100m: 1:20.36 44.79	150m: 2:05.30 44.94	200m: 2:41.95 36.65			
14.	Ágústa Rós Róbertsdóttir	98	S.d. Fjölnis	2:40.11	2:41.98	472	
	50m: 34.65 34.65	100m: 1:17.27 42.62	150m: 2:05.84 48.57	200m: 2:41.98 36.14			
15.	Líf Þrastardóttir	00	Breiðablik	2:40.28	2:43.07	462	
	50m: 34.14 34.14	100m: 1:16.64 42.50	150m: 2:06.62 49.98	200m: 2:43.07 36.45			
16.	Jóhanna Elín Guðmundsdóttir	01	SH	2:42.65	2:44.15	453	
	50m: 33.76 33.76	100m: 1:17.91 44.15	150m: 2:06.45 48.54	200m: 2:44.15 37.70			
17.	Sólrún Sigþórsdóttir	97	ÍA	2:39.73	2:44.26	452	
	50m: 37.60 37.60	100m: 1:21.28 43.68	150m: 2:10.12 48.84	200m: 2:44.26 34.14			
18.	Berglind Bjarnadóttir	01	S.d. Fjölnis	2:46.40	2:45.06	446	
	50m: 34.56 34.56	100m: 1:17.29 42.73	150m: 2:07.47 50.18	200m: 2:45.06 37.59			
19.	María Arnarsdóttir	02	Óðinn	2:48.38	2:48.44	420	
	50m: 36.51 36.51	100m: 1:19.24 42.73	150m: 2:09.39 50.15	200m: 2:48.44 39.05			
20.	Valgerður Jónsdóttir	98	Ármann	2:45.66	2:50.82	402	
	50m: 35.40 35.40	100m: 1:20.32 44.92	150m: 2:11.22 50.90	200m: 2:50.82 39.60			
21.	Helga Þöll Guðjónsdóttir	97	STJARNAN	2:38.82	2:51.03	401	
	50m: 36.15 36.15	100m: 1:21.93 45.78	150m: 2:12.73 50.80	200m: 2:51.03 38.30			

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Reykjavík, 10. - 12.4.2015

Sundgrein 22, kvenna, 200m fjórsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
22. Arna Lára Hjaltested	99 S.d. Fjölris	2:45.08	2:51.37	398
50m: 37.12 37.12	100m: 1:21.20 44.08	150m: 2:12.11 50.91	200m: 2:51.37	39.26
23. Brynhildur Traustadóttir	01 ÍA	2:45.14	2:52.79	389
50m: 35.35 35.35	100m: 1:20.90 45.55	150m: 2:15.81 54.91	200m: 2:52.79	36.98
24. Rakel Guðjónsdóttir	00 S.d. Fjölris	2:43.57	2:54.97	374
50m: 36.30 36.30	100m: 1:20.53 44.23	150m: 2:14.25 53.72	200m: 2:54.97	40.72
25. Gabriela Machlowiec	98 Ármann	2:44.74	2:55.31	372
50m: 38.63 38.63	100m: 1:22.31 43.68	150m: 2:16.42 54.11	200m: 2:55.31	38.89
ÓG. Diljá Rún Ívarsdóttir	02 ÍRB	2:42.76		
SW 6.5				

Sundgrein 23

karla, 200m fjórsund

Opinn

11.4.2015 - 10:50

Úrslitalistar Undanrásir

Íslandsmet	2:05.94	Anton Sveinn McKee	Ægir	Luxembourg (LUX)	27.5.2013
Aldursflokkamet 11 - 12	2:34.02	Patrik Viggó Vilbergsson	Breiðablik	Debrecen (HUN)	13.12.2014
Aldursflokkamet 13 - 14	2:20.43	Kristinn Þórarinsson	Fjölris	Darmstadt (GER)	10.7.2010
Aldursflokkamet 15 - 17	2:07.03	Örn Arnason	SH	Antwerpen (BEL)	30.7.1998

HM B-lágmörk : 2:04.19 / OQT : 2:00.28

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinsson	96 S.d. Fjölris	2:07.03	2:07.39	716A
50m: 26.04 26.04	100m: 58.18 32.14	150m: 1:36.59 38.41	200m: 2:07.39	30.80
2. Kolbeinn Hrafnkelsson	94 SH	2:15.03	2:17.14	574A
50m: 28.96 28.96	100m: 1:03.91 34.95	150m: 1:43.75 39.84	200m: 2:17.14	33.39
3. Baldvin Sigmarsson	97 ÍRB	2:17.41	2:22.47	512A
50m: 29.77 29.77	100m: 1:07.20 37.43	150m: 1:47.72 40.52	200m: 2:22.47	34.75
4. Kristófer Sigurðsson	95 ÍRB	2:16.96	2:25.62	479A
50m: 31.07 31.07	100m: 1:10.65 39.58	150m: 1:53.28 42.63	200m: 2:25.62	32.34
5. Ingi Þór Ólafsson	99 ÍRB	2:29.70	2:26.55	470A
50m: 31.22 31.22	100m: 1:09.25 38.03	150m: 1:54.99 45.74	200m: 2:26.55	31.56
6. Sveinbjörn Pálmi Karlsson	95 Breiðablik	2:19.56	2:27.09	465A
50m: 30.05 30.05	100m: 1:09.78 39.73	150m: 1:53.87 44.09	200m: 2:27.09	33.22
7. Eiríkur Ingi Ólafsson	99 ÍRB	2:29.23	2:27.31	463A
50m: 30.96 30.96	100m: 1:10.30 39.34	150m: 1:55.40 45.10	200m: 2:27.31	31.91
8. Hallgrímur Kjartansson	98 STJARNAN	2:28.83	2:27.38	462A
50m: 31.32 31.32	100m: 1:10.41 39.09	150m: 1:53.69 43.28	200m: 2:27.38	33.69
9. Hólmsteinn Skorri Hallgrímsson	00 Ægir	2:26.46	2:28.26	454R
50m: 30.94 30.94	100m: 1:09.82 38.88	150m: 1:54.22 44.40	200m: 2:28.26	34.04
ÓG. Ásgeir Beinteinn Árnason	99 KR	2:20.08		
SW 8.3				

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 24
11.4.2015 - 10:57

kvenna, 1500m skriðsund

Opinn
Úrslitalistar

Íslandsmet	17:17.61	Sigrún Brá Sverrisdóttir	Ægir	Columbia (USA)	23.7.2011
Aldursflokkamet 11 - 12	19:30.59	Stefanía Steinþórsdóttir	ÍRB	Reykjanesbæ	15.12.2013
Aldursflokkamet 13 - 14	17:48.38	Eydís Ósk Kolbeinsdóttir	ÍRB	Reykjavík	13.4.2014
Aldursflokkamet 15 - 17	17:37.37	Sunneva Dögg Friðriksdóttir	ÍRB	Reykjavík	13.4.2014

HM B-lágmark : 17:08.39

Stig: FINA 2014

Sæti			F.ár				Undanrásir		Tími	Stig
1.	Eydís Ósk Kolbeinsdóttir		00	ÍRB			18:23.58	17:34.44	700ALD	
	50m:	31.07 31.07	450m:	5:08.42 35.03	850m:	9:50.89 35.79	1250m:	14:37.49 36.09		
	100m:	1:04.71 33.64	500m:	5:43.18 34.76	900m:	10:26.55 35.66	1300m:	15:13.14 35.65		
	150m:	1:39.18 34.47	550m:	6:18.22 35.04	950m:	11:02.47 35.92	1350m:	15:48.96 35.82		
	200m:	2:13.80 34.62	600m:	6:53.11 34.89	1000m:	11:38.22 35.75	1400m:	16:24.84 35.88		
	250m:	2:48.80 35.00	650m:	7:28.68 35.57	1050m:	12:14.09 35.87	1450m:	17:00.57 35.73		
	300m:	3:23.76 34.96	700m:	8:03.80 35.12	1100m:	12:49.65 35.56	1500m:	17:34.44 33.87		
	350m:	3:58.87 35.11	750m:	8:39.61 35.81	1150m:	13:25.62 35.97				
	400m:	4:33.39 34.52	800m:	9:15.10 35.49	1200m:	14:01.40 35.78				
2.	Sunneva Dögg Friðriksdóttir		99	ÍRB			17:48.37	17:57.53	656	
	50m:	30.93 30.93	450m:	5:09.77 35.95	850m:	10:01.14 36.93	1250m:	14:54.59 37.41		
	100m:	1:04.24 33.31	500m:	5:45.80 36.03	900m:	10:37.62 36.48	1300m:	15:31.68 37.09		
	150m:	1:38.62 34.38	550m:	6:22.02 36.22	950m:	11:14.51 36.89	1350m:	16:08.46 36.78		
	200m:	2:13.06 34.44	600m:	6:58.24 36.22	1000m:	11:50.74 36.23	1400m:	16:45.56 37.10		
	250m:	2:48.40 35.34	650m:	7:34.83 36.59	1050m:	12:27.76 37.02	1450m:	17:22.60 37.04		
	300m:	3:23.35 34.95	700m:	8:11.33 36.50	1100m:	13:04.28 36.52	1500m:	17:57.53 34.93		
	350m:	3:58.51 35.16	750m:	8:47.88 36.55	1150m:	13:41.10 36.82				
	400m:	4:33.82 35.31	800m:	9:24.21 36.33	1200m:	14:17.18 36.08				
3.	Stefanía Sigurþórsdóttir		01	ÍRB			18:57.95	18:14.25	626	
	50m:	31.53 31.53	450m:	5:20.24 36.64	850m:	10:16.50 37.91	1250m:	15:13.91 36.46		
	100m:	1:05.90 34.37	500m:	5:56.87 36.63	900m:	10:54.03 37.53	1300m:	15:50.44 36.53		
	150m:	1:41.24 35.34	550m:	6:33.32 36.45	950m:	11:32.07 38.04	1350m:	16:27.10 36.66		
	200m:	2:17.15 35.91	600m:	7:10.40 37.08	1000m:	12:09.37 37.30	1400m:	17:03.83 36.73		
	250m:	2:53.57 36.42	650m:	7:47.40 37.00	1050m:	12:46.92 37.55	1450m:	17:39.64 35.81		
	300m:	3:30.47 36.90	700m:	8:24.21 36.81	1100m:	13:23.79 36.87	1500m:	18:14.25 34.61		
	350m:	4:07.02 36.55	750m:	9:01.37 37.16	1150m:	14:00.75 36.96				
	400m:	4:43.60 36.58	800m:	9:38.59 37.22	1200m:	14:37.45 36.70				
4.	Eyrún Agla Friðriksdóttir		99	SH			18:23.78	18:18.65	619	
	50m:	32.24 32.24	450m:	5:26.63 36.81	850m:	10:23.92 37.58	1250m:	15:16.77 36.18		
	100m:	1:07.79 35.55	500m:	6:03.67 37.04	900m:	11:01.02 37.10	1300m:	15:53.31 36.54		
	150m:	1:44.43 36.64	550m:	6:40.73 37.06	950m:	11:38.03 37.01	1350m:	16:29.93 36.62		
	200m:	2:21.29 36.86	600m:	7:18.09 37.36	1000m:	12:14.33 36.30	1400m:	17:06.17 36.24		
	250m:	2:58.28 36.99	650m:	7:55.28 37.19	1050m:	12:50.94 36.61	1450m:	17:42.94 36.77		
	300m:	3:35.46 37.18	700m:	8:32.26 36.98	1100m:	13:27.62 36.68	1500m:	18:18.65 35.71		
	350m:	4:12.70 37.24	750m:	9:09.08 36.82	1150m:	14:04.17 36.55				
	400m:	4:49.82 37.12	800m:	9:46.34 37.26	1200m:	14:40.59 36.42				
5.	Gunnhildur Björg Baldursdóttir		00	ÍRB			19:00.96	19:04.50	547	
	50m:	33.17 33.17	450m:	5:34.93 38.07	850m:	10:40.96 38.87	1250m:	15:49.74 39.61		
	100m:	1:09.73 36.56	500m:	6:12.74 37.81	900m:	11:19.49 38.53	1300m:	16:28.57 38.83		
	150m:	1:47.03 37.30	550m:	6:51.44 38.70	950m:	11:58.30 38.81	1350m:	17:07.82 39.25		
	200m:	2:24.43 37.40	600m:	7:28.88 37.44	1000m:	12:36.17 37.87	1400m:	17:47.21 39.39		
	250m:	3:02.39 37.96	650m:	8:07.26 38.38	1050m:	13:15.24 39.07	1450m:	18:26.40 39.19		
	300m:	3:40.90 38.51	700m:	8:45.36 38.10	1100m:	13:53.82 38.58	1500m:	19:04.50 38.10		
	350m:	4:18.65 37.75	750m:	9:23.59 38.23	1150m:	14:31.75 37.93				
	400m:	4:56.86 38.21	800m:	10:02.09 38.50	1200m:	15:10.13 38.38				
6.	Kolbrún Eva Pálmadóttir		02	ÍRB			20:14.34	19:16.95	530	
	50m:	33.72 33.72	450m:	5:37.35 38.43	850m:	10:50.58 38.81	1250m:	16:04.08 39.62		
	100m:	1:10.54 36.82	500m:	6:15.94 38.59	900m:	11:29.96 39.38	1300m:	16:42.92 38.84		
	150m:	1:47.98 37.44	550m:	6:55.10 39.16	950m:	12:09.16 39.20	1350m:	17:22.37 39.45		
	200m:	2:25.68 37.70	600m:	7:34.08 38.98	1000m:	12:48.27 39.11	1400m:	18:01.28 38.91		
	250m:	3:03.87 38.19	650m:	8:13.18 39.10	1050m:	13:26.56 38.29	1450m:	18:39.58 38.30		
	300m:	3:42.02 38.15	700m:	8:52.57 39.39	1100m:	14:05.36 38.80	1500m:	19:16.95 37.37		
	350m:	4:20.17 38.15	750m:	9:32.45 39.88	1150m:	14:44.93 39.57				
	400m:	4:58.92 38.75	800m:	10:11.77 39.32	1200m:	15:24.46 39.53				

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 24, kvenna, 1500m skriðsund, Opinn

Sæti			F.ár				Undanrásir		Tími	Stig		
7.	Klaudia Malesa		01		ÍRB		20:03.53		19:37.91	502		
	50m:	34.60	34.60	450m:	5:44.41	39.77	850m:	11:01.55	39.78	1250m:	16:20.03	40.04
	100m:	1:12.09	37.49	500m:	6:23.35	38.94	900m:	11:41.26	39.71	1300m:	17:00.26	40.23
	150m:	1:51.30	39.21	550m:	7:03.16	39.81	950m:	12:20.99	39.73	1350m:	17:40.66	40.40
	200m:	2:29.44	38.14	600m:	7:42.99	39.83	1000m:	13:00.79	39.80	1400m:	18:20.32	39.66
	250m:	3:08.00	38.56	650m:	8:23.36	40.37	1050m:	13:40.36	39.57	1450m:	18:59.82	39.50
	300m:	3:46.84	38.84	700m:	9:02.46	39.10	1100m:	14:20.16	39.80	1500m:	19:37.91	38.09
	350m:	4:25.75	38.91	750m:	9:42.45	39.99	1150m:	15:00.27	40.11			
	400m:	5:04.64	38.89	800m:	10:21.77	39.32	1200m:	15:39.99	39.72			
8.	Jóhanna Matthea Jóhannesdóttir		01		ÍRB		19:43.12		20:03.51	471		
	50m:	34.60	34.60	450m:	5:48.62	40.46	850m:	11:09.84	40.74	1250m:	16:37.76	41.69
	100m:	1:11.96	37.36	500m:	6:29.10	40.48	900m:	11:50.90	41.06	1300m:	17:18.73	40.97
	150m:	1:51.19	39.23	550m:	7:08.76	39.66	950m:	12:32.43	41.53	1350m:	18:00.97	42.24
	200m:	2:30.67	39.48	600m:	7:48.73	39.97	1000m:	13:12.20	39.77	1400m:	18:41.30	40.33
	250m:	3:10.26	39.59	650m:	8:28.73	40.00	1050m:	13:52.58	40.38	1450m:	19:22.68	41.38
	300m:	3:49.30	39.04	700m:	9:09.72	40.99	1100m:	14:34.37	41.79	1500m:	20:03.51	40.83
	350m:	4:28.40	39.10	750m:	9:50.13	40.41	1150m:	15:14.76	40.39			
	400m:	5:08.16	39.76	800m:	10:29.10	38.97	1200m:	15:56.07	41.31			

Sundgrein 25

11.4.2015 - 10:57

karla, 1500m skriðsund

Opinn
Úrslitalistar

Íslandsmet	15:27.08	Anton Sveinn McKee	Ægir	Reykjavík	13.4.2012
Aldursflokkamet 11 - 12	18:57.91	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	19.12.2014
Aldursflokkamet 13 - 14	17:11.27	Ólafur Sigurðsson	SH	Reykjavík	12.4.2013
Aldursflokkamet 15 - 17	16:14.96	Þröstur Bjarnason	ÍRB	Luxembourg (LUX)	7.2.2014

HM B-lágmörk : 15:45.97 / OQT : 15:14.77

Stig: FINA 2014

Sæti			F.ár				Undanrásir		Tími	Stig		
1.	Christian Olausen		96		NTG		15:55.16		16:26.11	689		
	50m:	28.76	28.76	450m:	4:48.31	32.98	850m:	9:14.84	33.53	1250m:	13:41.13	33.66
	100m:	59.90	31.14	500m:	5:21.42	33.11	900m:	9:48.04	33.20	1300m:	14:14.52	33.39
	150m:	1:32.10	32.20	550m:	5:54.63	33.21	950m:	10:21.48	33.44	1350m:	14:47.71	33.19
	200m:	2:04.07	31.97	600m:	6:27.71	33.08	1000m:	10:54.63	33.15	1400m:	15:20.87	33.16
	250m:	2:36.54	32.47	650m:	7:00.85	33.14	1050m:	11:27.69	33.06	1450m:	15:53.84	32.97
	300m:	3:09.30	32.76	700m:	7:34.11	33.26	1100m:	12:01.23	33.54	1500m:	16:26.11	32.27
	350m:	3:42.17	32.87	750m:	8:07.79	33.68	1150m:	12:34.18	32.95			
	400m:	4:15.33	33.16	800m:	8:41.31	33.52	1200m:	13:07.47	33.29			
2.	Þröstur Bjarnason		97		ÍRB		16:38.41		16:32.66	675		
	50m:	28.38	28.38	450m:	4:50.18	33.77	850m:	9:19.43	32.69	1250m:	13:45.67	33.93
	100m:	59.69	31.31	500m:	5:24.39	34.21	900m:	9:52.66	33.23	1300m:	14:18.68	33.01
	150m:	1:31.57	31.88	550m:	5:58.11	33.72	950m:	10:25.40	32.74	1350m:	14:52.57	33.89
	200m:	2:03.95	32.38	600m:	6:31.39	33.28	1000m:	10:58.62	33.22	1400m:	15:26.56	33.99
	250m:	2:36.62	32.67	650m:	7:05.54	34.15	1050m:	11:31.41	32.79	1450m:	15:59.98	33.42
	300m:	3:09.30	32.68	700m:	7:40.16	34.62	1100m:	12:04.65	33.24	1500m:	16:32.66	32.68
	350m:	3:42.83	33.53	750m:	8:13.17	33.01	1150m:	12:37.79	33.14			
	400m:	4:16.41	33.58	800m:	8:46.74	33.57	1200m:	13:11.74	33.95			
3.	Ólafur Sigurðsson		99		SH		16:49.06		16:34.26	672		
	50m:	28.85	28.85	450m:	4:51.99	33.47	850m:	9:19.89	32.84	1250m:	13:49.28	33.71
	100m:	1:00.20	31.35	500m:	5:25.97	33.98	900m:	9:53.48	33.59	1300m:	14:23.21	33.93
	150m:	1:32.47	32.27	550m:	5:59.22	33.25	950m:	10:27.22	33.74	1350m:	14:56.02	32.81
	200m:	2:05.05	32.58	600m:	6:32.72	33.50	1000m:	11:00.85	33.63	1400m:	15:29.23	33.21
	250m:	2:37.77	32.72	650m:	7:06.08	33.36	1050m:	11:34.41	33.56	1450m:	16:02.62	33.39
	300m:	3:11.18	33.41	700m:	7:39.85	33.77	1100m:	12:08.23	33.82	1500m:	16:34.26	31.64
	350m:	3:44.90	33.72	750m:	8:13.19	33.34	1150m:	12:42.08	33.85			
	400m:	4:18.52	33.62	800m:	8:47.05	33.86	1200m:	13:15.57	33.49			

