



ÍSLANDS- OG UNGLINGAMEISTARAMÓTIÐ Í 25M LAUG 2024

ICELANDIC SHORT COURSE CHAMPIONSHIP

ÁSVALLALAUG, HAFNARFIRÐI, ICELAND

NOVEMBER 8TH TO 10TH 2024



The Icelandic Swimming Association and Parasport Iceland invites you to the Icelandic Short Course Championship, ÍM25, November 8th to 10th 2024. The competition will take place in Ásvallalaug in Hafnarfjörður in a 25m, 10-lane pool.

Internationally experienced referees have been invited to conduct the technical part of the competition and it is a World Aquatics and European Aquatics approved meet.

Location: Ásvallalaug swimming pool, Ásvellir 2, 220 Hafnarfjörður, Iceland

Competitors: The Icelandic Short Course Championship is open to all swimmers. However, only two foreign swimmers can advance to the finals of each event.

Rules: The competition will be conducted under World Aquatics and IPC rules.
Para swimmers will be seeded as per entry time.
The Icelandic Swimming Association's regulation for the Icelandic Short Course Championships applies to this competition and can be found on the Icelandic Swimming Associations website.

Entry deadline: Deadline for final confirmation of entries is October 23rd 2024
Entries after deadlines are subject to availability and will be charged with late entry fee.
Entry fee for individual events: ISK 900 per entry
Entry fee for relay events: ISK 1800 per entry
Late entry fee: additional ISK 1000 per entry.

Awards Medals for open and youth category. 3 best male and female swimmers will receive medals.
While foreign swimmers are not eligible to win the Icelandic National Championship title, they will be awarded special prizes.
Para swimmers will receive awards according to the Icelandic 1000 points system.

Qualifying Period: November 10th 2023 to October 23rd 2024.
Entry times must be achieved on short course or converted times from long course (see below)

Qualifying Times: Swimmer qualified in one event will be given the opportunity to compete in up to two additional events, if space allows (total of up to three events).

Withdrawals: The competition office must be informed of withdrawals in writing.

Withdrawals from preliminary heats must be handed in at the latest 19:00 the day before.

Withdrawals from the finals must be handed in, no later than 30 minutes after completion of the heats' session.

Withdrawals can only be handed in on paper to an official at the resolution desk. Failure to hand in withdrawals within these time limits will be treated as DNS.

ISK 5000 in penalty fee for DNS during the competition. This will be invoiced to the club.

Swim down pool During the competition, swimmers can use the other end of the pool, 25m pool to swim down, as well as for warmup.

Final call room 15 minutes before the start of each race, competitors must appear in the final call room located behind the starting blocks and stay there until notified by officials to move to the pool deck. Entry to the final call room is only for competitors that are about to swim and officials.

Victory ceremony: Victory ceremonies will be held in the prelims session for youth category and para swimmers. Victory ceremonies for open category will be in the afternoon sessions and will be announced in the meet program and by the competition office. Failure to show up for the victory ceremony will result in no awards to that swimmer.

Technical meeting: Technical meeting will be held on Wednesday, November 6th 2024 at 12:00 noon