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
4.	Hafþór Jón Sigurðsson			97	SH			16:43.74	16:46.09	648		
	50m:	28.68	28.68	450m:	4:55.43	34.16	850m:	9:26.32	34.20	1250m:	13:57.27	34.07
	100m:	1:00.58	31.90	500m:	5:29.43	34.00	900m:	10:00.17	33.85	1300m:	14:31.40	34.13
	150m:	1:33.45	32.87	550m:	6:03.07	33.64	950m:	10:34.43	34.26	1350m:	15:05.48	34.08
	200m:	2:06.54	33.09	600m:	6:36.89	33.82	1000m:	11:08.34	33.91	1400m:	15:39.63	34.15
	250m:	2:40.08	33.54	650m:	7:10.64	33.75	1050m:	11:42.03	33.69	1450m:	16:13.25	33.62
	300m:	3:13.68	33.60	700m:	7:44.54	33.90	1100m:	12:15.65	33.62	1500m:	16:46.09	32.84
	350m:	3:47.42	33.74	750m:	8:18.19	33.65	1150m:	12:49.37	33.72			
	400m:	4:21.27	33.85	800m:	8:52.12	33.93	1200m:	13:23.20	33.83			
5.	Björgvin Theodór Hilmarsson			98	ÍRB			17:36.77	17:17.49	591		
	50m:	29.94	29.94	450m:	5:06.08	35.19	850m:	9:45.60	35.14	1250m:	14:26.55	35.24
	100m:	1:03.26	33.32	500m:	5:41.08	35.00	900m:	10:20.55	34.95	1300m:	15:00.96	34.41
	150m:	1:37.20	33.94	550m:	6:16.23	35.15	950m:	10:55.66	35.11	1350m:	15:35.69	34.73
	200m:	2:11.54	34.34	600m:	6:50.92	34.69	1000m:	11:30.85	35.19	1400m:	16:10.38	34.69
	250m:	2:46.10	34.56	650m:	7:25.92	35.00	1050m:	12:05.62	34.77	1450m:	16:44.66	34.28
	300m:	3:21.06	34.96	700m:	8:00.77	34.85	1100m:	12:40.92	35.30	1500m:	17:17.49	32.83
	350m:	3:56.04	34.98	750m:	8:35.56	34.79	1150m:	13:15.89	34.97			
	400m:	4:30.89	34.85	800m:	9:10.46	34.90	1200m:	13:51.31	35.42			
6.	Gunnar Bjarki Jónsson			98	Breiðablik			17:41.69	17:39.20	556		
	50m:	30.62	30.62	450m:	5:11.86	35.24	850m:	9:57.81	35.90	1250m:	14:43.58	35.49
	100m:	1:05.01	34.39	500m:	5:47.80	35.94	900m:	10:33.45	35.64	1300m:	15:19.28	35.70
	150m:	1:39.90	34.89	550m:	6:23.02	35.22	950m:	11:09.02	35.57	1350m:	15:54.79	35.51
	200m:	2:15.30	35.40	600m:	6:59.18	36.16	1000m:	11:45.36	36.34	1400m:	16:30.48	35.69
	250m:	2:50.36	35.06	650m:	7:34.50	35.32	1050m:	12:20.58	35.22	1450m:	17:05.40	34.92
	300m:	3:25.68	35.32	700m:	8:10.40	35.90	1100m:	12:56.95	36.37	1500m:	17:39.20	33.80
	350m:	4:00.93	35.25	750m:	8:46.07	35.67	1150m:	13:32.47	35.52			
	400m:	4:36.62	35.69	800m:	9:21.91	35.84	1200m:	14:08.09	35.62			
7.	Bjartur Þórhallsson			00	Afturelding			17:57.07	17:50.46	538		
	50m:	30.56	30.56	450m:	5:12.75	35.40	850m:	10:01.34	36.42	1250m:	14:51.11	36.09
	100m:	1:04.47	33.91	500m:	5:48.94	36.19	900m:	10:37.96	36.62	1300m:	15:27.50	36.39
	150m:	1:39.44	34.97	550m:	6:24.95	36.01	950m:	11:14.31	36.35	1350m:	16:03.97	36.47
	200m:	2:14.89	35.45	600m:	7:00.87	35.92	1000m:	11:50.06	35.75	1400m:	16:40.37	36.40
	250m:	2:50.71	35.82	650m:	7:37.00	36.13	1050m:	12:26.04	35.98	1450m:	17:15.97	35.60
	300m:	3:26.44	35.73	700m:	8:13.02	36.02	1100m:	13:02.48	36.44	1500m:	17:50.46	34.49
	350m:	4:01.85	35.41	750m:	8:48.99	35.97	1150m:	13:38.52	36.04			
	400m:	4:37.35	35.50	800m:	9:24.92	35.93	1200m:	14:15.02	36.50			
8.	Hilmir Örn Ólafsson			01	Ægir			18:03.47	18:12.83	506		
	50m:	33.06	33.06	450m:	5:29.99	37.16	850m:	10:22.58	36.50	1250m:	15:14.83	36.26
	100m:	1:09.78	36.72	500m:	6:07.69	37.70	900m:	10:58.25	35.67	1300m:	15:50.84	36.01
	150m:	1:46.91	37.13	550m:	6:44.62	36.93	950m:	11:35.56	37.31	1350m:	16:27.09	36.25
	200m:	2:24.18	37.27	600m:	7:20.88	36.26	1000m:	12:11.78	36.22	1400m:	17:02.70	35.61
	250m:	3:01.30	37.12	650m:	7:57.54	36.66	1050m:	12:48.45	36.67	1450m:	17:38.71	36.01
	300m:	3:38.19	36.89	700m:	8:34.07	36.53	1100m:	13:25.11	36.66	1500m:	18:12.83	34.12
	350m:	4:16.10	37.91	750m:	9:10.17	36.10	1150m:	14:01.93	36.82			
	400m:	4:52.83	36.73	800m:	9:46.08	35.91	1200m:	14:38.57	36.64			
9.	Patrik Viggó Vilbergsson			02	Breiðablik			18:48.08	18:30.59	482		
	50m:	32.36	32.36	450m:	5:29.58	37.82	850m:	10:25.83	37.21	1250m:	15:27.18	37.88
	100m:	1:08.19	35.83	500m:	6:07.37	37.79	900m:	11:03.14	37.31	1300m:	16:04.61	37.43
	150m:	1:45.07	36.88	550m:	6:43.94	36.57	950m:	11:40.97	37.83	1350m:	16:42.67	38.06
	200m:	2:21.74	36.67	600m:	7:20.75	36.81	1000m:	12:18.66	37.69	1400m:	17:19.80	37.13
	250m:	2:59.01	37.27	650m:	7:57.62	36.87	1050m:	12:56.54	37.88	1450m:	17:56.65	36.85
	300m:	3:36.49	37.48	700m:	8:34.06	36.44	1100m:	13:34.13	37.59	1500m:	18:30.59	33.94
	350m:	4:14.46	37.97	750m:	9:11.09	37.03	1150m:	14:11.92	37.79			
	400m:	4:51.76	37.30	800m:	9:48.62	37.53	1200m:	14:49.30	37.38			
10.	Kristján Gylfi Þórisson			00	S.d. Fjölnis			18:50.61	18:30.73	482		
	50m:	33.94	33.94	450m:	5:32.48	37.70	850m:	10:31.44	37.08	1250m:	15:29.90	37.60
	100m:	1:11.03	37.09	500m:	6:10.81	38.33	900m:	11:08.86	37.42	1300m:	16:07.00	37.10
	150m:	1:48.25	37.22	550m:	6:48.41	37.60	950m:	11:46.48	37.62	1350m:	16:44.50	37.50
	200m:	2:25.42	37.17	600m:	7:25.65	37.24	1000m:	12:23.18	36.70	1400m:	17:21.46	36.96
	250m:	3:03.03	37.61	650m:	8:02.76	37.11	1050m:	12:59.99	36.81	1450m:	17:58.92	37.46
	300m:	3:40.04	37.01	700m:	8:39.91	37.15	1100m:	13:37.06	37.07	1500m:	18:30.73	31.81
	350m:	4:17.19	37.15	750m:	9:17.73	37.82	1150m:	14:14.42	37.36			
	400m:	4:54.78	37.59	800m:	9:54.36	36.63	1200m:	14:52.30	37.88			

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4 - 4. hluti - úrslit

11.4.2015 - 17:30

Sundgrein 14 11.4.2015 - 17:30	kvenna, 100m baksund				Opinn Úrslitalistar Úrslitsund	
Íslandsmet	1:01.08	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík		12.4.2014
Aldursflokkamet 11 - 12	1:13.03	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík		15.6.2007
Aldursflokkamet 13 - 14	1:06.46	Kolbrún Ýr Kristjánsdóttir	ÍA	Lissabon (POR)		22.7.1997
Aldursflokkamet 15 - 17	1:01.74	Eygló Ósk Gústafsdóttir	Ægir	London (GBR)		3.8.2012
Evrópuleikar 15 - 16: 1:06.15 / EYOF 13 - 14: 1:07.14 / HM B-lágmörk : 1:03.39 / NÆM 13 - 14: 1:07.81 / OQT : 1:00.26						

Stig: FINA 2014

Sæti	F.ár		Undanrásir	Tími	Stig
Úrslitasund					
1.	Eygló Ósk Gústafsdóttir	95	Ægir	1:02.53	1:00.89 869ÍSLHMB
	50m: 29.46 29.46	100m: 1:00.89	31.43		
2.	Ingibjörg Kristín Jónsdóttir	93	SH	1:04.08	1:04.23 740
	50m: 30.83 30.83	100m: 1:04.23	33.40		
3.	Athena Neve Leex	97	Breiðablik	1:11.40	1:09.23 591
	50m: 32.71 32.71	100m: 1:09.23	36.52		
4.	Steingerður Hauksdóttir	96	S.d. Fjölnis	1:09.58	1:09.37 588
	50m: 32.82 32.82	100m: 1:09.37	36.55		
5.	Erla Sigurjónsdóttir	95	ÍRB	1:10.05	1:10.16 568
	50m: 33.22 33.22	100m: 1:10.16	36.94		
6.	Katarína Róbertsdóttir	00	SH	1:10.97	1:11.20 543
	50m: 34.19 34.19	100m: 1:11.20	37.01		
7.	Una Lára Lárusdóttir	99	ÍA	1:12.62	1:11.49 537
	50m: 34.22 34.22	100m: 1:11.49	37.27		
8.	Ásdís Birta Guðnadóttir	96	SH	1:12.29	1:12.73 510
	50m: 34.85 34.85	100m: 1:12.73	37.88		

Sundgrein 15 11.4.2015 - 17:33	karla, 100m baksund				Opinn Úrslitalistar Úrslitsund	
Íslandsmet	54.75	Örn Arnason	SH	Fukuoka (JPN)		23.7.2001
Aldursflokkamet 11 - 12	1:10.89	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík		13.4.2013
Aldursflokkamet 13 - 14	1:03.17	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík		15.2.2015
Aldursflokkamet 15 - 17	56.94	Örn Arnason	SH	Antwerpen (BEL)		1.8.1997
Evrópuleikar 17 - 18: 59.10 / EYOF 15 - 16: 59.98 / HM B-lágmörk : 56.64 / NÆM 15 - 16: 1:00.58 / OQT : 54.36						

Stig: FINA 2014

Sæti	F.ár		Undanrásir	Tími	Stig
Úrslitasund					
1.	Kristinn Þórarinsson	96	S.d. Fjölnis	57.79	57.01 756
	50m: 27.44 27.44	100m: 57.01	29.57		
2.	Kolbeinn Hrafnkelsson	94	SH	58.80	58.13 713
	50m: 28.48 28.48	100m: 58.13	29.65		
3.	Bragi Snær Hallsson	97	NTG	59.81	59.80 655
	50m: 29.12 29.12	100m: 59.80	30.68		
4.	Brynjólfur Óli Karlsson	01	Breiðablik	1:03.69	1:02.84 564ALD
	50m: 30.04 30.04	100m: 1:02.84	32.80		
5.	Kristján Gylfi Þórisson	00	S.d. Fjölnis	1:07.53	1:06.55 475
	50m: 33.04 33.04	100m: 1:06.55	33.51		

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Sundgrein 16

kvenna, 200m flugsund

Opinn

11.4.2015 - 17:36

Úrslitalistar Úrslitsund

Íslandsmet	2:18.79	Erla Dögg Haraldsdóttir	ÍRB	Reykjavík	6.4.2008
Aldursflokkamet 11 - 12	2:49.75	Salóme Jónsdóttir	ÍA	Reykjavík	16.3.2007
Aldursflokkamet 13 - 14	2:24.80	Ólöf Edda Eðvarðsdóttir	ÍRB	Trabzon (FIN)	29.7.2011
Aldursflokkamet 15 - 17	2:19.71	Sigrún Brá Sverrisdóttir	Fjölur	Monaco (MON)	5.6.2007

Evrópuleikar 15 - 16: 2:21.63 / EYOF 13 - 14: 2:23.75 / HM B-lágmörk : 2:15.73 / NÆM 13 - 14: 2:25.19 / OQT : 2:09.33

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig
Úrslitasund								
1.	Inga Elin Cryer	93	Ægir	2:22.18	2:18.97	673		
	50m: 30.05 30.05	100m: 1:03.90	33.85	150m: 1:40.54	36.64	200m: 2:18.97	38.43	
2.	Elín Kata Sigurgeirsdóttir	99	Óðinn	2:27.76	2:25.44	587		
	50m: 32.37 32.37	100m: 1:08.62	36.25	150m: 1:48.01	39.39	200m: 2:25.44	37.43	
3.	Sylwia Sienkiewicz	99	ÍRB	2:32.06	2:26.50	574		
	50m: 32.59 32.59	100m: 1:09.52	36.93	150m: 1:47.44	37.92	200m: 2:26.50	39.06	
4.	Gunnhildur Björg Baldursdóttir	00	ÍRB	2:30.05	2:26.90	570		
	50m: 32.63 32.63	100m: 1:09.94	37.31	150m: 1:48.41	38.47	200m: 2:26.90	38.49	
5.	Birta María Falsdóttir	98	ÍRB	2:34.50	2:32.05	514		
	50m: 33.90 33.90	100m: 1:11.79	37.89	150m: 1:51.05	39.26	200m: 2:32.05	41.00	
6.	Ragnheiður Karlsdóttir	99	Breiðablik	2:36.82	2:33.03	504		
	50m: 32.77 32.77	100m: 1:11.04	38.27	150m: 1:50.76	39.72	200m: 2:33.03	42.27	
7.	Sandra Ósk Elíasdóttir	99	ÍRB	2:37.22	2:37.81	459		
	50m: 34.41 34.41	100m: 1:14.01	39.60	150m: 1:56.08	42.07	200m: 2:37.81	41.73	
8.	Sunneva Jóhannsdóttir	94	Breiðablik	2:38.63	2:38.86	450		
	50m: 33.80 33.80	100m: 1:13.51	39.71	150m: 1:56.69	43.18	200m: 2:38.86	42.17	

Sundgrein 17

karla, 200m flugsund

Opinn

11.4.2015 - 17:49

Úrslitalistar Úrslitsund

Íslandsmet	2:02.97	Sindri Þór Jakobsson	Bergen	Prag (CZE)	9.7.2009
Aldursflokkamet 11 - 12	2:38.77	Viktor Forafonov	Asker	Kristiansand (NOR)	6.6.2014
Aldursflokkamet 13 - 14	2:20.62	Baldvin Sigmarsson	ÍRB	Reykjanesbær	26.11.2011
Aldursflokkamet 15 - 17	2:07.75	Sindri Þór Jakobsson	ÍRB	Belgrad (SRB)	31.7.2008

Evrópuleikar 17 - 18: 2:06.76 / EYOF 15 - 16: 2:08.66 / HM B-lágmörk : 2:01.48 / NÆM 15 - 16: 2:09.95 / OQT : 1:56.97

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig
Úrslitasund								
1.	Daniel Hannes Pálsson	95	S.d. Fjölur	2:11.54	2:07.22	673		
	50m: 27.66 27.66	100m: 59.46	31.80	150m: 1:32.83	33.37	200m: 2:07.22	34.39	
2.	Sveinbjörn Pálmi Karlsson	95	Breiðablik	2:11.97	2:10.35	626		
	50m: 28.74 28.74	100m: 1:01.37	32.63	150m: 1:35.05	33.68	200m: 2:10.35	35.30	
3.	Baldvin Sigmarsson	97	ÍRB	2:15.11	2:14.24	573		
	50m: 28.85 28.85	100m: 1:02.15	33.30	150m: 1:37.33	35.18	200m: 2:14.24	36.91	
4.	Mathias Rasmussen	97	NTG	2:18.12	2:18.39	523		
	50m: 29.92 29.92	100m: 1:04.40	34.48	150m: 1:41.15	36.75	200m: 2:18.39	37.24	

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Sundgrein 18

kvenna, 100m skriðsund

Opinn
Úrslitalistar Úrslitsund

11.4.2015 - 17:53

Íslandsmet	55.66	Ragnheiður Ragnarsdóttir	KR	Reykjanesbæ	25.4.2009
Aldursflokkamet 11 - 12	1:05.08	Stefanía Sigurbórsdóttir	ÍRB	Reykjanesbæ	14.12.2013
Aldursflokkamet 13 - 14	59.26	Sigrún Brá Sverrisdóttir	Fjölpir	Luxembourg (LUX)	16.4.2004
Aldursflokkamet 15 - 17	56.97	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	14.4.2012

Evrópuleikar 15 - 16: 59.45 / EYOF 13 - 14: 1:00.35 / HM B-lágmörk : 56.98 / NÆM 13 - 14: 1:00.95 / OQT : 54.43

Stig: FINA 2014

Sæti	F.ár		Undanrásir	Tími	Stig
Úrslitasund					
1.	Bryndís Rún Hansen	93 Óðinn	57.31	56.28	791HMB
	50m: 26.99 26.99	100m: 56.28 29.29			
2.	Ingibjörg Kristín Jónsdóttir	93 SH	58.37	58.38	709
	50m: 28.10 28.10	100m: 58.38 30.28			
3.	Sunneva Dögg Friðriksdóttir	99 ÍRB	1:00.42	59.33	675EMU
	50m: 28.94 28.94	100m: 59.33 30.39			
4.	Kolbrún Jónsdóttir	95 KR	1:00.13	59.68	664
	50m: 28.62 28.62	100m: 59.68 31.06			
5.	Bryndís Bolladóttir	99 Óðinn	1:00.25	59.71	663
	50m: 28.68 28.68	100m: 59.71 31.03			
6.	Guðný Erna Bjarnadóttir	94 SH	1:01.13	1:00.89	625
	50m: 29.17 29.17	100m: 1:00.89 31.72			
7.	Harpa Ingþórsdóttir	00 SH	1:01.90	1:01.33	611
	50m: 29.90 29.90	100m: 1:01.33 31.43			
8.	Elín Ylfa Viðarsdóttir	99 Breiðablik	1:03.05	1:02.36	582
	50m: 29.80 29.80	100m: 1:02.36 32.56			

Sundgrein 19

karla, 100m skriðsund

Opinn
Úrslitalistar Úrslitsund

11.4.2015 - 18:04

Íslandsmet	49.97	Örn Arnason	SH	Monaco (MON)	5.6.2007
Aldursflokkamet 11 - 12	1:02.85	Brynjólfur Óli Karlsson	Breiðablik	Reykjanesbæ	14.12.2013
Aldursflokkamet 13 - 14	57.86	Kristinn Þórarinnsson	Fjölpir	Reykjavík	24.12.2010
Aldursflokkamet 15 - 17	53.82	Njáll Þrastarson	SH	Reykjavík	8.4.2011

Evrópuleikar 17 - 18: 53.34 / EYOF 15 - 16: 54.14 / HM B-lágmörk : 51.12 / NÆM 15 - 16: 54.68 / OQT : 48.99

Stig: FINA 2014

Sæti	F.ár		Undanrásir	Tími	Stig
Úrslitasund					
1.	Alexander Jóhannesson	92 KR	52.58	52.52	712
	50m: 25.43 25.43	100m: 52.52 27.09			
2.	Birkir Snær Helgason	94 Ægir	54.00	52.97	694
	50m: 25.87 25.87	100m: 52.97 27.10			
3.	Kristófer Sigurðsson	95 ÍRB	52.86	53.48	674
	50m: 25.56 25.56	100m: 53.48 27.92			
4.	Christian Olausson	96 NTG	54.00	53.74	665
	50m: 26.14 26.14	100m: 53.74 27.60			
5.	Ágúst Júlíusson	89 ÍA	54.80	53.98	656
	50m: 25.84 25.84	100m: 53.98 28.14			
6.	Hilmar Smári Jónsson	94 S.d. Fjölpir	54.09	54.14	650
	50m: 26.19 26.19	100m: 54.14 27.95			
7.	Predrag Milos	95 SH	53.92	55.15	615
	50m: 25.91 25.91	100m: 55.15 29.24			
8.	Bragi Snær Hallsson	97 NTG	54.51	55.19	614
	50m: 26.91 26.91	100m: 55.19 28.28			

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Sundgrein 20 kvenna, 50m bringusund Opinn
11.4.2015 - 18:07 Úrslitalistar Úrslitsund

Íslandsmet	31.21	Hrafnhildur Lúthersdóttir	SH	Berlin (GER)	23.8.2014
Aldursflokkamet 11 - 12	38.87	María Halldórsdóttir	ÍRB	Reykjavík	18.2.2005
Aldursflokkamet 13 - 14	34.66	Karen Mist Arnegeirsdóttir	ÍRB	Copenhagen (DEN)	12.7.2014
Aldursflokkamet 15 - 17	33.36	Hrafnhildur Lúthersdóttir	SH	Luxembourg (LUX)	27.4.2008

Evrópuleikar 15 - 16: 32.92 / HM B-lágmörk : 32.60

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Hrafnhildur Lúthersdóttir	91 SH	32.18	31.29 836HMB
2.	Karen Mist Arnegeirsdóttir	00 ÍRB	35.50	34.36 631
3.	Karen Sif Vilhjálmsdóttir	93 SH	35.91	35.06 594
4.	Kolbrún Jónsdóttir	95 KR	36.10	35.89 554
5.	Nanna Björk Barkardóttir	98 Óðinn	36.59	36.58 523
6.	Marta Buchanevic	01 Ægir	37.04	36.81 513
7.	Sunna Svanlaug Vilhjálmsdóttir	00 SH	37.56	37.21 497
8.	Natalia Cecylia Wojdat	98 SH	36.83	37.35 491

Sundgrein 21 karla, 50m bringusund Opinn
11.4.2015 - 18:18 Úrslitalistar Úrslitsund

Íslandsmet	28.03	Jakob Jóhann Sveinsson	Ægir	Róm (ITA)	28.7.2009
Aldursflokkamet 11 - 12	38.28	Hrafn Traustason	ÍA	Reykjavík	2.7.2004
Aldursflokkamet 13 - 14	33.61	Guðni Emilsson	ÍRB	Reykjavík	11.7.2003
Aldursflokkamet 15 - 17	29.44	Jón Oddur Sigurðsson	ÍRB	Malta (MLT)	7.7.2001

Evrópuleikar 17 - 18: 29.10 / HM B-lágmörk : 28.55

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Aron Örn Stefánsson	95 SH	31.00	30.15 692
2.	Viktor Máni Vilbergsson	92 SH	31.62	30.18 690
3.	Kristófer Sigurðsson	95 ÍRB	31.79	32.27 564
4.	Sævar Berg Sigurðsson	95 ÍA	32.74	32.43 556
5.	Huginn Hilmarsson	95 Afturelding	34.51	33.59 500
6.	Even Lylum Ringkjøb	96 NTG	33.76	33.76 493
MÆekki	Tryggvi Gylfason	93 KR	32.57	

Sundgrein 22 kvenna, 200m fjórsund Opinn
11.4.2015 - 18:20 Úrslitalistar Úrslitsund

Íslandsmet	2:14.87	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	12.4.2012
Aldursflokkamet 11 - 12	2:37.43	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ	15.12.2013
Aldursflokkamet 13 - 14	2:26.71	Eygló Ósk Gústafsdóttir	Ægir	Sarcelles (FRA)	14.3.2009
Aldursflokkamet 15 - 17	2:14.87	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	12.4.2012

Evrópuleikar 15 - 16: 2:24.70 / EYOF 13 - 14: 2:26.87 / HM B-lágmörk : 2:18.67 / NÆM 13 - 14: 2:28.34 / OQT : 2:14.26

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Hrafnhildur Lúthersdóttir	91 SH	2:19.04	2:16.64 786HMB
	50m: 29.78 29.78	100m: 1:06.74 36.96	150m: 1:43.96 37.22	200m: 2:16.64 32.68
2.	Eydís Ósk Kolbeinsdóttir	00 ÍRB	2:29.36	2:27.73 622
	50m: 31.30 31.30	100m: 1:09.84 38.54	150m: 1:53.30 43.46	200m: 2:27.73 34.43
3.	María Fanney Kristjánsdóttir	00 SH	2:33.91	2:32.43 566
	50m: 32.78 32.78	100m: 1:12.23 39.45	150m: 1:57.84 45.61	200m: 2:32.43 34.59
4.	Katarína Róbertsdóttir	00 SH	2:37.50	2:33.35 556
	50m: 32.38 32.38	100m: 1:11.73 39.35	150m: 1:57.80 46.07	200m: 2:33.35 35.55

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Sundgrein 22, kvenna, 200m fjórsund, Úrslitsund, Opinn

Sæti	F.ár						Undanrásir	Tími	Stig
5.	Nanna Björk Barkardóttir	98	Óðinn	2:36.98	2:34.92	539			
	50m: 32.85 32.85	100m: 1:14.73	41.88	150m: 1:59.14	44.41	200m: 2:34.92	35.78		
6.	Kristín Ása Sverrisdóttir	98	Óðinn	2:40.74	2:38.22	506			
	50m: 33.88 33.88	100m: 1:15.18	41.30	150m: 2:00.77	45.59	200m: 2:38.22	37.45		
7.	Sunna Svanlaug Vilhjálmisdóttir	00	SH	2:41.95	2:39.04	499			
	50m: 35.30 35.30	100m: 1:18.62	43.32	150m: 2:03.05	44.43	200m: 2:39.04	35.99		
8.	Svanfríður Steingrímsdóttir	99	ÍRB	2:40.69	2:39.16	497			
	50m: 35.17 35.17	100m: 1:17.26	42.09	150m: 2:01.51	44.25	200m: 2:39.16	37.65		

Sundgrein 23

karla, 200m fjórsund

Opinn

11.4.2015 - 18:33

Úrslitalistar Úrslitsund

Íslandsmet	2:05.94	Anton Sveinn McKee	Ægir	Luxembourg (LUX)	27.5.2013
Aldursflokkamet 11 - 12	2:34.02	Patrik Viggó Vilbergsson	Breiðablik	Debrecen (HUN)	13.12.2014
Aldursflokkamet 13 - 14	2:20.43	Kristinn Þórarinnsson	Fjölur	Darmstadt (GER)	10.7.2010
Aldursflokkamet 15 - 17	2:07.03	Örn Arnason	SH	Antwerpen (BEL)	30.7.1998

Evrópuleikar 17 - 18: 2:09.59 / EYOF 15 - 16: 2:11.53 / HM B-lágmörk : 2:04.19 / NÆM 15 - 16: 2:12.85 / OQT : 2:00.28

Stig: FINA 2014

Sæti	F.ár						Undanrásir	Tími	Stig
Úrslitasund									
1.	Kristinn Þórarinnsson	96	S.d. Fjölur	2:07.39	2:08.13	704			
	50m: 26.30 26.30	100m: 57.95	31.65	150m: 1:36.77	38.82	200m: 2:08.13	31.36		
2.	Baldvin Sigmarsson	97	ÍRB	2:22.47	2:15.10	600			
	50m: 29.00 29.00	100m: 1:04.50	35.50	150m: 1:43.68	39.18	200m: 2:15.10	31.42		
3.	Sveinbjörn Pálmi Karlsson	95	Breiðablik	2:27.09	2:17.09	575			
	50m: 28.45 28.45	100m: 1:05.81	37.36	150m: 1:46.12	40.31	200m: 2:17.09	30.97		
4.	Ingi Þór Ólafsson	99	ÍRB	2:26.55	2:24.50	491			
	50m: 30.46 30.46	100m: 1:06.99	36.53	150m: 1:51.28	44.29	200m: 2:24.50	33.22		
5.	Hólmsteinn Skorri Hallgrímsson	00	Ægir	2:28.26	2:24.53	490			
	50m: 30.40 30.40	100m: 1:07.72	37.32	150m: 1:52.91	45.19	200m: 2:24.53	31.62		
6.	Eiríkur Ingi Ólafsson	99	ÍRB	2:27.31	2:26.74	468			
	50m: 30.51 30.51	100m: 1:08.97	38.46	150m: 1:53.77	44.80	200m: 2:26.74	32.97		
ÓG.	Hallgrímur Kjartansson	98	STJARNAN	2:27.38					
	SW.7.6								

Sundgrein 24

kvenna, 1500m skriðsund

Opinn

11.4.2015 - 18:38

Úrslitalistar

Íslandsmet	17:17.61	Sigrún Brá Sverrisdóttir	Ægir	Columbia (USA)	23.7.2011
Aldursflokkamet 11 - 12	19:30.59	Stefanía Steinþórsdóttir	ÍRB	Reykjanesbæ	15.12.2013
Aldursflokkamet 13 - 14	17:48.38	Eydís Ósk Kolbeinsdóttir	ÍRB	Reykjavík	13.4.2014
Aldursflokkamet 15 - 17	17:37.37	Sunneva Dögg Friðriksdóttir	ÍRB	Reykjavík	13.4.2014

HM B-lágmörk : 17:08.39

Stig: FINA 2014

Sæti	F.ár						Undanrásir	Tími	Stig
1.	Eydís Ósk Kolbeinsdóttir	00	ÍRB	18:23.58	17:34.44	700ALD			
	50m: 31.07 31.07	450m: 5:08.42	35.03	850m: 9:50.89	35.79	1250m: 14:37.49	36.09		
	100m: 1:04.71 33.64	500m: 5:43.18	34.76	900m: 10:26.55	35.66	1300m: 15:13.14	35.65		
	150m: 1:39.18 34.47	550m: 6:18.22	35.04	950m: 11:02.47	35.92	1350m: 15:48.96	35.82		
	200m: 2:13.80 34.62	600m: 6:53.11	34.89	1000m: 11:38.22	35.75	1400m: 16:24.84	35.88		
	250m: 2:48.80 35.00	650m: 7:28.68	35.57	1050m: 12:14.09	35.87	1450m: 17:00.57	35.73		
	300m: 3:23.76 34.96	700m: 8:03.80	35.12	1100m: 12:49.65	35.56	1500m: 17:34.44	33.87		
	350m: 3:58.87 35.11	750m: 8:39.61	35.81	1150m: 13:25.62	35.97				
	400m: 4:33.39 34.52	800m: 9:15.10	35.49	1200m: 14:01.40	35.78				

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Sundgrein 24, kvenna, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
2.	Sunneva Dögg Friðriksdóttir			99	ÍRB			17:48.37	17:57.53	656		
	50m:	30.93	30.93	450m:	5:09.77	35.95	850m:	10:01.14	36.93	1250m:	14:54.59	37.41
	100m:	1:04.24	33.31	500m:	5:45.80	36.03	900m:	10:37.62	36.48	1300m:	15:31.68	37.09
	150m:	1:38.62	34.38	550m:	6:22.02	36.22	950m:	11:14.51	36.89	1350m:	16:08.46	36.78
	200m:	2:13.06	34.44	600m:	6:58.24	36.22	1000m:	11:50.74	36.23	1400m:	16:45.56	37.10
	250m:	2:48.40	35.34	650m:	7:34.83	36.59	1050m:	12:27.76	37.02	1450m:	17:22.60	37.04
	300m:	3:23.35	34.95	700m:	8:11.33	36.50	1100m:	13:04.28	36.52	1500m:	17:57.53	34.93
	350m:	3:58.51	35.16	750m:	8:47.88	36.55	1150m:	13:41.10	36.82			
	400m:	4:33.82	35.31	800m:	9:24.21	36.33	1200m:	14:17.18	36.08			
3.	Stefanía Sigurþórsdóttir			01	ÍRB			18:57.95	18:14.25	626		
	50m:	31.53	31.53	450m:	5:20.24	36.64	850m:	10:16.50	37.91	1250m:	15:13.91	36.46
	100m:	1:05.90	34.37	500m:	5:56.87	36.63	900m:	10:54.03	37.53	1300m:	15:50.44	36.53
	150m:	1:41.24	35.34	550m:	6:33.32	36.45	950m:	11:32.07	38.04	1350m:	16:27.10	36.66
	200m:	2:17.15	35.91	600m:	7:10.40	37.08	1000m:	12:09.37	37.30	1400m:	17:03.83	36.73
	250m:	2:53.57	36.42	650m:	7:47.40	37.00	1050m:	12:46.92	37.55	1450m:	17:39.64	35.81
	300m:	3:30.47	36.90	700m:	8:24.21	36.81	1100m:	13:23.79	36.87	1500m:	18:14.25	34.61
	350m:	4:07.02	36.55	750m:	9:01.37	37.16	1150m:	14:00.75	36.96			
	400m:	4:43.60	36.58	800m:	9:38.59	37.22	1200m:	14:37.45	36.70			
4.	Eyrún Agla Friðriksdóttir			99	SH			18:23.78	18:18.65	619		
	50m:	32.24	32.24	450m:	5:26.63	36.81	850m:	10:23.92	37.58	1250m:	15:16.77	36.18
	100m:	1:07.79	35.55	500m:	6:03.67	37.04	900m:	11:01.02	37.10	1300m:	15:53.31	36.54
	150m:	1:44.43	36.64	550m:	6:40.73	37.06	950m:	11:38.03	37.01	1350m:	16:29.93	36.62
	200m:	2:21.29	36.86	600m:	7:18.09	37.36	1000m:	12:14.33	36.30	1400m:	17:06.17	36.24
	250m:	2:58.28	36.99	650m:	7:55.28	37.19	1050m:	12:50.94	36.61	1450m:	17:42.94	36.77
	300m:	3:35.46	37.18	700m:	8:32.26	36.98	1100m:	13:27.62	36.68	1500m:	18:18.65	35.71
	350m:	4:12.70	37.24	750m:	9:09.08	36.82	1150m:	14:04.17	36.55			
	400m:	4:49.82	37.12	800m:	9:46.34	37.26	1200m:	14:40.59	36.42			
5.	Gunnhildur Björg Baldursdóttir			00	ÍRB			19:00.96	19:04.50	547		
	50m:	33.17	33.17	450m:	5:34.93	38.07	850m:	10:40.96	38.87	1250m:	15:49.74	39.61
	100m:	1:09.73	36.56	500m:	6:12.74	37.81	900m:	11:19.49	38.53	1300m:	16:28.57	38.83
	150m:	1:47.03	37.30	550m:	6:51.44	38.70	950m:	11:58.30	38.81	1350m:	17:07.82	39.25
	200m:	2:24.43	37.40	600m:	7:28.88	37.44	1000m:	12:36.17	37.87	1400m:	17:47.21	39.39
	250m:	3:02.39	37.96	650m:	8:07.26	38.38	1050m:	13:15.24	39.07	1450m:	18:26.40	39.19
	300m:	3:40.90	38.51	700m:	8:45.36	38.10	1100m:	13:53.82	38.58	1500m:	19:04.50	38.10
	350m:	4:18.65	37.75	750m:	9:23.59	38.23	1150m:	14:31.75	37.93			
	400m:	4:56.86	38.21	800m:	10:02.09	38.50	1200m:	15:10.13	38.38			
6.	Kolbrún Eva Pálmadóttir			02	ÍRB			20:14.34	19:16.95	530		
	50m:	33.72	33.72	450m:	5:37.35	38.43	850m:	10:50.58	38.81	1250m:	16:04.08	39.62
	100m:	1:10.54	36.82	500m:	6:15.94	38.59	900m:	11:29.96	39.38	1300m:	16:42.92	38.84
	150m:	1:47.98	37.44	550m:	6:55.10	39.16	950m:	12:09.16	39.20	1350m:	17:22.37	39.45
	200m:	2:25.68	37.70	600m:	7:34.08	38.98	1000m:	12:48.27	39.11	1400m:	18:01.28	38.91
	250m:	3:03.87	38.19	650m:	8:13.18	39.10	1050m:	13:26.56	38.29	1450m:	18:39.58	38.30
	300m:	3:42.02	38.15	700m:	8:52.57	39.39	1100m:	14:05.36	38.80	1500m:	19:16.95	37.37
	350m:	4:20.17	38.15	750m:	9:32.45	39.88	1150m:	14:44.93	39.57			
	400m:	4:58.92	38.75	800m:	10:11.77	39.32	1200m:	15:24.46	39.53			
7.	Kludia Malesa			01	ÍRB			20:03.53	19:37.91	502		
	50m:	34.60	34.60	450m:	5:44.41	39.77	850m:	11:01.55	39.78	1250m:	16:20.03	40.04
	100m:	1:12.09	37.49	500m:	6:23.35	38.94	900m:	11:41.26	39.71	1300m:	17:00.26	40.23
	150m:	1:51.30	39.21	550m:	7:03.16	39.81	950m:	12:20.99	39.73	1350m:	17:40.66	40.40
	200m:	2:29.44	38.14	600m:	7:42.99	39.83	1000m:	13:00.79	39.80	1400m:	18:20.32	39.66
	250m:	3:08.00	38.56	650m:	8:23.36	40.37	1050m:	13:40.36	39.57	1450m:	18:59.82	39.50
	300m:	3:46.84	38.84	700m:	9:02.46	39.10	1100m:	14:20.16	39.80	1500m:	19:37.91	38.09
	350m:	4:25.75	38.91	750m:	9:42.45	39.99	1150m:	15:00.27	40.11			
	400m:	5:04.64	38.89	800m:	10:21.77	39.32	1200m:	15:39.99	39.72			
8.	Jóhanna Matthea Jóhannesdóttir			01	ÍRB			19:43.12	20:03.51	471		
	50m:	34.60	34.60	450m:	5:48.62	40.46	850m:	11:09.84	40.74	1250m:	16:37.76	41.69
	100m:	1:11.96	37.36	500m:	6:29.10	40.48	900m:	11:50.90	41.06	1300m:	17:18.73	40.97
	150m:	1:51.19	39.23	550m:	7:08.76	39.66	950m:	12:32.43	41.53	1350m:	18:00.97	42.24
	200m:	2:30.67	39.48	600m:	7:48.73	39.97	1000m:	13:12.20	39.77	1400m:	18:41.30	40.33
	250m:	3:10.26	39.59	650m:	8:28.73	40.00	1050m:	13:52.58	40.38	1450m:	19:22.68	41.38
	300m:	3:49.30	39.04	700m:	9:09.72	40.99	1100m:	14:34.37	41.79	1500m:	20:03.51	40.83
	350m:	4:28.40	39.10	750m:	9:50.13	40.41	1150m:	15:14.76	40.39			
	400m:	5:08.16	39.76	800m:	10:29.10	38.97	1200m:	15:56.07	41.31			

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 25
11.4.2015 - 19:00

karla, 1500m skriðsund

Opinn
Úrslitalistar

Íslandsmet	15:27.08	Anton Sveinn McKee	Ægir	Reykjavík	13.4.2012
Aldursflokkamet 11 - 12	18:57.91	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	19.12.2014
Aldursflokkamet 13 - 14	17:11.27	Ólafur Sigurðsson	SH	Reykjavík	12.4.2013
Aldursflokkamet 15 - 17	16:14.96	Þröstur Bjarnason	ÍRB	Luxembourg (LUX)	7.2.2014

Evrópuleikar 17 - 18: 16:27.10 / EYOF 15 - 16: 16:41.90 / HM B-lágmörk : 15:45.97 / N/EM 15 - 16: 16:51.92 / OQT : 15:14.77

Stig: FINA 2014

Sæti			F.ár		Undanrásir				Tími	Stig		
1.	Christian Olausen		96	NTG	15:55.16				16:26.11	689		
	50m:	28.76	28.76	450m:	4:48.31	32.98	850m:	9:14.84	33.53	1250m:	13:41.13	33.66
	100m:	59.90	31.14	500m:	5:21.42	33.11	900m:	9:48.04	33.20	1300m:	14:14.52	33.39
	150m:	1:32.10	32.20	550m:	5:54.63	33.21	950m:	10:21.48	33.44	1350m:	14:47.71	33.19
	200m:	2:04.07	31.97	600m:	6:27.71	33.08	1000m:	10:54.63	33.15	1400m:	15:20.87	33.16
	250m:	2:36.54	32.47	650m:	7:00.85	33.14	1050m:	11:27.69	33.06	1450m:	15:53.84	32.97
	300m:	3:09.30	32.76	700m:	7:34.11	33.26	1100m:	12:01.23	33.54	1500m:	16:26.11	32.27
	350m:	3:42.17	32.87	750m:	8:07.79	33.68	1150m:	12:34.18	32.95			
	400m:	4:15.33	33.16	800m:	8:41.31	33.52	1200m:	13:07.47	33.29			
2.	Þröstur Bjarnason		97	ÍRB	16:38.41				16:32.66	675		
	50m:	28.38	28.38	450m:	4:50.18	33.77	850m:	9:19.43	32.69	1250m:	13:45.67	33.93
	100m:	59.69	31.31	500m:	5:24.39	34.21	900m:	9:52.66	33.23	1300m:	14:18.68	33.01
	150m:	1:31.57	31.88	550m:	5:58.11	33.72	950m:	10:25.40	32.74	1350m:	14:52.57	33.89
	200m:	2:03.95	32.38	600m:	6:31.39	33.28	1000m:	10:58.62	33.22	1400m:	15:26.56	33.99
	250m:	2:36.62	32.67	650m:	7:05.54	34.15	1050m:	11:31.41	32.79	1450m:	15:59.98	33.42
	300m:	3:09.30	32.68	700m:	7:40.16	34.62	1100m:	12:04.65	33.24	1500m:	16:32.66	32.68
	350m:	3:42.83	33.53	750m:	8:13.17	33.01	1150m:	12:37.79	33.14			
	400m:	4:16.41	33.58	800m:	8:46.74	33.57	1200m:	13:11.74	33.95			
3.	Ólafur Sigurðsson		99	SH	16:49.06				16:34.26	672		
	50m:	28.85	28.85	450m:	4:51.99	33.47	850m:	9:19.89	32.84	1250m:	13:49.28	33.71
	100m:	1:00.20	31.35	500m:	5:25.97	33.98	900m:	9:53.48	33.59	1300m:	14:23.21	33.93
	150m:	1:32.47	32.27	550m:	5:59.22	33.25	950m:	10:27.22	33.74	1350m:	14:56.02	32.81
	200m:	2:05.05	32.58	600m:	6:32.72	33.50	1000m:	11:00.85	33.63	1400m:	15:29.23	33.21
	250m:	2:37.77	32.72	650m:	7:06.08	33.36	1050m:	11:34.41	33.56	1450m:	16:02.62	33.39
	300m:	3:11.18	33.41	700m:	7:39.85	33.77	1100m:	12:08.23	33.82	1500m:	16:34.26	31.64
	350m:	3:44.90	33.72	750m:	8:13.19	33.34	1150m:	12:42.08	33.85			
	400m:	4:18.52	33.62	800m:	8:47.05	33.86	1200m:	13:15.57	33.49			
4.	Hafþór Jón Sigurðsson		97	SH	16:43.74				16:46.09	648		
	50m:	28.68	28.68	450m:	4:55.43	34.16	850m:	9:26.32	34.20	1250m:	13:57.27	34.07
	100m:	1:00.58	31.90	500m:	5:29.43	34.00	900m:	10:00.17	33.85	1300m:	14:31.40	34.13
	150m:	1:33.45	32.87	550m:	6:03.07	33.64	950m:	10:34.43	34.26	1350m:	15:05.48	34.08
	200m:	2:06.54	33.09	600m:	6:36.89	33.82	1000m:	11:08.34	33.91	1400m:	15:39.63	34.15
	250m:	2:40.08	33.54	650m:	7:10.64	33.75	1050m:	11:42.03	33.69	1450m:	16:13.25	33.62
	300m:	3:13.68	33.60	700m:	7:44.54	33.90	1100m:	12:15.65	33.62	1500m:	16:46.09	32.84
	350m:	3:47.42	33.74	750m:	8:18.19	33.65	1150m:	12:49.37	33.72			
	400m:	4:21.27	33.85	800m:	8:52.12	33.93	1200m:	13:23.20	33.83			
5.	Björgvin Theódór Hilmarsson		98	ÍRB	17:36.77				17:17.49	591		
	50m:	29.94	29.94	450m:	5:06.08	35.19	850m:	9:45.60	35.14	1250m:	14:26.55	35.24
	100m:	1:03.26	33.32	500m:	5:41.08	35.00	900m:	10:20.55	34.95	1300m:	15:00.96	34.41
	150m:	1:37.20	33.94	550m:	6:16.23	35.15	950m:	10:55.66	35.11	1350m:	15:35.69	34.73
	200m:	2:11.54	34.34	600m:	6:50.92	34.69	1000m:	11:30.85	35.19	1400m:	16:10.38	34.69
	250m:	2:46.10	34.56	650m:	7:25.92	35.00	1050m:	12:05.62	34.77	1450m:	16:44.66	34.28
	300m:	3:21.06	34.96	700m:	8:00.77	34.85	1100m:	12:40.92	35.30	1500m:	17:17.49	32.83
	350m:	3:56.04	34.98	750m:	8:35.56	34.79	1150m:	13:15.89	34.97			
	400m:	4:30.89	34.85	800m:	9:10.46	34.90	1200m:	13:51.31	35.42			
6.	Gunnar Bjarki Jónsson		98	Breiðablik	17:41.69				17:39.20	556		
	50m:	30.62	30.62	450m:	5:11.86	35.24	850m:	9:57.81	35.90	1250m:	14:43.58	35.49
	100m:	1:05.01	34.39	500m:	5:47.80	35.94	900m:	10:33.45	35.64	1300m:	15:19.28	35.70
	150m:	1:39.90	34.89	550m:	6:23.02	35.22	950m:	11:09.02	35.57	1350m:	15:54.79	35.51
	200m:	2:15.30	35.40	600m:	6:59.18	36.16	1000m:	11:45.36	36.34	1400m:	16:30.48	35.69
	250m:	2:50.36	35.06	650m:	7:34.50	35.32	1050m:	12:20.58	35.22	1450m:	17:05.40	34.92
	300m:	3:25.68	35.32	700m:	8:10.40	35.90	1100m:	12:56.95	36.37	1500m:	17:39.20	33.80
	350m:	4:00.93	35.25	750m:	8:46.07	35.67	1150m:	13:32.47	35.52			
	400m:	4:36.62	35.69	800m:	9:21.91	35.84	1200m:	14:08.09	35.62			

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
7.	Bjartur Þórhallsson			00	Afturelding			17:57.07	17:50.46	538		
	50m:	30.56	30.56	450m:	5:12.75	35.40	850m:	10:01.34	36.42	1250m:	14:51.11	36.09
	100m:	1:04.47	33.91	500m:	5:48.94	36.19	900m:	10:37.96	36.62	1300m:	15:27.50	36.39
	150m:	1:39.44	34.97	550m:	6:24.95	36.01	950m:	11:14.31	36.35	1350m:	16:03.97	36.47
	200m:	2:14.89	35.45	600m:	7:00.87	35.92	1000m:	11:50.06	35.75	1400m:	16:40.37	36.40
	250m:	2:50.71	35.82	650m:	7:37.00	36.13	1050m:	12:26.04	35.98	1450m:	17:15.97	35.60
	300m:	3:26.44	35.73	700m:	8:13.02	36.02	1100m:	13:02.48	36.44	1500m:	17:50.46	34.49
	350m:	4:01.85	35.41	750m:	8:48.99	35.97	1150m:	13:38.52	36.04			
	400m:	4:37.35	35.50	800m:	9:24.92	35.93	1200m:	14:15.02	36.50			
8.	Hilmir Örn Ólafsson			01	Ægir			18:03.47	18:12.83	506		
	50m:	33.06	33.06	450m:	5:29.99	37.16	850m:	10:22.58	36.50	1250m:	15:14.83	36.26
	100m:	1:09.78	36.72	500m:	6:07.69	37.70	900m:	10:58.25	35.67	1300m:	15:50.84	36.01
	150m:	1:46.91	37.13	550m:	6:44.62	36.93	950m:	11:35.56	37.31	1350m:	16:27.09	36.25
	200m:	2:24.18	37.27	600m:	7:20.88	36.26	1000m:	12:11.78	36.22	1400m:	17:02.70	35.61
	250m:	3:01.30	37.12	650m:	7:57.54	36.66	1050m:	12:48.45	36.67	1450m:	17:38.71	36.01
	300m:	3:38.19	36.89	700m:	8:34.07	36.53	1100m:	13:25.11	36.66	1500m:	18:12.83	34.12
	350m:	4:16.10	37.91	750m:	9:10.17	36.10	1150m:	14:01.93	36.82			
	400m:	4:52.83	36.73	800m:	9:46.08	35.91	1200m:	14:38.57	36.64			
9.	Patrik Viggó Vilbergsson			02	Breiðablik			18:48.08	18:30.59	482		
	50m:	32.36	32.36	450m:	5:29.58	37.82	850m:	10:25.83	37.21	1250m:	15:27.18	37.88
	100m:	1:08.19	35.83	500m:	6:07.37	37.79	900m:	11:03.14	37.31	1300m:	16:04.61	37.43
	150m:	1:45.07	36.88	550m:	6:43.94	36.57	950m:	11:40.97	37.83	1350m:	16:42.67	38.06
	200m:	2:21.74	36.67	600m:	7:20.75	36.81	1000m:	12:18.66	37.69	1400m:	17:19.80	37.13
	250m:	2:59.01	37.27	650m:	7:57.62	36.87	1050m:	12:56.54	37.88	1450m:	17:56.65	36.85
	300m:	3:36.49	37.48	700m:	8:34.06	36.44	1100m:	13:34.13	37.59	1500m:	18:30.59	33.94
	350m:	4:14.46	37.97	750m:	9:11.09	37.03	1150m:	14:11.92	37.79			
	400m:	4:51.76	37.30	800m:	9:48.62	37.53	1200m:	14:49.30	37.38			
10.	Kristján Gylfi Þórisson			00	S.d. Fjölnis			18:50.61	18:30.73	482		
	50m:	33.94	33.94	450m:	5:32.48	37.70	850m:	10:31.44	37.08	1250m:	15:29.90	37.60
	100m:	1:11.03	37.09	500m:	6:10.81	38.33	900m:	11:08.86	37.42	1300m:	16:07.00	37.10
	150m:	1:48.25	37.22	550m:	6:48.41	37.60	950m:	11:46.48	37.62	1350m:	16:44.50	37.50
	200m:	2:25.42	37.17	600m:	7:25.65	37.24	1000m:	12:23.18	36.70	1400m:	17:21.46	36.96
	250m:	3:03.03	37.61	650m:	8:02.76	37.11	1050m:	12:59.99	36.81	1450m:	17:58.92	37.46
	300m:	3:40.04	37.01	700m:	8:39.91	37.15	1100m:	13:37.06	37.07	1500m:	18:30.73	31.81
	350m:	4:17.19	37.15	750m:	9:17.73	37.82	1150m:	14:14.42	37.36			
	400m:	4:54.78	37.59	800m:	9:54.36	36.63	1200m:	14:52.30	37.88			

Sundgrein 26
11.4.2015 - 19:28

kvenna, 4 x 100m fjörsund

Opinn
Úrslitalistar

Íslandsmet	4:16.18	Sundfélag Hafnarfjarðar	SH	Reykjavík	12.4.2014
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Stig: FINA 2014

Sæti				Undanrásir	Tími	Stig
1.	SH 1			SH	NT	4:25.74 665
	Ingbjörg Kristín Jónsdóttir	+0,60	31.27	1:05.51	Harpa Ingbórsdóttir	+0,31 31.69 1:09.52
	Hrafnhildur Lúthersdóttir	+0,23	32.25	1:09.42	Karen Sif Vilhjálmsdóttir	+0,19 28.37 1:01.29
2.	ÍRB 1			ÍRB	NT	4:34.35 605
	Erla Sigurjónsdóttir	+0,78	34.07	1:10.90	Sylwia Sienkiewicz	+0,22 30.37 1:06.95
	Karen Mist Arneirsdóttir	+0,21	34.62	1:16.21	Sunneva Dögg Friðriksdóttir	+0,26 29.18 1:00.29
3.	Óðinn 1			Óðinn	NT	4:37.12 587
	Bryndís Rún Hansen	+0,69	33.58	1:07.84	Elín Kata Sigurgeirsdóttir	+0,58 31.34 1:07.72
	Nanna Björk Barkadóttir	+0,64	36.89	1:21.12	Bryndís Bolladóttir	+0,37 28.47 1:00.44
4.	SH 2			SH	NT	4:43.74 546
	Katarína Róbertsdóttir	+0,83	35.40	1:13.73	Bára Kristín Björgvinsdóttir	+0,29 31.53 1:08.44
	Sunna Svanlaug Vilhjálmsdóttir	+0,53	37.76	1:20.50	Guðný Erna Bjarnadóttir	+0,15 28.75 1:01.07
5.	Breiðablik 1			Breiðablik	NT	4:50.21 511
	Gunnlaug Margrét Ólafsdóttir	+0,77	34.95	1:12.44	Sunneva Jóhannsdóttir	+0,29 32.06 1:09.60
	Athena Neve Leex	+0,38	38.14	1:24.94	Elín Ylfa Viðarsdóttir	+0,70 29.95 1:03.23

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 26, kvenna, 4 x 100m fjórsund, Opinn

Sæti					Undanrásir	Tími	Stig
6.	ÍRB 2			ÍRB	NT	4:55.74	483
	Aníka Mjöll Júlíusdóttir	+0,69	35.88	1:14.39	Diljá Rún Ívarsdóttir	+0,77	33.46 1:13.53
	Rakel Ýr Ottósdóttir	+0,27	38.61	1:22.39	Bjarndís Sól Helenudóttir	+0,16	30.26 1:05.43
7.	ÍA 1			ÍA	NT	5:10.64	416
	Una Lára Lárusdóttir	+0,63	36.18	1:15.95	Brynhildur Traustadóttir	+0,27	34.73 1:16.91
	Sólrun Sigþórsdóttir	+0,16	41.90	1:28.21	Droplaug María Hafliðadóttir	+0,28	32.73 1:09.57
8.	ÍRB 3			ÍRB	NT	5:16.88	392
	Erna Guðrún Jónsdóttir	+0,77	39.70	1:21.15	Guðrún Eir Jónsdóttir	+0,22	33.80 1:16.33
	Steinunn Rúna Ragnarsdóttir	+0,44	40.36	1:27.70	Jóna Halla Egilsdóttir	+0,19	33.26 1:11.70

Sundgrein 27
11.4.2015 - 19:34

karla, 4 x 100m fjórsund

Opinn
Úrslitalistar

Íslandsmet	3:55.08	Sundfélag Hafnarfjarðar	SH	Reykjavík	13.4.2014
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Stig: FINA 2014

Sæti					Undanrásir	Tími	Stig
1.	SH 1			SH	NT	3:57.56	664
	Kolbeinn Hrafnkelsson	+0,54	29.47	59.06	Predrag Milos	+0,26	26.58 59.48
	Viktor Máni Vilbergsson	+0,11	30.02	1:05.50	Aron Örn Stefánsson	+0,34	25.19 53.52
2.	NTG 1			NTG	NT	4:12.34	554
	Bragi Snær Hallsson	+0,69	30.14	1:01.36	Mathias Rasmussen	+0,42	28.91 1:01.89
	Even Lynum Ringkjøb	+0,32	34.31	1:14.75	Christian Olausen	+0,39	26.17 54.34
3.	Breiðablik 1			Breiðablik	NT	4:12.54	552
	Brynjólfur Óli Karlsson	+0,55	30.12	1:02.75	Sveinbjörn Pálmi Karlsson	+0,23	27.24 59.16
	Óskar Gauti Lund	+0,30	34.69	1:14.96	Daníel Már Kristinsson	+0,06	26.16 55.67
4.	ÍA 1			ÍA	NT	4:15.02	536
	Patrekur Björgvinsson	+0,73	32.96	1:09.82	Ágúst Júlíusson	+0,32	25.68 56.57
	Sævar Berg Sigurðsson	+0,33	33.07	1:10.59	Atli Vikar Ingimundarson	+0,43	27.24 58.04
5.	ÍRB 1			ÍRB	NT	4:17.31	522
	Ingi Þór Ólafsson	+0,74	34.05	1:09.98	Þröstur Bjarnason	+0,17	28.96 1:02.75
	Baldvin Sigmarsson	+0,27	31.71	1:09.86	Kristófer Sigurðsson	+0,35	26.14 54.72
6.	SH 2			SH	NT	4:19.37	510
	Hafþór Jón Sigurðsson	+0,62	32.57	1:07.47	Ólafur Sigurðsson	+0,29	28.51 1:01.46
	Arnór Stefánsson	+0,41	33.47	1:12.98	Sveinn Ólafur Lúðvíksson	+0,17	26.75 57.46

IM50 2015
Reykjavík, 10. - 12.4.2015

5 - 5. hluti - undanrásir

12.4.2015 - 10:00

Sundgrein 28 12.4.2015 - 10:00	kvenna, 400m fjórsund					Opinn Úrslitalistar
Íslandsmet	4:53.24	Jóhanna Gerða Gústafsdóttir	Ægir	Reykjavík		12.4.2014
Aldursflokkamet 11 - 12	5:32.92	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ		15.12.2013
Aldursflokkamet 13 - 14	5:04.19	Ólöf Edda Eðvarðsdóttir	ÍRB	Reykjavík		8.4.2011
Aldursflokkamet 15 - 17	5:02.33	Ólöf Edda Eðvarðsdóttir	ÍRB	Hafnarfjörður		15.6.2013

Evrópuleikar 15 - 16: 5:07.26 / EYOF 13 - 14: 5:11.87 / HM B-lágmörk : 4:54.46 / NÆM 13 - 14: 5:14.99 / OQT : 4:43.46

Stig: FINA 2014

Sæti	F.ár			Undanrásir	Tími	Stig
1. Eydís Ósk Kolbeinsdóttir	00	ÍRB		5:11.17	5:10.59	645
50m: 32.84 32.84	150m: 1:51.85 40.75	250m: 3:15.36 44.40	350m: 4:36.32 35.93			
100m: 1:11.10 38.26	200m: 2:30.96 39.11	300m: 4:00.39 45.03	400m: 5:10.59 34.27			
2. Íris Ósk Hilmarsdóttir	98	ÍRB		5:12.70	5:19.01	595
50m: 33.20 33.20	150m: 1:53.83 41.08	250m: 3:20.68 47.75	350m: 4:44.11 36.23			
100m: 1:12.75 39.55	200m: 2:32.93 39.10	300m: 4:07.88 47.20	400m: 5:19.01 34.90			
3. Sylwia Sienkiewicz	99	ÍRB		5:13.88	5:20.60	586
50m: 34.02 34.02	150m: 1:56.95 42.78	250m: 3:23.88 45.73	350m: 4:45.94 35.40			
100m: 1:14.17 40.15	200m: 2:38.15 41.20	300m: 4:10.54 46.66	400m: 5:20.60 34.66			
4. María Fanney Kristjánsdóttir	00	SH		5:27.37	5:22.03	579
50m: 34.48 34.48	150m: 1:56.92 42.44	250m: 3:24.10 46.50	350m: 4:46.79 36.23			
100m: 1:14.48 40.00	200m: 2:37.60 40.68	300m: 4:10.56 46.46	400m: 5:22.03 35.24			
5. Kristín Ása Sverrisdóttir	98	Óðinn		5:38.88	5:37.22	504
50m: 35.92 35.92	150m: 2:03.69 44.62	250m: 3:32.72 46.35	350m: 4:59.15 40.02			
100m: 1:19.07 43.15	200m: 2:46.37 42.68	300m: 4:19.13 46.41	400m: 5:37.22 38.07			
6. Diljá Rún Ívarsdóttir	02	ÍRB		5:37.96	5:38.11	500
50m: 35.07 35.07	150m: 2:01.69 44.93	250m: 3:33.22 47.58	350m: 5:00.77 39.96			
100m: 1:16.76 41.69	200m: 2:45.64 43.95	300m: 4:20.81 47.59	400m: 5:38.11 37.34			
7. Líf Þrastardóttir	00	Breiðablik		5:40.06	5:40.90	488
50m: 34.41 34.41	150m: 2:00.10 44.14	250m: 3:34.08 50.03	350m: 5:03.53 39.09			
100m: 1:15.96 41.55	200m: 2:44.05 43.95	300m: 4:24.44 50.36	400m: 5:40.90 37.37			
8. Kolbrún Eva Pálmadóttir	02	ÍRB		5:45.54	5:47.34	461
50m: 37.12 37.12	150m: 2:07.72 46.80	250m: 3:42.11 47.92	350m: 5:10.05 39.74			
100m: 1:20.92 43.80	200m: 2:54.19 46.47	300m: 4:30.31 48.20	400m: 5:47.34 37.29			
9. Erna Guðrún Jónsdóttir	01	ÍRB		5:47.73	5:53.65	437
50m: 38.49 38.49	150m: 2:10.78 45.98	250m: 3:45.97 52.30	350m: 5:15.47 38.18			
100m: 1:24.80 46.31	200m: 2:53.67 42.89	300m: 4:37.29 51.32	400m: 5:53.65 38.18			
10. Aníta Hrafnadóttir	94	Breiðablik		5:54.11	5:54.50	434
50m: 38.93 38.93	150m: 2:09.98 46.47	250m: 3:45.85 50.64	350m: 5:15.37 39.61			
100m: 1:23.51 44.58	200m: 2:55.21 45.23	300m: 4:35.76 49.91	400m: 5:54.50 39.13			
11. Valgerður Jónsdóttir	98	Ármann		5:51.15	6:01.70	408
50m: 37.47 37.47	150m: 2:09.33 48.11	250m: 3:47.85 52.34	350m: 5:21.26 41.80			
100m: 1:21.22 43.75	200m: 2:55.51 46.18	300m: 4:39.46 51.61	400m: 6:01.70 40.44			

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 29
12.4.2015 - 10:07

karla, 400m fjórsund

Opinn
Úrslitalistar

Íslandsmet	4:23.64	Anton Sveinn McKee	Ægir	Reykjavík	15.4.2012
Aldursflokkamet 11 - 12	5:39.19	Viktor Forafonov	Asker	Copenhagen (DEN)	26.6.2014
Aldursflokkamet 13 - 14	4:56.48	Ólafur Sigurðsson	SH	Reykjavík	14.6.2013
Aldursflokkamet 15 - 17	4:40.61	Örn Arnason	SH	Reykjavík	7.6.1998

Evrópuleikar 17 - 18: 4:39.95 / EYOF 15 - 16: 4:44.15 / HM B-lágmörk : 4:28.28 / NÆM 15 - 16: 4:46.99 / OQT : 4:16.71

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig					
1. Baldvin Sigmarsson	97	ÍRB	4:47.88	4:44.78	627	50m: 29.37 29.37	150m: 1:40.42 37.38	250m: 2:57.23 39.48	350m: 4:11.81 33.74	100m: 1:03.04 33.67	200m: 2:17.75 37.33	300m: 3:38.07 40.84	400m: 4:44.78 32.97
2. Sveinbjörn Pálmi Karlsson	95	Breiðablik	4:57.84	4:51.41	585	50m: 28.82 28.82	150m: 1:41.55 39.50	250m: 3:01.57 41.66	350m: 4:17.26 33.86	100m: 1:02.05 33.23	200m: 2:19.91 38.36	300m: 3:43.40 41.83	400m: 4:51.41 34.15
3. Þröstur Bjarnason	97	ÍRB	4:50.29	4:57.81	548	50m: 29.87 29.87	150m: 1:44.20 39.27	250m: 3:05.33 43.24	350m: 4:23.95 34.21	100m: 1:04.93 35.06	200m: 2:22.09 37.89	300m: 3:49.74 44.41	400m: 4:57.81 33.86
4. Brynjólfur Óli Karlsson	01	Breiðablik	5:04.47	5:00.92	532	50m: 30.31 30.31	150m: 1:42.32 36.79	250m: 3:05.51 46.37	350m: 4:28.07 35.02	100m: 1:05.53 35.22	200m: 2:19.14 36.82	300m: 3:53.05 47.54	400m: 5:00.92 32.85
5. Ingi Þór Ólafsson	99	ÍRB	5:05.47	5:10.01	486	50m: 32.70 32.70	150m: 1:51.26 40.67	250m: 3:17.23 46.11	350m: 4:36.67 33.17	100m: 1:10.59 37.89	200m: 2:31.12 39.86	300m: 4:03.50 46.27	400m: 5:10.01 33.34
6. Eiríkur Ingi Ólafsson	99	ÍRB	5:13.95	5:12.96	472	50m: 32.25 32.25	150m: 1:51.80 40.76	250m: 3:16.77 45.38	350m: 4:37.95 36.14	100m: 1:11.04 38.79	200m: 2:31.39 39.59	300m: 4:01.81 45.04	400m: 5:12.96 35.01
7. Huginn Hilmarsson	95	Afturelding	4:57.12	5:13.09	472	50m: 34.51 34.51	150m: 1:57.64 39.79	250m: 3:19.71 42.99	350m: 4:40.56 35.73	100m: 1:17.85 43.34	200m: 2:36.72 39.08	300m: 4:04.83 45.12	400m: 5:13.09 32.53
8. Even Lynum Ringkjøb	96	NTG	4:53.79	5:14.34	466	50m: 31.88 31.88	150m: 1:52.13 44.37	250m: 3:18.66 43.37	350m: 4:40.39 36.94	100m: 1:07.76 35.88	200m: 2:35.29 43.16	300m: 4:03.45 44.79	400m: 5:14.34 33.95
9. Hallgrímur Kjartansson	98	STJARNAN	5:15.97	5:14.55	465	50m: 31.96 31.96	150m: 1:53.05 41.91	250m: 3:17.94 43.86	350m: 4:39.86 36.35	100m: 1:11.14 39.18	200m: 2:34.08 41.03	300m: 4:03.51 45.57	400m: 5:14.55 34.69
10. Hilmir Örn Ólafsson	01	Ægir	5:16.27	5:20.79	439	50m: 33.99 33.99	150m: 1:55.33 41.89	250m: 3:22.08 45.85	350m: 4:45.01 36.30	100m: 1:13.44 39.45	200m: 2:36.23 40.90	300m: 4:08.71 46.63	400m: 5:20.79 35.78

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 30
12.4.2015 - 10:13

kvenna, 50m flugsund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	27.32	Sarah Blake Bateman	Ægir	Reykjavík	15.4.2012
Aldursflokkamet 11 - 12	32.77	Rannveig Rögn Leifsdóttir	KR	Reykjavík	13.2.2009
Aldursflokkamet 13 - 14	29.39	Bryndís Bolladóttir	Óðinn	Reykjavík	8.2.2013
Aldursflokkamet 15 - 17	27.84	Bryndís Rún Hansen	Óðinn	Prag (CZE)	12.7.2009

IM50 : 33.54 / Evrópuleikar 15 - 16: 27.73 / HM B-lágmörk : 27.47

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93	Óðinn	NT	27.03 797A ÍSLHMB
2. Ingibjörg Kristín Jónsdóttir	93	SH	28.12	28.40 687A
3. Eygló Ósk Gústafsdóttir	95	Ægir	29.07	29.46 616A
4. Bryndís Bolladóttir	99	Óðinn	30.24	29.57 609A
5. Elín Kata Sigurgeirsdóttir	99	Óðinn	31.11	30.75 541A
6. Erla Sigurjónsdóttir	95	ÍRB	31.03	30.76 541A
7. Athena Neve Leex	97	Breiðablik	30.39	30.82 538A
8. Berglind Bjarnadóttir	01	S.d. Fjölnis	31.68	31.26 515A
9. Ásdís Birta Guðnadóttir	96	SH	31.45	31.36 510R
10. Nanna Björk Barkardóttir	98	Óðinn	31.35	31.37 510R
11. Katarína Róbertsdóttir	00	SH	32.18	31.69 495
12. Guðný Erna Bjarnadóttir	94	SH	32.66	31.80 489
13. Marta Buchanevic	01	Ægir	31.24	31.85 487
14. Sylwia Sienkiewicz	99	ÍRB	31.27	31.92 484
15. Ragnheiður Karlsdóttir	99	Breiðablik	31.65	32.02 479
16. Ásta Kristín Jónsdóttir	00	Ármann	32.70	32.05 478
17. Gunnhildur Björg Baldursdóttir	00	ÍRB	32.25	32.28 468
18. Brynhildur Traustadóttir	01	ÍA	32.51	32.46 460
19. Jóhanna Elín Guðmundsdóttir	01	SH	32.55	32.48 459
Sandra Ósk Elíasdóttir	99	ÍRB	32.51	32.48 459
21. Una Lára Lárusdóttir	99	ÍA	32.09	32.88 443
22. Natalia Cecylia Wojdat	98	SH	33.52	33.09 434
23. Guðrún Eir Jónsdóttir	98	ÍRB	32.44	33.10 434
24. Embla Sólrún Einarsdóttir	99	Óðinn	33.48	33.40 422
25. Aníka Mjöll Júlíusdóttir	01	ÍRB	31.56	33.88 405

Sundgrein 31
12.4.2015 - 10:18

karla, 50m flugsund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	24.02	Örn Arnason	SH	Melbourne (AUS)	26.3.2007
Aldursflokkamet 11 - 12	33.10	Viktor Forafonov	Asker	Kristiansand (NOR)	8.6.2014
Aldursflokkamet 13 - 14	28.16	Kristinn Þórarinnsson	Fjölnir	Darmstadt (GER)	10.7.2010
Aldursflokkamet 15 - 17	25.24	Hjörtur Már Reynisson	Ægir	Valetta (MLT)	8.7.2001

IM50 : 29.95 / Evrópuleikar 17 - 18: 24.82 / HM B-lágmörk : 24.35

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Ágúst Júlíusson	89	ÍA	26.22	25.63 670A
2. Daniel Hannes Pálsson	95	S.d. Fjölnis	25.73	26.07 636A
3. Aron Örn Stefánsson	95	SH	26.89	26.21 626A
4. Bragi Snær Hallsson	97	NTG	26.11	26.31 619A
5. Predrag Milos	95	SH	26.55	26.76 588A
6. Birkir Snær Helgason	94	Ægir	27.82	27.23 558A
7. Baldvin Sigmarsson	97	ÍRB	27.70	28.15 505A
8. Daniel Andri Þórhallsson	98	Ægir	28.95	28.72 476A
9. Davíð Fannar Ragnarsson	98	Afturelding	28.35	28.73 475R
10. Atli Vikar Ingimundarson	97	ÍA	28.48	29.08 458R
11. Eiríkur Ingi Ólafsson	99	ÍRB	29.42	30.13 412
12. Bjartur Þórhallsson	00	Afturelding	29.00	30.60 393

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 32
12.4.2015 - 10:20

kvenna, 200m skriðsund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	2:02.44	Eygló Ósk Gústafsdóttir	Ægir	Luxembourg (LUX)	30.5.2013
Aldursflokkamet 11 - 12	2:19.48	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ	14.12.2013
Aldursflokkamet 13 - 14	2:09.35	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	22.3.2009
Aldursflokkamet 15 - 17	2:03.08	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	13.4.2012

IM50 : 2:28.43 / Evrópuleikar 15 - 16: 2:08.44 / EYOF 13 - 14: 2:10.37 / HM B-lágmörk : 2:03.09 / NÆM 13 - 14: 2:11.67 /

OQT : 1:58.96

Stig: FINA 2014

Sæti				F.ár				Undanrásir	Tími	Stig
1.	Inga Elin Cryer			93	Ægir			2:06.66	2:05.53	729A
	50m: 29.04	29.04	100m: 1:00.64	31.60	150m: 1:33.11	32.47	200m: 2:05.53	32.42		
2.	Sunneva Dögg Friðriksdóttir			99	ÍRB			2:07.92	2:07.85	690A EMU
	50m: 29.88	29.88	100m: 1:01.67	31.79	150m: 1:34.69	33.02	200m: 2:07.85	33.16		
3.	Harpa Ingþórsdóttir			00	SH			2:11.38	2:11.69	631A
	50m: 30.75	30.75	100m: 1:04.22	33.47	150m: 1:38.87	34.65	200m: 2:11.69	32.82		
4.	Bryndís Rún Hansen			93	Óðinn			NT	2:11.75	630A
	50m: 29.91	29.91	100m: 1:03.30	33.39	150m: 1:37.93	34.63	200m: 2:11.75	33.82		
5.	Bára Kristín Björgvinsdóttir			95	SH			2:12.13	2:12.88	614A
	50m: 31.34	31.34	100m: 1:04.83	33.49	150m: 1:38.99	34.16	200m: 2:12.88	33.89		
6.	Bryndís Bolladóttir			99	Óðinn			2:12.16	2:13.38	607A
	50m: 31.26	31.26	100m: 1:05.53	34.27	150m: 1:40.24	34.71	200m: 2:13.38	33.14		
7.	Eydís Ósk Kolbeinsdóttir			00	ÍRB			2:11.50	2:13.77	602A
	50m: 30.30	30.30	100m: 1:03.86	33.56	150m: 1:38.54	34.68	200m: 2:13.77	35.23		
8.	Ragnheiður Karlsdóttir			99	Breiðablik			2:15.89	2:14.22	596A
	50m: 30.73	30.73	100m: 1:04.40	33.67	150m: 1:39.39	34.99	200m: 2:14.22	34.83		
9.	Telma Brá Gunnarsdóttir			00	Ægir			2:22.22	2:20.04	525R
	50m: 31.79	31.79	100m: 1:07.02	35.23	150m: 1:43.50	36.48	200m: 2:20.04	36.54		
10.	Birta María Falsdóttir			98	ÍRB			2:18.13	2:20.47	520R
	50m: 32.13	32.13	100m: 1:07.45	35.32	150m: 1:44.09	36.64	200m: 2:20.47	36.38		
11.	Elín Kata Sigurgeirsdóttir			99	Óðinn			2:20.49	2:21.38	510
	50m: 33.60	33.60	100m: 1:09.52	35.92	150m: 1:46.29	36.77	200m: 2:21.38	35.09		
12.	Ragna Sigríður Ragnarsdóttir			01	Ármann			2:22.66	2:22.27	500
	50m: 33.57	33.57	100m: 1:11.01	37.44	150m: 1:47.68	36.67	200m: 2:22.27	34.59		
13.	Sólrún Sigþórsdóttir			97	ÍA			2:17.14	2:22.47	498
	50m: 32.79	32.79	100m: 1:09.00	36.21	150m: 1:46.17	37.17	200m: 2:22.47	36.30		
14.	Guðný Birna Sigurðardóttir			99	Vestri			2:16.07	2:24.58	477
	50m: 31.45	31.45	100m: 1:07.92	36.47	150m: 1:47.00	39.08	200m: 2:24.58	37.58		
15.	Bjarnís Sól Helenudóttir			00	ÍRB			2:21.18	2:24.62	476
	50m: 32.31	32.31	100m: 1:08.98	36.67	150m: 1:47.25	38.27	200m: 2:24.62	37.37		
16.	Klaudia Malesa			01	ÍRB			2:24.53	2:24.95	473
	50m: 32.44	32.44	100m: 1:08.93	36.49	150m: 1:47.61	38.68	200m: 2:24.95	37.34		
17.	Sunneva Jóhannsdóttir			94	Breiðablik			2:25.46	2:25.70	466
	50m: 32.88	32.88	100m: 1:09.54	36.66	150m: 1:48.20	38.66	200m: 2:25.70	37.50		
18.	Hildur Elísabet Hálfðanardóttir			98	SH			2:28.37	2:27.08	453
	50m: 34.28	34.28	100m: 1:11.64	37.36	150m: 1:49.64	38.00	200m: 2:27.08	37.44		
19.	Ingibjörg Erla Garðarsdóttir			00	Ægir			2:28.08	2:28.08	444
	50m: 32.81	32.81	100m: 1:09.70	36.89	150m: 1:49.64	39.94	200m: 2:28.08	38.44		
20.	Aníta Hrafnisdóttir			94	Breiðablik			2:27.72	2:31.42	415
	50m: 34.20	34.20	100m: 1:12.36	38.16	150m: 1:52.32	39.96	200m: 2:31.42	39.10		

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 33
12.4.2015 - 10:30

karla, 200m skriðsund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	1:49.78	Örn Arnason	SH	Sydney (AUS)	19.9.2000
Aldursflokkamet 11 - 12	2:20.61	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	12.12.2014
Aldursflokkamet 13 - 14	2:05.35	Ólafur Sigurðsson	SH	Reykjavík	14.4.2013
Aldursflokkamet 15 - 17	1:50.63	Örn Arnasson	SH	Antwerpen (BEL)	2.8.1998

IM50 : 2:15.53 / Evrópuleikar 17 - 18: 1:57.04 / EYOF 15 - 16: 1:58.80 / HM B-lágmörk : 1:52.16 / NÆM 15 - 16: 1:59.98 /

OQT : 1:47.97

Stig: FINA 2014

Sæti	F.ár			Undanrásir		Tími	Stig
1. Christian Olausen	96	NTG		1:52.13	1:57.57	652A	
50m: 27.29 27.29	100m: 57.00 29.71	150m: 1:27.53 30.53	200m: 1:57.57 30.04				
2. Birkir Snær Helgason	94	Ægir		2:00.26	1:58.36	640A	
50m: 27.26 27.26	100m: 57.08 29.82	150m: 1:28.31 31.23	200m: 1:58.36 30.05				
3. Kristófer Sigurðsson	95	ÍRB		1:54.54	1:58.68	634A	
50m: 28.12 28.12	100m: 58.86 30.74	150m: 1:29.38 30.52	200m: 1:58.68 29.30				
4. Bragi Snær Hallsson	97	NTG		1:58.31	1:58.82	632A	
50m: 28.45 28.45	100m: 59.04 30.59	150m: 1:29.55 30.51	200m: 1:58.82 29.27				
5. Daniel Hannes Pálsson	95	S.d. Fjölnis		1:56.01	1:59.50	621A	
50m: 28.09 28.09	100m: 58.99 30.90	150m: 1:30.01 31.02	200m: 1:59.50 29.49				
6. Ólafur Sigurðsson	99	SH		1:59.67	1:59.63	619A NÆM	
50m: 28.05 28.05	100m: 58.29 30.24	150m: 1:29.34 31.05	200m: 1:59.63 30.29				
7. Hilmar Smári Jónsson	94	S.d. Fjölnis		1:59.14	2:01.10	597A	
50m: 27.45 27.45	100m: 57.90 30.45	150m: 1:29.15 31.25	200m: 2:01.10 31.95				
8. Hafþór Jón Sigurðsson	97	SH		2:02.71	2:02.48	577A	
50m: 27.98 27.98	100m: 58.93 30.95	150m: 1:30.79 31.86	200m: 2:02.48 31.69				
9. Mathias Rasmussen	97	NTG		1:57.13	2:02.87	572R	
50m: 28.68 28.68	100m: 1:00.15 31.47	150m: 1:31.77 31.62	200m: 2:02.87 31.10				
10. Snær Jóhannsson	96	KR		2:04.81	2:03.91	557R	
50m: 27.93 27.93	100m: 58.79 30.86	150m: 1:31.07 32.28	200m: 2:03.91 32.84				
11. Huginn Hilmarsson	95	Afturelding		2:07.68	2:07.11	516	
50m: 29.28 29.28	100m: 1:01.48 32.20	150m: 1:35.11 33.63	200m: 2:07.11 32.00				
12. Ingi Þór Ólafsson	99	ÍRB		2:08.73	2:07.23	515	
50m: 28.85 28.85	100m: 1:00.26 31.41	150m: 1:33.07 32.81	200m: 2:07.23 34.16				
13. Hólmsteinn Skorri Hallgrímsson	00	Ægir		2:13.07	2:08.57	499	
50m: 29.11 29.11	100m: 1:00.99 31.88	150m: 1:35.21 34.22	200m: 2:08.57 33.36				
14. Daníel Andri Þórhallsson	98	Ægir		2:06.76	2:08.69	497	
50m: 29.81 29.81	100m: 1:03.04 33.23	150m: 1:36.63 33.59	200m: 2:08.69 32.06				
15. Bjartur Þórhallsson	00	Afturelding		2:06.15	2:09.12	492	
50m: 29.37 29.37	100m: 1:01.82 32.45	150m: 1:35.60 33.78	200m: 2:09.12 33.52				
16. Daníel Már Kristinsson	98	Breiðablik		2:12.32	2:09.53	488	
50m: 28.14 28.14	100m: 1:01.24 33.10	150m: 1:35.27 34.03	200m: 2:09.53 34.26				
17. Gunnar Bjarki Jónsson	98	Breiðablik		2:12.74	2:10.26	480	
50m: 29.21 29.21	100m: 1:01.90 32.69	150m: 1:36.35 34.45	200m: 2:10.26 33.91				
18. Sævar Berg Sigurðsson	95	ÍA		2:12.79	2:11.00	472	
50m: 29.44 29.44	100m: 1:02.46 33.02	150m: 1:36.71 34.25	200m: 2:11.00 34.29				
19. Björgvin Theodór Hilmarsson	98	ÍRB		2:09.92	2:11.32	468	
50m: 30.03 30.03	100m: 1:03.19 33.16	150m: 1:37.73 34.54	200m: 2:11.32 33.59				
20. Patrekur Björgvinsson	98	ÍA		2:10.76	2:17.65	406	
50m: 29.96 29.96	100m: 1:04.28 34.32	150m: 1:41.08 36.80	200m: 2:17.65 36.57				

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 34 kvenna, 50m baksund Opinn
12.4.2015 - 10:38 Úrslitalistar Undanrásir

Íslandsmet	28.61	Eygló Ósk Gústafsdóttir	Ægir	Bellahoj (DEN)	29.3.2014
Aldursflokkamet 11 - 12	34.48	Rannveig Rögn Leifsdóttir	KR	Reykjavík	21.4.2009
Aldursflokkamet 13 - 14	31.26	Íris Ósk Hilmarsdóttir	ÍRB	Reykjanesbæ	8.12.2012
Aldursflokkamet 15 - 17	29.74	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	15.4.2012

IM50 : 36.05 / Evrópuleikar 15 - 16: 29.89 / HM B-lágmark : 29.60

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eygló Ósk Gústafsdóttir	95	Ægir	29.58	29.35 783A HMB
2. Ingibjörg Kristín Jónsdóttir	93	SH	29.52	29.55 767A HMB
3. Steingerður Hauksdóttir	96	S.d. Fjölnis	32.09	32.28 589A
4. Íris Ósk Hilmarsdóttir	98	ÍRB	31.36	32.78 562A
5. Ásdís Birta Guðnadóttir	96	SH	32.90	32.80 561A
6. Athena Neve Leex	97	Breiðablik	32.60	32.83 559A
7. Erla Sigurjónsdóttir	95	ÍRB	32.65	33.25 539A
Gunnlaug Margrét Ólafsdóttir	97	Breiðablik	34.31	33.25 539A
9. Una Lára Lárusdóttir	99	ÍA	33.03	33.57 523R
10. Katarína Róbertsdóttir	00	SH	33.00	33.74 515R
11. Guðný Birna Sigurðardóttir	99	Vestri	34.86	34.10 499
12. Rakel Guðjónsdóttir	00	S.d. Fjölnis	34.24	34.45 484
13. Gabriela Rut Vale	00	Ægir	35.12	34.84 468
14. Ásta Kristín Jónsdóttir	00	Ármann	32.69	34.87 467
15. Bjarkey Jónasdóttir	99	Afturelding	34.51	35.23 453
16. Berglind Bjarnadóttir	01	S.d. Fjölnis	34.68	35.46 444
17. Aþena Karaolani	00	Afturelding	34.90	35.59 439
18. Ágústa Rós Róbertsdóttir	98	S.d. Fjölnis	35.10	35.65 437
19. Embla Sól Garðarsdóttir	01	Óðinn	35.88	35.80 431
20. Guðrún Eir Jónsdóttir	98	ÍRB	34.38	36.23 416
21. Helga Þöll Guðjónsdóttir	97	STJARNAN	34.67	36.89 394
22. Jóna Halla Egilsdóttir	99	ÍRB	34.99	40.64 295

Sundgrein 35 karla, 50m baksund Opinn
12.4.2015 - 10:42 Úrslitalistar Undanrásir

Íslandsmet	25.86	Örn Arnason	SH	Eindhoven (NED)	20.3.2008
Aldursflokkamet 11 - 12	33.08	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík	1.3.2013
Aldursflokkamet 13 - 14	29.30	Brynjólfur Óli Karlsson	BREI	Reykjavík	10.4.2015
Aldursflokkamet 15 - 17	27.25	Kristinn Þórarinsson	Fjölnir	Reykjavík	15.4.2012

IM50 : 31.79 / Evrópuleikar 17 - 18: 26.92 / HM B-lágmark : 26.41

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinsson	96	S.d. Fjölnis	26.62	26.67 732A
2. Kolbeinn Hrafnkelsson	94	SH	27.58	26.93 711A
3. Bragi Snær Hallsson	97	NTG	26.90	28.55 597A
4. Brynjólfur Óli Karlsson	01	Breiðablik	29.71	29.82 523A
5. Kristján Gylfi Þórisson	00	S.d. Fjölnis	30.74	30.78 476A
6. Atli Vikar Ingimundarson	97	ÍA	30.58	31.46 446A
7. Viktor Máni Vilbergsson	92	SH	28.86	37.94 254A

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 36
12.4.2015 - 10:45

kvenna, 200m bringusund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	2:27.11	Hrafnhildur Lúthersdóttir	SH	Canet (FRA)	6.6.2012
Aldursflokkamet 11 - 12	2:52.21	Ólöf Edda Eðvarðsdóttir	ÍRB	Reykjanesbæ	26.4.2009
Aldursflokkamet 13 - 14	2:40.49	Rakel Gunnlaugsdóttir	ÍA	Glasgow (GBR)	4.3.2005
Aldursflokkamet 15 - 17	2:35.80	Íris Edda Heimisdóttir	Keflavík	Monaco (MON)	20.5.2000

IM50 : 3:04.85 / Evrópuleikar 15 - 16: 2:39.97 / EYOF 13 - 14: 2:42.37 / HM B-lágmörk : 2:33.30 / NÆM 13 - 14: 2:43.99 /

OQT : 2:26.94

Stig: FINA 2014

Sæti	F.ár			Undanrásir		Tími	Stig
1.	Hrafnhildur Lúthersdóttir	91	SH	2:28.07	2:31.26	777A	HMB
	50m: 33.28 33.28	100m: 1:11.26 37.98	150m: 1:51.17 39.91	200m: 2:31.26 40.09			
2.	Karen Mist Arngeirsdóttir	00	ÍRB	2:43.62	2:47.92	568A	
	50m: 36.47 36.47	100m: 1:19.02 42.55	150m: 2:03.62 44.60	200m: 2:47.92 44.30			
3.	Svanfríður Steingrímsdóttir	99	ÍRB	2:45.51	2:49.39	553A	
	50m: 39.10 39.10	100m: 1:21.24 42.14	150m: 2:05.01 43.77	200m: 2:49.39 44.38			
4.	Stefanía Sigurbórsdóttir	01	ÍRB	2:47.69	2:52.59	523A	
	50m: 39.60 39.60	100m: 1:23.75 44.15	150m: 2:08.50 44.75	200m: 2:52.59 44.09			
5.	Marta Buchanevic	01	Ægir	2:50.34	2:53.15	518A	
	50m: 39.71 39.71	100m: 1:23.72 44.01	150m: 2:08.38 44.66	200m: 2:53.15 44.77			
6.	Kristín Ása Sverrisdóttir	98	Óðinn	2:59.18	2:53.79	512A	
	50m: 38.97 38.97	100m: 1:24.63 45.66	150m: 2:09.34 44.71	200m: 2:53.79 44.45			
7.	Sunna Svanlaug Vilhjálmssdóttir	00	SH	2:48.31	2:55.81	495A	
	50m: 38.64 38.64	100m: 1:23.03 44.39	150m: 2:09.16 46.13	200m: 2:55.81 46.65			
8.	Nanna Björk Barkardóttir	98	Óðinn	2:57.38	2:56.12	492A	
	50m: 39.62 39.62	100m: 1:25.68 46.06	150m: 2:12.33 46.65	200m: 2:56.12 43.79			
9.	Natalia Cecylia Wojdat	98	SH	2:56.29	2:56.97	485R	
	50m: 38.94 38.94	100m: 1:24.10 45.16	150m: 2:10.98 46.88	200m: 2:56.97 45.99			
10.	Kolbrún Jónsdóttir	95	KR	NT	2:57.71	479R	
	50m: 38.62 38.62	100m: 1:23.40 44.78	150m: 2:10.34 46.94	200m: 2:57.71 47.37			
11.	María Fanney Kristjánsdóttir	00	SH	2:51.74	2:58.26	475	
	50m: 39.97 39.97	100m: 1:24.82 44.85	150m: 2:11.40 46.58	200m: 2:58.26 46.86			
12.	Rakel Ýr Ottósdóttir	00	ÍRB	2:56.90	2:59.55	465	
	50m: 40.60 40.60	100m: 1:26.31 45.71	150m: 2:13.44 47.13	200m: 2:59.55 46.11			
13.	Diljá Rún Ívarsdóttir	02	ÍRB	3:04.77	2:59.73	463	
	50m: 40.97 40.97	100m: 1:27.44 46.47	150m: 2:14.33 46.89	200m: 2:59.73 45.40			
14.	Aníka Mjöll Júlíusdóttir	01	ÍRB	2:56.95	3:01.74	448	
	50m: 40.86 40.86	100m: 1:26.84 45.98	150m: 2:14.42 47.58	200m: 3:01.74 47.32			
15.	Embla Sólrún Einarsdóttir	99	Óðinn	2:59.05	3:04.63	427	
	50m: 41.27 41.27	100m: 1:27.59 46.32	150m: 2:16.22 48.63	200m: 3:04.63 48.41			
16.	Steinunn Rúna Ragnarsdóttir	99	ÍRB	2:51.84	3:05.84	419	
	50m: 41.91 41.91	100m: 1:29.19 47.28	150m: 2:17.60 48.41	200m: 3:05.84 48.24			
17.	Ágústa Rós Róbertsdóttir	98	S.d. Fjölnis	3:01.18	3:09.48	395	
	50m: 43.54 43.54	100m: 1:31.20 47.66	150m: 2:20.25 49.05	200m: 3:09.48 49.23			
18.	Líf Þrastardóttir	00	Breiðablik	2:59.19	3:10.55	389	
	50m: 43.48 43.48	100m: 1:31.65 48.17	150m: 2:21.66 50.01	200m: 3:10.55 48.89			
MÆekki	Ingibjörg Erla Garðarsdóttir	00	Ægir	2:56.37			

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 37 karla, 200m bringusund Opinn
12.4.2015 - 10:56 Úrslitalistar Undanrásir

Íslandsmet	2:10.72	Anton Sveinn McKee	Ægir	Los Angeles (USA)	19.7.2014
Aldursflokkamet 11 - 12	2:58.72	Hrafn Traustason	ÍA	Reykjavík	2.7.2004
Aldursflokkamet 13 - 14	2:37.05	Hrafn Traustason	ÍA	Reykjavík	30.6.2006
Aldursflokkamet 15 - 17	2:19.27	Jakob Jóhann Sveinsson	Ægir	Moskva (RUS)	17.7.1999

IM50 : 2:45.98 / Evrópuleikar 17 - 18: 2:20.27 / EYOF 15 - 16: 2:22.38 / HM B-lágmörk : 2:16.32 / NÆM 15 - 16: 2:23.80 / OQT : 2:11.66

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig
1. Viktor Máni Vilbergsson	92	SH		2:23.47	2:26.75	648A		
50m: 32.86 32.86	100m: 1:10.42 37.56	150m: 1:48.16 37.74	200m: 2:26.75 38.59					
2. Baldvin Sigmarsson	97	ÍRB		2:34.24	2:33.49	566A		
50m: 35.31 35.31	100m: 1:14.78 39.47	150m: 1:53.10 38.32	200m: 2:33.49 40.39					
3. Sævar Berg Sigurðsson	95	ÍA		2:37.63	2:35.19	548A		
50m: 34.46 34.46	100m: 1:13.49 39.03	150m: 1:53.76 40.27	200m: 2:35.19 41.43					
4. Kristófer Sigurðsson	95	ÍRB		2:35.99	2:38.27	516A		
50m: 35.50 35.50	100m: 1:15.86 40.36	150m: 1:57.09 41.23	200m: 2:38.27 41.18					
5. Arnór Stefánsson	97	SH		2:35.90	2:42.28	479A		
50m: 35.48 35.48	100m: 1:16.71 41.23	150m: 1:59.49 42.78	200m: 2:42.28 42.79					
6. Óskar Gauti Lund	99	Breiðablik		2:43.93	2:43.35	470A		
50m: 35.91 35.91	100m: 1:17.09 41.18	150m: 2:00.31 43.22	200m: 2:43.35 43.04					
7. Even Lynum Ringkjøb	96	NTG		2:35.05	2:50.50	413A		
50m: 39.14 39.14	100m: 1:23.31 44.17	150m: 2:07.21 43.90	200m: 2:50.50 43.29					
8. Eiríkur Ingi Ólafsson	99	ÍRB		2:42.01	2:57.74	364A		
50m: 39.88 39.88	100m: 1:25.42 45.54	150m: 2:12.37 46.95	200m: 2:57.74 45.37					

Sundgrein 38 kvenna, 800m skriðsund Opinn
12.4.2015 - 11:03 Úrslitalistar

Íslandsmet	8:53.76	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	11.3.2012
Aldursflokkamet 11 - 12	9:58.56	Eygló Ósk Gústafsdóttir	Ægir	Reykjanesbæ	22.10.2007
Aldursflokkamet 13 - 14	9:20.94	Harpa Ingbórsdóttir	SH	Reykjavík	12.4.2014
Aldursflokkamet 15 - 17	9:09.94	Harpa Ingbórsdóttir	SH	Reykjavík	16.1.2015

IM50 : 10:42.91 / Evrópuleikar 15 - 16: 9:17.27 / EYOF 13 - 14: 9:25.63 / HM B-lágmörk : 8:54.05 / NÆM 13 - 14: 9:31.28 / OQT : 8:33.97

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig
1. Inga Elin Cryer	93	Ægir		9:07.96	9:06.50	737		
50m: 30.26 30.26	250m: 2:45.13 34.40	450m: 5:04.17 34.74	650m: 7:23.07 34.93					
100m: 1:02.93 32.67	300m: 3:19.75 34.62	500m: 5:38.72 34.55	700m: 7:57.85 34.78					
150m: 1:36.73 33.80	350m: 3:54.58 34.83	550m: 6:13.49 34.77	750m: 8:32.58 34.73					
200m: 2:10.73 34.00	400m: 4:29.43 34.85	600m: 6:48.14 34.65	800m: 9:06.50 33.92					
2. Bára Kristín Björgvinsdóttir	95	SH		9:21.44	9:15.38	703		
50m: 31.53 31.53	250m: 2:49.81 35.02	450m: 5:11.26 35.37	650m: 7:32.92 35.37					
100m: 1:05.18 33.65	300m: 3:25.21 35.40	500m: 5:46.67 35.41	700m: 8:08.28 35.36					
150m: 1:39.91 34.73	350m: 4:00.31 35.10	550m: 6:22.03 35.36	750m: 8:43.16 34.88					
200m: 2:14.79 34.88	400m: 4:35.89 35.58	600m: 6:57.55 35.52	800m: 9:15.38 32.22					
3. Harpa Ingbórsdóttir	00	SH		9:09.94	9:17.13	696EMU		
50m: 31.15 31.15	250m: 2:50.09 35.41	450m: 5:11.85 35.71	650m: 7:33.84 35.48					
100m: 1:04.54 33.39	300m: 3:25.50 35.41	500m: 5:47.11 35.26	700m: 8:09.52 35.68					
150m: 1:39.59 35.05	350m: 4:00.89 35.39	550m: 6:22.97 35.86	750m: 8:44.31 34.79					
200m: 2:14.68 35.09	400m: 4:36.14 35.25	600m: 6:58.36 35.39	800m: 9:17.13 32.82					
4. Sunneva Dögg Friðriksdóttir	99	ÍRB		9:17.40	9:19.93	686		
50m: 31.23 31.23	250m: 2:51.16 35.72	450m: 5:15.11 35.47	650m: 7:38.46 35.52					
100m: 1:04.96 33.73	300m: 3:27.36 36.20	500m: 5:51.28 36.17	700m: 8:13.99 35.53					
150m: 1:39.95 34.99	350m: 4:03.15 35.79	550m: 6:26.81 35.53	750m: 8:48.19 34.20					
200m: 2:15.44 35.49	400m: 4:39.64 36.49	600m: 7:02.94 36.13	800m: 9:19.93 31.74					

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
5.	Eydís Ósk Kolbeinsdóttir		00	ÍRB		9:37.53	9:20.18	685
	50m:	31.76 31.76	250m:	2:52.45 35.77	450m:	5:14.49 35.06	650m:	7:37.31 35.71
	100m:	1:05.72 33.96	300m:	3:28.14 35.69	500m:	5:50.12 35.63	700m:	8:12.60 35.29
	150m:	1:41.09 35.37	350m:	4:03.80 35.66	550m:	6:26.06 35.94	750m:	8:47.74 35.14
	200m:	2:16.68 35.59	400m:	4:39.43 35.63	600m:	7:01.60 35.54	800m:	9:20.18 32.44
6.	Eyrún Agla Friðriksdóttir		99	SH		9:59.53	9:43.19	607
	50m:	32.28 32.28	250m:	2:58.24 36.77	450m:	5:26.33 36.93	650m:	7:53.95 36.87
	100m:	1:07.98 35.70	300m:	3:35.39 37.15	500m:	6:03.67 37.34	700m:	8:31.17 37.22
	150m:	1:44.63 36.65	350m:	4:12.05 36.66	550m:	6:40.18 36.51	750m:	9:08.06 36.89
	200m:	2:21.47 36.84	400m:	4:49.40 37.35	600m:	7:17.08 36.90	800m:	9:43.19 35.13
7.	Stefanía Sigurþórsdóttir		01	ÍRB		9:42.32	9:45.93	598
	50m:	31.98 31.98	250m:	2:57.88 37.10	450m:	5:26.74 37.23	650m:	7:55.84 37.48
	100m:	1:07.08 35.10	300m:	3:34.83 36.95	500m:	6:03.75 37.01	700m:	8:32.95 37.11
	150m:	1:43.57 36.49	350m:	4:12.29 37.46	550m:	6:41.28 37.53	750m:	9:10.15 37.20
	200m:	2:20.78 37.21	400m:	4:49.51 37.22	600m:	7:18.36 37.08	800m:	9:45.93 35.78
8.	Telma Brá Gunnarsdóttir		00	Ægir		9:52.37	9:48.74	590
	50m:	33.02 33.02	250m:	3:01.91 37.89	450m:	5:31.60 37.04	650m:	7:59.98 36.78
	100m:	1:09.33 36.31	300m:	3:39.36 37.45	500m:	6:08.61 37.01	700m:	8:36.60 36.62
	150m:	1:46.79 37.46	350m:	4:17.04 37.68	550m:	6:45.79 37.18	750m:	9:13.26 36.66
	200m:	2:24.02 37.23	400m:	4:54.56 37.52	600m:	7:23.20 37.41	800m:	9:48.74 35.48
9.	Elín Ylfa Viðarsdóttir		99	Breiðablik		9:48.92	9:52.97	577
	50m:	31.80 31.80	250m:	2:59.00 37.73	450m:	5:29.47 37.97	650m:	8:01.33 38.35
	100m:	1:07.52 35.72	300m:	3:36.34 37.34	500m:	6:07.21 37.74	700m:	8:39.11 37.78
	150m:	1:44.38 36.86	350m:	4:14.14 37.80	550m:	6:45.49 38.28	750m:	9:16.75 37.64
	200m:	2:21.27 36.89	400m:	4:51.50 37.36	600m:	7:22.98 37.49	800m:	9:52.97 36.22
10.	Elín Kata Sigurgeirsdóttir		99	Óðinn		10:01.37	9:54.47	573
	50m:	33.34 33.34	250m:	3:02.75 37.69	450m:	5:34.58 37.82	650m:	8:04.46 37.34
	100m:	1:09.83 36.49	300m:	3:40.72 37.97	500m:	6:12.13 37.55	700m:	8:42.17 37.71
	150m:	1:47.48 37.65	350m:	4:18.71 37.99	550m:	6:49.51 37.38	750m:	9:19.15 36.98
	200m:	2:25.06 37.58	400m:	4:56.76 38.05	600m:	7:27.12 37.61	800m:	9:54.47 35.32
11.	Gunnhildur Björg Baldursdóttir		00	ÍRB		9:36.94	9:57.12	565
	50m:	33.09 33.09	250m:	3:02.29 38.48	450m:	5:33.45 37.66	650m:	8:05.55 38.17
	100m:	1:09.40 36.31	300m:	3:40.33 38.04	500m:	6:11.24 37.79	700m:	8:43.75 38.20
	150m:	1:46.64 37.24	350m:	4:17.92 37.59	550m:	6:49.65 38.41	750m:	9:20.89 37.14
	200m:	2:23.81 37.17	400m:	4:55.79 37.87	600m:	7:27.38 37.73	800m:	9:57.12 36.23
12.	Kolbrún Eva Pálmadóttir		02	ÍRB		10:16.51	10:05.47	542
	50m:	33.80 33.80	250m:	3:03.96 38.03	450m:	5:37.86 38.67	650m:	8:12.59 38.20
	100m:	1:10.67 36.87	300m:	3:42.18 38.22	500m:	6:16.85 38.99	700m:	8:51.03 38.44
	150m:	1:48.20 37.53	350m:	4:20.63 38.45	550m:	6:55.78 38.93	750m:	9:28.83 37.80
	200m:	2:25.93 37.73	400m:	4:59.19 38.56	600m:	7:34.39 38.61	800m:	10:05.47 36.64
13.	Klaudia Malesa		01	ÍRB		10:04.72	10:11.28	527
	50m:	35.14 35.14	250m:	3:10.12 38.86	450m:	5:44.40 38.88	650m:	8:18.35 38.61
	100m:	1:13.81 38.67	300m:	3:48.48 38.36	500m:	6:22.77 38.37	700m:	8:57.02 38.67
	150m:	1:52.78 38.97	350m:	4:27.01 38.53	550m:	7:01.60 38.83	750m:	9:34.97 37.95
	200m:	2:31.26 38.48	400m:	5:05.52 38.51	600m:	7:39.74 38.14	800m:	10:11.28 36.31
14.	Hildur Elísabet Hálfðanardóttir		98	SH		9:57.27	10:12.31	524
	50m:	35.17 35.17	250m:	3:09.44 39.02	450m:	5:45.25 39.06	650m:	8:19.89 38.72
	100m:	1:13.01 37.84	300m:	3:48.66 39.22	500m:	6:25.07 39.82	700m:	8:59.43 39.54
	150m:	1:52.06 39.05	350m:	4:27.26 38.60	550m:	7:02.85 37.78	750m:	9:36.54 37.11
	200m:	2:30.42 38.36	400m:	5:06.19 38.93	600m:	7:41.17 38.32	800m:	10:12.31 35.77
15.	Jóhanna Matthea Jóhannesdóttir		01	ÍRB		10:19.23	10:20.03	505
	50m:	33.88 33.88	250m:	3:07.81 39.08	450m:	5:44.24 38.78	650m:	8:22.78 39.66
	100m:	1:11.55 37.67	300m:	3:47.13 39.32	500m:	6:23.51 39.27	700m:	9:02.59 39.81
	150m:	1:50.19 38.64	350m:	4:25.86 38.73	550m:	7:03.13 39.62	750m:	9:41.10 38.51
	200m:	2:28.73 38.54	400m:	5:05.46 39.60	600m:	7:43.12 39.99	800m:	10:20.03 38.93

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 39
12.4.2015 - 11:25

karla, 800m skriðsund

Opinn
Úrslitalistar

Íslandsmet	8:08.09	Anton Sveinn McKee	Ægir	Reykjavík	20.7.2014
Aldursflokkamet 11 - 12	10:01.60	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	19.12.2014
Aldursflokkamet 13 - 14	8:59.21	Ólafur Sigurðsson	SH	Reykjavík	11.4.2013
Aldursflokkamet 15 - 17	8:35.96	Arnór Stefánsson	SH	Hafnarfjörður	23.3.2013

IM50 : 9:58.82 / HM B-lágmörk : 8:14.41

Stig: FINA 2014

Sæti			F.ár		Undanrásir				Tími	Stig
1.	Christian Olausson		96	NTG	8:18.44				8:33.35	683
	50m:	28.47 28.47	250m:	2:36.81 32.64	450m:	4:47.23 32.75	650m:	6:57.63 32.47		
	100m:	59.60 31.13	300m:	3:09.47 32.66	500m:	5:19.95 32.72	700m:	7:30.30 32.67		
	150m:	1:31.75 32.15	350m:	3:41.90 32.43	550m:	5:52.78 32.83	750m:	8:02.60 32.30		
	200m:	2:04.17 32.42	400m:	4:14.48 32.58	600m:	6:25.16 32.38	800m:	8:33.35 30.75		
2.	Þröstur Bjarnason		97	ÍRB	8:36.11				8:43.42	644
	50m:	28.14 28.14	250m:	2:37.30 33.21	450m:	4:50.16 33.48	650m:	7:04.09 33.97		
	100m:	59.23 31.09	300m:	3:09.76 32.46	500m:	5:23.28 33.12	700m:	7:37.15 33.06		
	150m:	1:31.69 32.46	350m:	3:43.43 33.67	550m:	5:56.98 33.70	750m:	8:10.82 33.67		
	200m:	2:04.09 32.40	400m:	4:16.68 33.25	600m:	6:30.12 33.14	800m:	8:43.42 32.60		
3.	Ólafur Sigurðsson		99	SH	8:40.12				8:44.87	639
	50m:	28.87 28.87	250m:	2:39.53 33.35	450m:	4:53.44 33.22	650m:	7:06.92 33.26		
	100m:	1:00.08 31.21	300m:	3:13.19 33.66	500m:	5:26.92 33.48	700m:	7:40.34 33.42		
	150m:	1:32.87 32.79	350m:	3:46.67 33.48	550m:	6:00.07 33.15	750m:	8:13.84 33.50		
	200m:	2:06.18 33.31	400m:	4:20.22 33.55	600m:	6:33.66 33.59	800m:	8:44.87 31.03		
4.	Hafþór Jón Sigurðsson		97	SH	8:49.55				8:49.97	620
	50m:	29.04 29.04	250m:	2:39.57 33.20	450m:	4:54.92 33.93	650m:	7:10.13 33.89		
	100m:	1:00.96 31.92	300m:	3:13.17 33.60	500m:	5:28.59 33.67	700m:	7:43.85 33.72		
	150m:	1:33.46 32.50	350m:	3:47.21 34.04	550m:	6:02.28 33.69	750m:	8:17.28 33.43		
	200m:	2:06.37 32.91	400m:	4:20.99 33.78	600m:	6:36.24 33.96	800m:	8:49.97 32.69		
5.	Björgvin Theodór Hilmarsson		98	ÍRB	9:20.61				9:05.68	568
	50m:	29.42 29.42	250m:	2:43.07 34.01	450m:	5:01.69 34.87	650m:	7:21.46 35.10		
	100m:	1:01.96 32.54	300m:	3:17.66 34.59	500m:	5:36.67 34.98	700m:	7:56.77 35.31		
	150m:	1:35.37 33.41	350m:	3:52.22 34.56	550m:	6:11.35 34.68	750m:	8:31.83 35.06		
	200m:	2:09.06 33.69	400m:	4:26.82 34.60	600m:	6:46.36 35.01	800m:	9:05.68 33.85		
6.	Ingi Þór Ólafsson		99	ÍRB	9:32.53				9:19.58	527
	50m:	29.77 29.77	250m:	2:48.04 35.96	450m:	5:12.11 35.73	650m:	7:35.96 35.46		
	100m:	1:02.68 32.91	300m:	3:24.12 36.08	500m:	5:48.36 36.25	700m:	8:11.28 35.32		
	150m:	1:36.91 34.23	350m:	4:00.05 35.93	550m:	6:24.53 36.17	750m:	8:46.20 34.92		
	200m:	2:12.08 35.17	400m:	4:36.38 36.33	600m:	7:00.50 35.97	800m:	9:19.58 33.38		
7.	Gunnar Bjarki Jónsson		98	Breiðablik	9:25.37				9:20.04	526
	50m:	30.84 30.84	250m:	2:53.45 35.81	450m:	5:16.57 35.06	650m:	7:37.38 34.10		
	100m:	1:06.31 35.47	300m:	3:29.98 36.53	500m:	5:52.38 35.81	700m:	8:12.69 35.31		
	150m:	1:42.32 36.01	350m:	4:05.47 35.49	550m:	6:27.84 35.46	750m:	8:46.70 34.01		
	200m:	2:17.64 35.32	400m:	4:41.51 36.04	600m:	7:03.28 35.44	800m:	9:20.04 33.34		
8.	Hilmir Örn Ólafsson		01	Ægir	9:42.50				9:31.54	495
	50m:	32.29 32.29	250m:	2:57.05 36.57	450m:	5:22.15 35.79	650m:	7:46.80 36.10		
	100m:	1:08.03 35.74	300m:	3:33.66 36.61	500m:	5:58.28 36.13	700m:	8:23.10 36.30		
	150m:	1:44.18 36.15	350m:	4:10.10 36.44	550m:	6:34.19 35.91	750m:	8:58.07 34.97		
	200m:	2:20.48 36.30	400m:	4:46.36 36.26	600m:	7:10.70 36.51	800m:	9:31.54 33.47		
9.	Kristján Gylfi Þórisson		00	S.d. Fjölnis	9:34.86				9:34.75	486
	50m:	31.59 31.59	250m:	2:57.10 37.00	450m:	5:23.49 36.73	650m:	7:50.97 37.23		
	100m:	1:07.20 35.61	300m:	3:33.71 36.61	500m:	5:59.80 36.31	700m:	8:27.67 36.70		
	150m:	1:43.59 36.39	350m:	4:10.55 36.84	550m:	6:36.64 36.84	750m:	9:03.73 36.06		
	200m:	2:20.10 36.51	400m:	4:46.76 36.21	600m:	7:13.74 37.10	800m:	9:34.75 31.02		
10.	Patrik Viggó Vilbergsson		02	Breiðablik	9:52.56				9:42.15	468
	50m:	32.16 32.16	250m:	2:57.41 36.44	450m:	5:25.18 36.61	650m:	7:53.50 36.97		
	100m:	1:08.01 35.85	300m:	3:34.54 37.13	500m:	6:02.32 37.14	700m:	8:30.24 36.74		
	150m:	1:44.36 36.35	350m:	4:11.40 36.86	550m:	6:39.22 36.90	750m:	9:06.98 36.74		
	200m:	2:20.97 36.61	400m:	4:48.57 37.17	600m:	7:16.53 37.31	800m:	9:42.15 35.17		

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 40
12.4.2015 - 11:36

blandað, 4 x 50m skriðsund

Opinn
Úrslitalistar

Íslandsmet 1:44.60 Sundfélag Hafnarfjarðar SH Hafnarfjörður 22.3.2015

Stig: FINA 2014

Sæti					Undanrásir	Tími	Stig	
1.	SH 1			SH	NT	1:40.32	605ÍSL	
	Predrag Milos	95	+0,70	24.17	Ingibjörg Kristín Jónsdóttir	93	+0,21	26.03
	Aron Örn Stefánsson	95	+0,07	23.76	Hrafnhildur Lúthersdóttir	91	+0,19	26.36
2.	SH 2			SH	NT	1:44.24	539	
	Kolbeinn Hrafnkelsson	94	+0,66	25.00	Karen Sif Vilhjálmsdóttir	93	+0,20	27.75
	Víktor Máni Vilbergsson	92	+0,08	24.14	Guðný Erna Bjarnadóttir	94	+0,17	27.35
3.	ÍRB 1			ÍRB	NT	1:46.97	499	
	Kristófer Sigurðsson	95	+0,66	24.64	Eydís Ósk Kolbeinsdóttir	00	+0,28	28.92
	Sunneva Dögg Friðriksdóttir	99	+0,25	28.15	Þröstur Bjarnason	97	+0,09	25.26
4.	Breiðablik 1			Breiðablik	NT	1:49.73	462	
	Sveinbjörn Pálmi Karlsson	95	+0,67	26.41	Daníel Már Kristinsson	98	+0,19	25.51
	Elín Ylfa Viðarsdóttir	99	+0,35	29.03	Ragnheiður Karlsdóttir	99	+0,43	28.78
5.	ÍA 1			ÍA	NT	1:50.43	453	
	Ágúst Júlíusson	89	+0,75	24.97	Sólrún Sigþórsdóttir	97	+0,07	30.06
	Una Lára Lárusdóttir	99	+0,32	28.87	Atli Vikar Ingimundarson	97	+0,47	26.53
6.	STJARNAN 1			STJARNAN	NT	1:55.09	400	
	Kristján Ari Heimisson	98	+0,85	27.18	Hallgrímur Kjartansson	98	+0,34	27.95
	Arna M Ormsdóttir	97	+0,27	30.47	Helga Þöll Guðjónsdóttir	97	+0,12	29.49
7.	Afturelding 1			Afturelding	NT	1:56.01	391	
	Bjartur Þórhallsson	00	+0,73	27.70	Bjarkey Jónasdóttir	99	+0,66	30.86
	Apena Karaolani	00	+0,33	31.25	Huginn Hilmarsson	95	+0,49	26.20

IM50 2015
Reykjavík, 10. - 12.4.2015

6 - 6. hluti - úrslit

12.4.2015 - 16:30

Sundgrein 28	kvenna, 400m fjórsund					Opinn Úrslitalistar
12.4.2015 - 16:30						
Íslandsmet	4:53.24	Jóhanna Gerða Gústafsdóttir	Ægir	Reykjavík		12.4.2014
Aldursflokkamet 11 - 12	5:32.92	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ		15.12.2013
Aldursflokkamet 13 - 14	5:04.19	Ólöf Edda Eðvarðsdóttir	ÍRB	Reykjavík		8.4.2011
Aldursflokkamet 15 - 17	5:02.33	Ólöf Edda Eðvarðsdóttir	ÍRB	Hafnarfjörður		15.6.2013

Evrópuleikar 15 - 16: 5:07.26 / EYOF 13 - 14: 5:11.87 / HM B-lágmörk : 4:54.46 / NÆM 13 - 14: 5:14.99 / OQT : 4:43.46

Stig: FINA 2014

Sæti	F.ár			Undanrásir	Tími	Stig
1. Eydís Ósk Kolbeinsdóttir	00	ÍRB		5:11.17	5:10.59	645
50m: 32.84 32.84	150m: 1:51.85 40.75	250m: 3:15.36 44.40	350m: 4:36.32 35.93			
100m: 1:11.10 38.26	200m: 2:30.96 39.11	300m: 4:00.39 45.03	400m: 5:10.59 34.27			
2. Íris Ósk Hilmarsdóttir	98	ÍRB		5:12.70	5:19.01	595
50m: 33.20 33.20	150m: 1:53.83 41.08	250m: 3:20.68 47.75	350m: 4:44.11 36.23			
100m: 1:12.75 39.55	200m: 2:32.93 39.10	300m: 4:07.88 47.20	400m: 5:19.01 34.90			
3. Sylwia Sienkiewicz	99	ÍRB		5:13.88	5:20.60	586
50m: 34.02 34.02	150m: 1:56.95 42.78	250m: 3:23.88 45.73	350m: 4:45.94 35.40			
100m: 1:14.17 40.15	200m: 2:38.15 41.20	300m: 4:10.54 46.66	400m: 5:20.60 34.66			
4. María Fanney Kristjánsdóttir	00	SH		5:27.37	5:22.03	579
50m: 34.48 34.48	150m: 1:56.92 42.44	250m: 3:24.10 46.50	350m: 4:46.79 36.23			
100m: 1:14.48 40.00	200m: 2:37.60 40.68	300m: 4:10.56 46.46	400m: 5:22.03 35.24			
5. Kristín Ása Sverrisdóttir	98	Óðinn		5:38.88	5:37.22	504
50m: 35.92 35.92	150m: 2:03.69 44.62	250m: 3:32.72 46.35	350m: 4:59.15 40.02			
100m: 1:19.07 43.15	200m: 2:46.37 42.68	300m: 4:19.13 46.41	400m: 5:37.22 38.07			
6. Diljá Rún Ívarsdóttir	02	ÍRB		5:37.96	5:38.11	500
50m: 35.07 35.07	150m: 2:01.69 44.93	250m: 3:33.22 47.58	350m: 5:00.77 39.96			
100m: 1:16.76 41.69	200m: 2:45.64 43.95	300m: 4:20.81 47.59	400m: 5:38.11 37.34			
7. Líf Þrastardóttir	00	Breiðablik		5:40.06	5:40.90	488
50m: 34.41 34.41	150m: 2:00.10 44.14	250m: 3:34.08 50.03	350m: 5:03.53 39.09			
100m: 1:15.96 41.55	200m: 2:44.05 43.95	300m: 4:24.44 50.36	400m: 5:40.90 37.37			
8. Kolbrún Eva Pálmadóttir	02	ÍRB		5:45.54	5:47.34	461
50m: 37.12 37.12	150m: 2:07.72 46.80	250m: 3:42.11 47.92	350m: 5:10.05 39.74			
100m: 1:20.92 43.80	200m: 2:54.19 46.47	300m: 4:30.31 48.20	400m: 5:47.34 37.29			
9. Erna Guðrún Jónsdóttir	01	ÍRB		5:47.73	5:53.65	437
50m: 38.49 38.49	150m: 2:10.78 45.98	250m: 3:45.97 52.30	350m: 5:15.47 38.18			
100m: 1:24.80 46.31	200m: 2:53.67 42.89	300m: 4:37.29 51.32	400m: 5:53.65 38.18			
10. Aníta Hrafnadóttir	94	Breiðablik		5:54.11	5:54.50	434
50m: 38.93 38.93	150m: 2:09.98 46.47	250m: 3:45.85 50.64	350m: 5:15.37 39.61			
100m: 1:23.51 44.58	200m: 2:55.21 45.23	300m: 4:35.76 49.91	400m: 5:54.50 39.13			
11. Valgerður Jónsdóttir	98	Ármann		5:51.15	6:01.70	408
50m: 37.47 37.47	150m: 2:09.33 48.11	250m: 3:47.85 52.34	350m: 5:21.26 41.80			
100m: 1:21.22 43.75	200m: 2:55.51 46.18	300m: 4:39.46 51.61	400m: 6:01.70 40.44			

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Sundgrein 29
12.4.2015 - 16:38

karla, 400m fjórsund

Opinn
Úrslitalistar

Íslandsmet	4:23.64	Anton Sveinn McKee	Ægir	Reykjavík	15.4.2012
Aldursflokkamet 11 - 12	5:39.19	Viktor Forafonov	Asker	Copenhagen (DEN)	26.6.2014
Aldursflokkamet 13 - 14	4:56.48	Ólafur Sigurðsson	SH	Reykjavík	14.6.2013
Aldursflokkamet 15 - 17	4:40.61	Örn Arnason	SH	Reykjavík	7.6.1998

Evrópuleikar 17 - 18: 4:39.95 / EYOF 15 - 16: 4:44.15 / HM B-lágmörk : 4:28.28 / NÆM 15 - 16: 4:46.99 / OQT : 4:16.71

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig					
1. Baldvin Sigmarsson	97	ÍRB	4:47.88	4:44.78	627	50m: 29.37 29.37	150m: 1:40.42 37.38	250m: 2:57.23 39.48	350m: 4:11.81 33.74	100m: 1:03.04 33.67	200m: 2:17.75 37.33	300m: 3:38.07 40.84	400m: 4:44.78 32.97
2. Sveinbjörn Pálmi Karlsson	95	Breiðablik	4:57.84	4:51.41	585	50m: 28.82 28.82	150m: 1:41.55 39.50	250m: 3:01.57 41.66	350m: 4:17.26 33.86	100m: 1:02.05 33.23	200m: 2:19.91 38.36	300m: 3:43.40 41.83	400m: 4:51.41 34.15
3. Þröstur Bjarnason	97	ÍRB	4:50.29	4:57.81	548	50m: 29.87 29.87	150m: 1:44.20 39.27	250m: 3:05.33 43.24	350m: 4:23.95 34.21	100m: 1:04.93 35.06	200m: 2:22.09 37.89	300m: 3:49.74 44.41	400m: 4:57.81 33.86
4. Brynjólfur Óli Karlsson	01	Breiðablik	5:04.47	5:00.92	532	50m: 30.31 30.31	150m: 1:42.32 36.79	250m: 3:05.51 46.37	350m: 4:28.07 35.02	100m: 1:05.53 35.22	200m: 2:19.14 36.82	300m: 3:53.05 47.54	400m: 5:00.92 32.85
5. Ingi Þór Ólafsson	99	ÍRB	5:05.47	5:10.01	486	50m: 32.70 32.70	150m: 1:51.26 40.67	250m: 3:17.23 46.11	350m: 4:36.67 33.17	100m: 1:10.59 37.89	200m: 2:31.12 39.86	300m: 4:03.50 46.27	400m: 5:10.01 33.34
6. Eiríkur Ingi Ólafsson	99	ÍRB	5:13.95	5:12.96	472	50m: 32.25 32.25	150m: 1:51.80 40.76	250m: 3:16.77 45.38	350m: 4:37.95 36.14	100m: 1:11.04 38.79	200m: 2:31.39 39.59	300m: 4:01.81 45.04	400m: 5:12.96 35.01
7. Huginn Hilmarsson	95	Afturelding	4:57.12	5:13.09	472	50m: 34.51 34.51	150m: 1:57.64 39.79	250m: 3:19.71 42.99	350m: 4:40.56 35.73	100m: 1:17.85 43.34	200m: 2:36.72 39.08	300m: 4:04.83 45.12	400m: 5:13.09 32.53
8. Even Lynum Ringkjøb	96	NTG	4:53.79	5:14.34	466	50m: 31.88 31.88	150m: 1:52.13 44.37	250m: 3:18.66 43.37	350m: 4:40.39 36.94	100m: 1:07.76 35.88	200m: 2:35.29 43.16	300m: 4:03.45 44.79	400m: 5:14.34 33.95
9. Hallgrímur Kjartansson	98	STJARNAN	5:15.97	5:14.55	465	50m: 31.96 31.96	150m: 1:53.05 41.91	250m: 3:17.94 43.86	350m: 4:39.86 36.35	100m: 1:11.14 39.18	200m: 2:34.08 41.03	300m: 4:03.51 45.57	400m: 5:14.55 34.69
10. Hilmir Örn Ólafsson	01	Ægir	5:16.27	5:20.79	439	50m: 33.99 33.99	150m: 1:55.33 41.89	250m: 3:22.08 45.85	350m: 4:45.01 36.30	100m: 1:13.44 39.45	200m: 2:36.23 40.90	300m: 4:08.71 46.63	400m: 5:20.79 35.78

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Reykjavík, 10. - 12.4.2015

Sundgrein 30 kvenna, 50m flugsund Opinn
12.4.2015 - 16:45 Úrslitalistar Úrslitsund

Íslandsmet	27.03	Bryndís Rún Hansen	ODINN	Reykjavík	12.4.2015
Aldursflokkamet 11 - 12	32.77	Rannveig Rögn Leifsdóttir	KR	Reykjavík	13.2.2009
Aldursflokkamet 13 - 14	29.39	Bryndís Bolladóttir	Óðinn	Reykjavík	8.2.2013
Aldursflokkamet 15 - 17	27.84	Bryndís Rún Hansen	Óðinn	Prag (CZE)	12.7.2009

Evrópuleikar 15 - 16: 27.73 / HM B-lágmörk : 27.47

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Bryndís Rún Hansen	93 Óðinn	27.03	26.92 807ÍSLHMB
2.	Bryndís Bolladóttir	99 Óðinn	29.57	29.60 607
3.	Athena Neve Leex	97 Breiðablik	30.82	29.95 586
4.	Erla Sigurjónsdóttir	95 ÍRB	30.76	30.32 565
5.	Elín Kata Sigurgeirsdóttir	99 Óðinn	30.75	30.41 560
6.	Nanna Björk Barkardóttir	98 Óðinn	31.37	30.86 536
7.	Ásdís Birta Guðnadóttir	96 SH	31.36	31.00 528
8.	Berglind Bjarnadóttir	01 S.d. Fjölnis	31.26	31.26 515

Sundgrein 31 karla, 50m flugsund Opinn
12.4.2015 - 16:55 Úrslitalistar Úrslitsund

Íslandsmet	24.02	Örn Arnason	SH	Melbourne (AUS)	26.3.2007
Aldursflokkamet 11 - 12	33.10	Viktor Forafonov	Asker	Kristiansand (NOR)	8.6.2014
Aldursflokkamet 13 - 14	28.16	Kristinn Þórarinnsson	Fjölnir	Darmstadt (GER)	10.7.2010
Aldursflokkamet 15 - 17	25.24	Hjörtur Már Reynisson	Ægir	Valetta (MLT)	8.7.2001

Evrópuleikar 17 - 18: 24.82 / HM B-lágmörk : 24.35

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Ágúst Júlíusson	89 ÍA	25.63	25.34 693
2.	Daniel Hannes Pálsson	95 S.d. Fjölnis	26.07	25.57 674
3.	Aron Örn Stefánsson	95 SH	26.21	25.89 650
4.	Bragi Snær Hallsson	97 NTG	26.31	26.54 603
5.	Birkir Snær Helgason	94 Ægir	27.23	28.21 502
6.	Atli Vikar Ingimundarson	97 ÍA	29.08	28.51 486
7.	Daníel Andri Þórhallsson	98 Ægir	28.72	28.88 468
8.	Eiríkur Ingi Ólafsson	99 ÍRB	30.13	29.67 432

Sundgrein 32 kvenna, 200m skriðsund Opinn
12.4.2015 - 16:58 Úrslitalistar Úrslitsund

Íslandsmet	2:02.44	Eygló Ósk Gústafsdóttir	Ægir	Luxembourg (LUX)	30.5.2013
Aldursflokkamet 11 - 12	2:19.48	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ	14.12.2013
Aldursflokkamet 13 - 14	2:09.35	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	22.3.2009
Aldursflokkamet 15 - 17	2:03.08	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	13.4.2012

Evrópuleikar 15 - 16: 2:08.44 / EYOF 13 - 14: 2:10.37 / HM B-lágmörk : 2:03.09 / NÆM 13 - 14: 2:11.67 / OQT : 1:58.96

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig
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Reykjavík, 10. - 12.4.2015

Sundgrein 32, kvenna, 200m skriðsund, Úrslitsund

Úrslitasund

1.	Bryndís Rún Hansen	93	Óðinn	2:11.75	2:05.60	727
	50m: 29.00 29.00	100m: 1:00.34	31.34	150m: 1:33.03	32.69	200m: 2:05.60 32.57
2.	Sunneva Dögg Friðriksdóttir	99	ÍRB	2:07.85	2:07.15	701EMU
	50m: 29.55 29.55	100m: 1:01.29	31.74	150m: 1:34.29	33.00	200m: 2:07.15 32.86
3.	Eydís Ósk Kolbeinsdóttir	00	ÍRB	2:13.77	2:11.89	628
	50m: 30.76 30.76	100m: 1:03.98	33.22	150m: 1:37.90	33.92	200m: 2:11.89 33.99
4.	Ragnheiður Karlsdóttir	99	Breiðablik	2:14.22	2:14.41	593
	50m: 30.57 30.57	100m: 1:04.52	33.95	150m: 1:39.67	35.15	200m: 2:14.41 34.74
5.	Telma Brá Gunnarsdóttir	00	Ægir	2:20.04	2:19.43	532
	50m: 31.65 31.65	100m: 1:06.62	34.97	150m: 1:43.00	36.38	200m: 2:19.43 36.43
6.	Elín Kata Sigurgeirsdóttir	99	Óðinn	2:21.38	2:20.98	514
	50m: 32.21 32.21	100m: 1:07.93	35.72	150m: 1:44.93	37.00	200m: 2:20.98 36.05
7.	Bjarnís Sól Helenudóttir	00	ÍRB	2:24.62	2:21.59	508
	50m: 31.12 31.12	100m: 1:06.80	35.68	150m: 1:44.03	37.23	200m: 2:21.59 37.56
MÆekki	Guðný Birna Sigurðardóttir	99	Vestri	2:24.58		

Sundgrein 33

karla, 200m skriðsund

Opinn

12.4.2015 - 17:10

Úrslitalistar Úrslitsund

Íslandsmet	1:49.78	Örn Arnason	SH	Sydney (AUS)	19.9.2000
Aldursflokkamet 11 - 12	2:20.61	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	12.12.2014
Aldursflokkamet 13 - 14	2:05.35	Ólafur Sigurðsson	SH	Reykjavík	14.4.2013
Aldursflokkamet 15 - 17	1:50.63	Örn Arnasson	SH	Antwerpen (BEL)	2.8.1998

Evrópuleikar 17 - 18: 1:57.04 / EYOF 15 - 16: 1:58.80 / HM B-lágmörk : 1:52.16 / NÆM 15 - 16: 1:59.98 / OQT : 1:47.97

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig		
Úrslitasund						
1.	Kristófer Sigurðsson	95	ÍRB	1:58.68	1:53.99	716
	50m: 26.79 26.79	100m: 55.35	28.56	150m: 1:24.35	29.00	200m: 1:53.99 29.64
2.	Daniel Hannes Pálsson	95	S.d. Fjölнис	1:59.50	1:55.66	685
	50m: 27.09 27.09	100m: 56.89	29.80	150m: 1:27.51	30.62	200m: 1:55.66 28.15
3.	Birkir Snær Helgason	94	Ægir	1:58.36	1:56.50	671
	50m: 27.53 27.53	100m: 57.25	29.72	150m: 1:27.31	30.06	200m: 1:56.50 29.19
4.	Hilmar Smári Jónsson	94	S.d. Fjölнис	2:01.10	1:57.08	661
	50m: 27.07 27.07	100m: 56.58	29.51	150m: 1:27.24	30.66	200m: 1:57.08 29.84
5.	Bragi Snær Hallsson	97	NTG	1:58.82	1:57.36	656
	50m: 27.90 27.90	100m: 57.58	29.68	150m: 1:27.78	30.20	200m: 1:57.36 29.58
6.	Christian Olausson	96	NTG	1:57.57	1:57.72	650
	50m: 27.16 27.16	100m: 56.29	29.13	150m: 1:26.92	30.63	200m: 1:57.72 30.80
7.	Ólafur Sigurðsson	99	SH	1:59.63	2:00.38	608
	50m: 28.21 28.21	100m: 58.77	30.56	150m: 1:30.16	31.39	200m: 2:00.38 30.22
8.	Hafþór Jón Sigurðsson	97	SH	2:02.48	2:02.41	578
	50m: 28.27 28.27	100m: 59.30	31.03	150m: 1:31.07	31.77	200m: 2:02.41 31.34

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Sundgrein 34 kvenna, 50m baksund Opinn
12.4.2015 - 17:14 Úrslitalistar Úrslitsund

Íslandsmet	28.61	Eygló Ósk Gústafsdóttir	Ægir	Bellahoj (DEN)	29.3.2014
Aldursflokkamet 11 - 12	34.48	Rannveig Rögn Leifsdóttir	KR	Reykjavík	21.4.2009
Aldursflokkamet 13 - 14	31.26	Íris Ósk Hilmarsdóttir	ÍRB	Reykjanesbæ	8.12.2012
Aldursflokkamet 15 - 17	29.74	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	15.4.2012

Evrópuleikar 15 - 16: 29.89 / HM B-lágmörk : 29.60

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig		
Úrslitasund						
1.	Eygló Ósk Gústafsdóttir	95	Ægir	29.35	28.63	844HMB
2.	Ingibjörg Kristín Jónsdóttir	93	SH	29.55	29.36	782HMB
3.	Steingerður Hauksdóttir	96	S.d. Fjölnis	32.28	31.61	627
4.	Íris Ósk Hilmarsdóttir	98	ÍRB	32.78	32.24	591
5.	Athena Neve Leex	97	Breiðablik	32.83	32.71	566
6.	Erla Sigurjónsdóttir	95	ÍRB	33.25	32.92	555
7.	Ásdís Birta Guðnadóttir	96	SH	32.80	33.33	535
8.	Gunnlaug Margrét Ólafsdóttir	97	Breiðablik	33.25	33.36	533

Sundgrein 35 karla, 50m baksund Opinn
12.4.2015 - 17:25 Úrslitalistar Úrslitsund

Íslandsmet	25.86	Örn Arnason	SH	Eindhoven (NED)	20.3.2008
Aldursflokkamet 11 - 12	33.08	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík	1.3.2013
Aldursflokkamet 13 - 14	29.30	Brynjólfur Óli Karlsson	BREI	Reykjavík	10.4.2015
Aldursflokkamet 15 - 17	27.25	Kristinn Þórarinsson	Fjölnir	Reykjavík	15.4.2012

Evrópuleikar 17 - 18: 26.92 / HM B-lágmörk : 26.41

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig		
Úrslitasund						
1.	Kristinn Þórarinsson	96	S.d. Fjölnis	26.67	26.53	744
2.	Kolbeinn Hrafnkelsson	94	SH	26.93	26.95	709
3.	Bragi Snær Hallsson	97	NTG	28.55	28.86	577
4.	Brynjólfur Óli Karlsson	01	Breiðablik	29.82	29.35	549
5.	Kristján Gylfi Þórisson	00	S.d. Fjölnis	30.78	30.64	482
6.	Atli Víkar Ingimundarson	97	ÍA	31.46	34.17	348

Sundgrein 36 kvenna, 200m bringusund Opinn
12.4.2015 - 17:27 Úrslitalistar Úrslitsund

Íslandsmet	2:27.11	Hrafnhildur Lúthersdóttir	SH	Canet (FRA)	6.6.2012
Aldursflokkamet 11 - 12	2:52.21	Ólöf Edda Eðvarðsdóttir	ÍRB	Reykjanesbæ	26.4.2009
Aldursflokkamet 13 - 14	2:40.49	Rakel Gunnlaugsdóttir	ÍA	Glasgow (GBR)	4.3.2005
Aldursflokkamet 15 - 17	2:35.80	Íris Edda Heimisdóttir	Keflavík	Monaco (MON)	20.5.2000

Evrópuleikar 15 - 16: 2:39.97 / EYOF 13 - 14: 2:42.37 / HM B-lágmörk : 2:33.30 / NÆM 13 - 14: 2:43.99 / OQT : 2:26.94

Stig: FINA 2014

Sæti	F.ár	Undanrásir	Tími	Stig		
Úrslitasund						
1.	Hrafnhildur Lúthersdóttir	91	SH	2:31.26	2:28.69	818HMB
	50m: 33.34 33.34	100m: 1:10.57 37.23	150m: 1:49.43 38.86	200m: 2:28.69 39.26		
2.	Karen Mist Arngæirdóttir	00	ÍRB	2:47.92	2:46.08	587
	50m: 36.63 36.63	100m: 1:18.81 42.18	150m: 2:02.58 43.77	200m: 2:46.08 43.50		
3.	Svanfríður Steingrimsdóttir	99	ÍRB	2:49.39	2:49.22	555
	50m: 38.81 38.81	100m: 1:21.16 42.35	150m: 2:04.48 43.32	200m: 2:49.22 44.74		
4.	Marta Buchanevic	01	Ægir	2:53.15	2:50.01	547
	50m: 38.57 38.57	100m: 1:20.58 42.01	150m: 2:04.90 44.32	200m: 2:50.01 45.11		

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Sundgrein 36, kvenna, 200m bringusund, Úrslitsund, Opinn

Sæti	F.ár			Undanrásir			Tími	Stig				
5.	Sunna Svanlaug Vilhjálmisdóttir			00	SH	2:55.81		2:52.09	528			
	50m:	38.47	38.47	100m:	1:21.93	43.46	150m:	2:07.13	45.20	200m:	2:52.09	44.96
6.	Nanna Björk Barkardóttir			98	Óðinn	2:56.12		2:53.76	513			
	50m:	40.05	40.05	100m:	1:25.55	45.50	150m:	2:10.81	45.26	200m:	2:53.76	42.95
7.	Natalia Cecylia Wojdat			98	SH	2:56.97		2:53.92	511			
	50m:	38.40	38.40	100m:	1:22.54	44.14	150m:	2:08.21	45.67	200m:	2:53.92	45.71
8.	Kristín Ása Sverrisdóttir			98	Óðinn	2:53.79		2:54.09	510			
	50m:	40.08	40.08	100m:	1:25.16	45.08	150m:	2:10.30	45.14	200m:	2:54.09	43.79

Sundgrein 37

karla, 200m bringusund

Opinn

12.4.2015 - 17:40

Úrslitalistar Úrslitsund

Íslandsmet	2:10.72	Anton Sveinn McKee	Ægir	Los Angeles (USA)	19.7.2014
Aldursflokkamet 11 - 12	2:58.72	Hrafn Traustason	ÍA	Reykjavík	2.7.2004
Aldursflokkamet 13 - 14	2:37.05	Hrafn Traustason	ÍA	Reykjavík	30.6.2006
Aldursflokkamet 15 - 17	2:19.27	Jakob Jóhann Sveinsson	Ægir	Moskva (RUS)	17.7.1999

Evrópuleikar 17 - 18: 2:20.27 / EYOF 15 - 16: 2:22.38 / HM B-lágmörk : 2:16.32 / NÆM 15 - 16: 2:23.80 / OQT : 2:11.66

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig				
Úrslitasund												
1.	Viktor Máni Vilbergsson			92	SH	2:26.75		2:23.06	699			
	50m:	31.13	31.13	100m:	1:06.52	35.39	150m:	1:43.79	37.27	200m:	2:23.06	39.27
2.	Baldvin Sigmarsson			97	ÍRB	2:33.49		2:30.38	602			
	50m:	32.89	32.89	100m:	1:11.05	38.16	150m:	1:50.28	39.23	200m:	2:30.38	40.10
3.	Sævar Berg Sigurðsson			95	ÍA	2:35.19		2:30.97	595			
	50m:	33.09	33.09	100m:	1:11.15	38.06	150m:	1:50.85	39.70	200m:	2:30.97	40.12
4.	Arnór Stefánsson			97	SH	2:42.28		2:39.28	507			
	50m:	35.21	35.21	100m:	1:15.55	40.34	150m:	1:57.47	41.92	200m:	2:39.28	41.81
5.	Óskar Gauti Lund			99	Breiðablik	2:43.35		2:43.08	472			
	50m:	35.81	35.81	100m:	1:17.41	41.60	150m:	2:00.04	42.63	200m:	2:43.08	43.04

Sundgrein 38

kvenna, 800m skriðsund

Opinn

12.4.2015 - 17:45

Úrslitalistar

Íslandsmet	8:53.76	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	11.3.2012
Aldursflokkamet 11 - 12	9:58.56	Eygló Ósk Gústafsdóttir	Ægir	Reykjanesbæ	22.10.2007
Aldursflokkamet 13 - 14	9:20.94	Harpa Ingbórsdóttir	SH	Reykjavík	12.4.2014
Aldursflokkamet 15 - 17	9:09.94	Harpa Ingbórsdóttir	SH	Reykjavík	16.1.2015

Evrópuleikar 15 - 16: 9:17.27 / EYOF 13 - 14: 9:25.63 / HM B-lágmörk : 8:54.05 / NÆM 13 - 14: 9:31.28 / OQT : 8:33.97

Stig: FINA 2014

Sæti	F.ár			Undanrásir			Tími	Stig				
1.	Inga Elin Cryer			93	Ægir	9:07.96		9:06.50	737			
	50m:	30.26	30.26	250m:	2:45.13	34.40	450m:	5:04.17	34.74	650m:	7:23.07	34.93
	100m:	1:02.93	32.67	300m:	3:19.75	34.62	500m:	5:38.72	34.55	700m:	7:57.85	34.78
	150m:	1:36.73	33.80	350m:	3:54.58	34.83	550m:	6:13.49	34.77	750m:	8:32.58	34.73
	200m:	2:10.73	34.00	400m:	4:29.43	34.85	600m:	6:48.14	34.65	800m:	9:06.50	33.92
2.	Bára Kristín Björgvinsdóttir			95	SH	9:21.44		9:15.38	703			
	50m:	31.53	31.53	250m:	2:49.81	35.02	450m:	5:11.26	35.37	650m:	7:32.92	35.37
	100m:	1:05.18	33.65	300m:	3:25.21	35.40	500m:	5:46.67	35.41	700m:	8:08.28	35.36
	150m:	1:39.91	34.73	350m:	4:00.31	35.10	550m:	6:22.03	35.36	750m:	8:43.16	34.88
	200m:	2:14.79	34.88	400m:	4:35.89	35.58	600m:	6:57.55	35.52	800m:	9:15.38	32.22

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti			F.ár				Undanrásir		Tími	Stig
3.	Harpa Ingbórsdóttir		00	SH			9:09.94	9:17.13	696	EMU
	50m:	31.15 31.15	250m:	2:50.09 35.41	450m:	5:11.85 35.71	650m:	7:33.84 35.48		
	100m:	1:04.54 33.39	300m:	3:25.50 35.41	500m:	5:47.11 35.26	700m:	8:09.52 35.68		
	150m:	1:39.59 35.05	350m:	4:00.89 35.39	550m:	6:22.97 35.86	750m:	8:44.31 34.79		
	200m:	2:14.68 35.09	400m:	4:36.14 35.25	600m:	6:58.36 35.39	800m:	9:17.13 32.82		
4.	Sunneva Dögg Friðriksdóttir		99	ÍRB			9:17.40	9:19.93	686	
	50m:	31.23 31.23	250m:	2:51.16 35.72	450m:	5:15.11 35.47	650m:	7:38.46 35.52		
	100m:	1:04.96 33.73	300m:	3:27.36 36.20	500m:	5:51.28 36.17	700m:	8:13.99 35.53		
	150m:	1:39.95 34.99	350m:	4:03.15 35.79	550m:	6:26.81 35.53	750m:	8:48.19 34.20		
	200m:	2:15.44 35.49	400m:	4:39.64 36.49	600m:	7:02.94 36.13	800m:	9:19.93 31.74		
5.	Eydís Ósk Kolbeinsdóttir		00	ÍRB			9:37.53	9:20.18	685	
	50m:	31.76 31.76	250m:	2:52.45 35.77	450m:	5:14.49 35.06	650m:	7:37.31 35.71		
	100m:	1:05.72 33.96	300m:	3:28.14 35.69	500m:	5:50.12 35.63	700m:	8:12.60 35.29		
	150m:	1:41.09 35.37	350m:	4:03.80 35.66	550m:	6:26.06 35.94	750m:	8:47.74 35.14		
	200m:	2:16.68 35.59	400m:	4:39.43 35.63	600m:	7:01.60 35.54	800m:	9:20.18 32.44		
6.	Eyrún Agla Friðriksdóttir		99	SH			9:59.53	9:43.19	607	
	50m:	32.28 32.28	250m:	2:58.24 36.77	450m:	5:26.33 36.93	650m:	7:53.95 36.87		
	100m:	1:07.98 35.70	300m:	3:35.39 37.15	500m:	6:03.67 37.34	700m:	8:31.17 37.22		
	150m:	1:44.63 36.65	350m:	4:12.05 36.66	550m:	6:40.18 36.51	750m:	9:08.06 36.89		
	200m:	2:21.47 36.84	400m:	4:49.40 37.35	600m:	7:17.08 36.90	800m:	9:43.19 35.13		
7.	Stefanía Sigurbórsdóttir		01	ÍRB			9:42.32	9:45.93	598	
	50m:	31.98 31.98	250m:	2:57.88 37.10	450m:	5:26.74 37.23	650m:	7:55.84 37.48		
	100m:	1:07.08 35.10	300m:	3:34.83 36.95	500m:	6:03.75 37.01	700m:	8:32.95 37.11		
	150m:	1:43.57 36.49	350m:	4:12.29 37.46	550m:	6:41.28 37.53	750m:	9:10.15 37.20		
	200m:	2:20.78 37.21	400m:	4:49.51 37.22	600m:	7:18.36 37.08	800m:	9:45.93 35.78		
8.	Telma Brá Gunnarsdóttir		00	Ægir			9:52.37	9:48.74	590	
	50m:	33.02 33.02	250m:	3:01.91 37.89	450m:	5:31.60 37.04	650m:	7:59.98 36.78		
	100m:	1:09.33 36.31	300m:	3:39.36 37.45	500m:	6:08.61 37.01	700m:	8:36.60 36.62		
	150m:	1:46.79 37.46	350m:	4:17.04 37.68	550m:	6:45.79 37.18	750m:	9:13.26 36.66		
	200m:	2:24.02 37.23	400m:	4:54.56 37.52	600m:	7:23.20 37.41	800m:	9:48.74 35.48		
9.	Elín Ylfa Viðarsdóttir		99	Breiðablik			9:48.92	9:52.97	577	
	50m:	31.80 31.80	250m:	2:59.00 37.73	450m:	5:29.47 37.97	650m:	8:01.33 38.35		
	100m:	1:07.52 35.72	300m:	3:36.34 37.34	500m:	6:07.21 37.74	700m:	8:39.11 37.78		
	150m:	1:44.38 36.86	350m:	4:14.14 37.80	550m:	6:45.49 38.28	750m:	9:16.75 37.64		
	200m:	2:21.27 36.89	400m:	4:51.50 37.36	600m:	7:22.98 37.49	800m:	9:52.97 36.22		
10.	Elín Kata Sigurgeirsdóttir		99	Óðinn			10:01.37	9:54.47	573	
	50m:	33.34 33.34	250m:	3:02.75 37.69	450m:	5:34.58 37.82	650m:	8:04.46 37.34		
	100m:	1:09.83 36.49	300m:	3:40.72 37.97	500m:	6:12.13 37.55	700m:	8:42.17 37.71		
	150m:	1:47.48 37.65	350m:	4:18.71 37.99	550m:	6:49.51 37.38	750m:	9:19.15 36.98		
	200m:	2:25.06 37.58	400m:	4:56.76 38.05	600m:	7:27.12 37.61	800m:	9:54.47 35.32		
11.	Gunnhildur Björg Baldursdóttir		00	ÍRB			9:36.94	9:57.12	565	
	50m:	33.09 33.09	250m:	3:02.29 38.48	450m:	5:33.45 37.66	650m:	8:05.55 38.17		
	100m:	1:09.40 36.31	300m:	3:40.33 38.04	500m:	6:11.24 37.79	700m:	8:43.75 38.20		
	150m:	1:46.64 37.24	350m:	4:17.92 37.59	550m:	6:49.65 38.41	750m:	9:20.89 37.14		
	200m:	2:23.81 37.17	400m:	4:55.79 37.87	600m:	7:27.38 37.73	800m:	9:57.12 36.23		
12.	Kolbrún Eva Pálmadóttir		02	ÍRB			10:16.51	10:05.47	542	
	50m:	33.80 33.80	250m:	3:03.96 38.03	450m:	5:37.86 38.67	650m:	8:12.59 38.20		
	100m:	1:10.67 36.87	300m:	3:42.18 38.22	500m:	6:16.85 38.99	700m:	8:51.03 38.44		
	150m:	1:48.20 37.53	350m:	4:20.63 38.45	550m:	6:55.78 38.93	750m:	9:28.83 37.80		
	200m:	2:25.93 37.73	400m:	4:59.19 38.56	600m:	7:34.39 38.61	800m:	10:05.47 36.64		
13.	Klaudia Malesa		01	ÍRB			10:04.72	10:11.28	527	
	50m:	35.14 35.14	250m:	3:10.12 38.86	450m:	5:44.40 38.88	650m:	8:18.35 38.61		
	100m:	1:13.81 38.67	300m:	3:48.48 38.36	500m:	6:22.77 38.37	700m:	8:57.02 38.67		
	150m:	1:52.78 38.97	350m:	4:27.01 38.53	550m:	7:01.60 38.83	750m:	9:34.97 37.95		
	200m:	2:31.26 38.48	400m:	5:05.52 38.51	600m:	7:39.74 38.14	800m:	10:11.28 36.31		
14.	Hildur Elísabet Hálfðanardóttir		98	SH			9:57.27	10:12.31	524	
	50m:	35.17 35.17	250m:	3:09.44 39.02	450m:	5:45.25 39.06	650m:	8:19.89 38.72		
	100m:	1:13.01 37.84	300m:	3:48.66 39.22	500m:	6:25.07 39.82	700m:	8:59.43 39.54		
	150m:	1:52.06 39.05	350m:	4:27.26 38.60	550m:	7:02.85 37.78	750m:	9:36.54 37.11		
	200m:	2:30.42 38.36	400m:	5:06.19 38.93	600m:	7:41.17 38.32	800m:	10:12.31 35.77		

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti			F.ár				Undanrásir		Tími	Stig		
15.	Jóhanna Matthea Jóhannesdóttir		01		ÍRB		10:19.23		10:20.03	505		
	50m:	33.88	33.88	250m:	3:07.81	39.68	450m:	5:44.24	38.78	650m:	8:22.78	39.66
	100m:	1:11.55	37.67	300m:	3:47.13	39.32	500m:	6:23.51	39.27	700m:	9:02.59	39.81
	150m:	1:50.19	38.64	350m:	4:25.86	38.73	550m:	7:03.13	39.62	750m:	9:41.10	38.51
	200m:	2:28.73	38.54	400m:	5:05.46	39.60	600m:	7:43.12	39.99	800m:	10:20.03	38.93

Sundgrein 39

karla, 800m skriðsund

Opinn

12.4.2015 - 17:57

Úrslitalistar

Íslandsmet	8:08.09	Anton Sveinn McKee	Ægir	Reykjavík	20.7.2014
Aldursflokkamet 11 - 12	10:01.60	Patrik Víggó Vilbergsson	Breiðablik	Hódmézövásárhely (HUN)	19.12.2014
Aldursflokkamet 13 - 14	8:59.21	Ólafur Sigurðsson	SH	Reykjavík	11.4.2013
Aldursflokkamet 15 - 17	8:35.96	Arnór Stefánsson	SH	Hafnarfjörður	23.3.2013

HM B-lágmörk : 8:14.41

Stig: FINA 2014

Sæti			F.ár				Undanrásir		Tími	Stig		
1.	Christian Olausson		96		NTG		8:18.44		8:33.35	683		
	50m:	28.47	28.47	250m:	2:36.81	32.64	450m:	4:47.23	32.75	650m:	6:57.63	32.47
	100m:	59.60	31.13	300m:	3:09.47	32.66	500m:	5:19.95	32.72	700m:	7:30.30	32.67
	150m:	1:31.75	32.15	350m:	3:41.90	32.43	550m:	5:52.78	32.83	750m:	8:02.60	32.30
	200m:	2:04.17	32.42	400m:	4:14.48	32.58	600m:	6:25.16	32.38	800m:	8:33.35	30.75
2.	Pröstur Bjarnason		97		ÍRB		8:36.11		8:43.42	644		
	50m:	28.14	28.14	250m:	2:37.30	33.21	450m:	4:50.16	33.48	650m:	7:04.09	33.97
	100m:	59.23	31.09	300m:	3:09.76	32.46	500m:	5:23.28	33.12	700m:	7:37.15	33.06
	150m:	1:31.69	32.46	350m:	3:43.43	33.67	550m:	5:56.98	33.70	750m:	8:10.82	33.67
	200m:	2:04.09	32.40	400m:	4:16.68	33.25	600m:	6:30.12	33.14	800m:	8:43.42	32.60
3.	Ólafur Sigurðsson		99		SH		8:40.12		8:44.87	639		
	50m:	28.87	28.87	250m:	2:39.53	33.35	450m:	4:53.44	33.22	650m:	7:06.92	33.26
	100m:	1:00.08	31.21	300m:	3:13.19	33.66	500m:	5:26.92	33.48	700m:	7:40.34	33.42
	150m:	1:32.87	32.79	350m:	3:46.67	33.48	550m:	6:00.07	33.15	750m:	8:13.84	33.50
	200m:	2:06.18	33.31	400m:	4:20.22	33.55	600m:	6:33.66	33.59	800m:	8:44.87	31.03
4.	Hafþór Jón Sigurðsson		97		SH		8:49.55		8:49.97	620		
	50m:	29.04	29.04	250m:	2:39.57	33.20	450m:	4:54.92	33.93	650m:	7:10.13	33.89
	100m:	1:00.96	31.92	300m:	3:13.17	33.60	500m:	5:28.59	33.67	700m:	7:43.85	33.72
	150m:	1:33.46	32.50	350m:	3:47.21	34.04	550m:	6:02.28	33.69	750m:	8:17.28	33.43
	200m:	2:06.37	32.91	400m:	4:20.99	33.78	600m:	6:36.24	33.96	800m:	8:49.97	32.69
5.	Björgvin Theodór Hilmarsson		98		ÍRB		9:20.61		9:05.68	568		
	50m:	29.42	29.42	250m:	2:43.07	34.01	450m:	5:01.69	34.87	650m:	7:21.46	35.10
	100m:	1:01.96	32.54	300m:	3:17.66	34.59	500m:	5:36.67	34.98	700m:	7:56.77	35.31
	150m:	1:35.37	33.41	350m:	3:52.22	34.56	550m:	6:11.35	34.68	750m:	8:31.83	35.06
	200m:	2:09.06	33.69	400m:	4:26.82	34.60	600m:	6:46.36	35.01	800m:	9:05.68	33.85
6.	Ingi Þór Ólafsson		99		ÍRB		9:32.53		9:19.58	527		
	50m:	29.77	29.77	250m:	2:48.04	35.96	450m:	5:12.11	35.73	650m:	7:35.96	35.46
	100m:	1:02.68	32.91	300m:	3:24.12	36.08	500m:	5:48.36	36.25	700m:	8:11.28	35.32
	150m:	1:36.91	34.23	350m:	4:00.05	35.93	550m:	6:24.53	36.17	750m:	8:46.20	34.92
	200m:	2:12.08	35.17	400m:	4:36.38	36.33	600m:	7:00.50	35.97	800m:	9:19.58	33.38
7.	Gunnar Bjarki Jónsson		98		Breiðablik		9:25.37		9:20.04	526		
	50m:	30.84	30.84	250m:	2:53.45	35.81	450m:	5:16.57	35.06	650m:	7:37.38	34.10
	100m:	1:06.31	35.47	300m:	3:29.98	36.53	500m:	5:52.38	35.81	700m:	8:12.69	35.31
	150m:	1:42.32	36.01	350m:	4:05.47	35.49	550m:	6:27.84	35.46	750m:	8:46.70	34.01
	200m:	2:17.64	35.32	400m:	4:41.51	36.04	600m:	7:03.28	35.44	800m:	9:20.04	33.34
8.	Hilmir Örn Ólafsson		01		Ægir		9:42.50		9:31.54	495		
	50m:	32.29	32.29	250m:	2:57.05	36.57	450m:	5:22.15	35.79	650m:	7:46.80	36.10
	100m:	1:08.03	35.74	300m:	3:33.66	36.61	500m:	5:58.28	36.13	700m:	8:23.10	36.30
	150m:	1:44.18	36.15	350m:	4:10.10	36.44	550m:	6:34.19	35.91	750m:	8:58.07	34.97
	200m:	2:20.48	36.30	400m:	4:46.36	36.26	600m:	7:10.70	36.51	800m:	9:31.54	33.47

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 39, karla, 800m skriðsund, Opinn

Sæti			F.ár		Undanrásir				Tími	Stig		
9.	Kristján Gylfi Þórisson		00		S.d. Fjölnis				9:34.86	9:34.75	486	
	50m:	31.59	31.59	250m:	2:57.10	37.00	450m:	5:23.49	36.73	650m:	7:50.97	37.23
	100m:	1:07.20	35.61	300m:	3:33.71	36.61	500m:	5:59.80	36.31	700m:	8:27.67	36.70
	150m:	1:43.59	36.39	350m:	4:10.55	36.84	550m:	6:36.64	36.84	750m:	9:03.73	36.06
	200m:	2:20.10	36.51	400m:	4:46.76	36.21	600m:	7:13.74	37.10	800m:	9:34.75	31.02
10.	Patrik Viggó Vilbergsson		02		Breiðablik				9:52.56	9:42.15	468	
	50m:	32.16	32.16	250m:	2:57.41	36.44	450m:	5:25.18	36.61	650m:	7:53.50	36.97
	100m:	1:08.01	35.85	300m:	3:34.54	37.13	500m:	6:02.32	37.14	700m:	8:30.24	36.74
	150m:	1:44.36	36.35	350m:	4:11.40	36.86	550m:	6:39.22	36.90	750m:	9:06.98	36.74
	200m:	2:20.97	36.61	400m:	4:48.57	37.17	600m:	7:16.53	37.31	800m:	9:42.15	35.17

Sundgrein 41
12.4.2015 - 18:18

kvenna, 4 x 100m skriðsund

Opinn
Úrslitalistar

Íslandsmet	3:51.64	Sundfélagið Ægir	ÆGIR	Reykjavík	14.4.2012
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Stig: FINA 2014

Sæti					Undanrásir				Tími	Stig
1.	SH 1		SH		NT				3:57.74	706
	Karen Sif Vilhjálmisdóttir	+0,71	28.60	1:01.03	Hrafnhildur Lúthersdóttir	+0,16	27.04	57.21		
	Ingibjörg Kristín Jónsdóttir	+0,22	27.54	58.69	Guðný Erna Bjarnadóttir	+0,31	28.75	1:00.81		
2.	Óðinn 1		Óðinn		NT				4:05.25	643
	Bryndís Bolladóttir	+0,68	28.43	1:00.17	Elín Kata Sigurgeirsdóttir	+0,67	31.39	1:04.97		
	Nanna Björk Barkadóttir	+0,59	30.07	1:03.44	Bryndís Rún Hansen	+0,31	27.17	56.67		
3.	ÍRB 1		ÍRB		NT				4:08.31	619
	Sylwia Sienkiewicz	+0,76	29.74	1:02.57	Eydís Ósk Kolbeinsdóttir	+0,48	30.23	1:02.37		
	Sunneva Dögg Friðriksdóttir	+0,39	29.82	1:01.07	Erla Sigurjónsdóttir	+0,53	29.28	1:02.30		
4.	Breiðablik 1		Breiðablik		NT				4:15.63	568
	Ragnheiður Karlsdóttir	+0,74	29.83	1:02.21	Líf Þrastardóttir	+0,45	31.57	1:05.87		
	Sunneva Jóhannsdóttir	+0,48	30.69	1:04.71	Elín Ylfa Viðarsdóttir	+0,41	29.68	1:02.84		
5.	SH 2		SH		NT				4:16.69	561
	Jóhanna Elín Guðmundsdóttir	+0,77	30.50	1:05.11	Katarína Róbertsdóttir	+0,20	31.60	1:06.85		
	Harpa Ingþórsdóttir	+0,31	29.74	1:01.59	Ásdís Birta Guðnadóttir	+0,27	29.20	1:03.14		
6.	S.d. Fjölnis 1		S.d. Fjölnis		NT				4:32.78	467
	Ágústa Rós Róbertsdóttir	+0,82	32.42	1:07.75	Arna Lára Hjaltested	+0,25	32.45	1:09.10		
	Rakel Guðjónsdóttir	+0,64	33.16	1:09.49	Berglind Bjarnadóttir	+0,71	32.17	1:06.44		
7.	ÍRB 3		ÍRB		NT				4:33.71	462
	Erna Guðrún Jónsdóttir	+0,78	34.17	1:10.94	Sandra Ósk Elíasdóttir	+0,45	33.16	1:10.13		
	Klaudia Malesa	+0,37	32.22	1:07.33	Aníka Mjöll Júlíusdóttir	+0,39	31.05	1:05.31		
8.	ÍRB 2		ÍRB		NT				4:37.54	443
	Bjarnís Sól Helenudóttir	+0,66	31.12	1:06.45	Rakel Ýr Ottósdóttir	+0,32	34.56	1:12.75		
	Steinunn Rúna Ragnarsdóttir	+0,33	34.10	1:11.02	Jóhanna Matthea Jóhannesdóttir	+0,52	32.79	1:07.32		

IM50 2015
Reykjavík, 10. - 12.4.2015

Sundgrein 42
12.4.2015 - 18:24

karla, 4 x 100m skriðsund

Opinn
Úrslitalistar

Íslandsmet 3:31.48 Sundfélag Hafnarfjarðar SH Reykjavík 12.4.2014

Stig: FINA 2014

Sæti				Undanrásir	Tími	Stig		
1.	S.d. Fjölnis 1		S.d. Fjölnis	NT	3:32.00	700		
	Hilmar Smári Jónsson	+0,69	25.88	53.86	Daniel Hannes Pálsson	+0,10	25.22	52.65
	Jón Margeir Sverrisson	+0,29	26.25	54.11	Kristinn Þórarinnsson	+0,30	24.22	51.38
2.	SH 1		SH	NT	3:33.60	684		
	Predrag Milos	+0,69	25.21	53.63	Aron Örn Stefánsson	+0,35	24.93	52.64
	Kolbeinn Hrafnkelsson	+0,18	25.13	52.83	Viktor Máni Vilbergsson	+0,23	25.54	54.50
3.	ÍRB 1		ÍRB	NT	3:46.71	572		
	Eiríkur Ingi Ólafsson	+0,78	28.71	59.77	Þróstur Bjarnason	+0,16	27.32	56.37
	Baldvín Sigmarsson	+0,45	27.31	57.72	Kristófer Sigurðsson	+0,17	24.90	52.85
4.	SH 2		SH	NT	3:49.05	555		
	Sveinn Ólafur Lúðvíksson	+0,72	27.21	58.98	Ólafur Sigurðsson	+0,22	27.14	56.30
	Arnór Stefánsson	+0,36	27.61	57.01	Hafþór Jón Sigurðsson	+0,43	27.16	56.76
5.	Breiðablik 1		Breiðablik	NT	3:50.18	546		
	Brynjólfur Óli Karlsson	+0,68	27.70	57.92	Gunnar Bjarki Jónsson	+0,21	27.58	58.54
	Daníel Már Kristinsson	+0,14	26.78	56.52	Sveinbjörn Pálmi Karlsson	+0,23	26.84	57.20
6.	ÍA 1		ÍA	NT	3:51.52	537		
	Ágúst Júlíusson	+0,69	26.34	54.92	Patrekur Björgvinsson	+0,43	28.44	59.73
	Sævar Berg Sigurðsson	+0,36	27.82	58.27	Atli Vikar Ingimundarson	+0,32	27.10	58.60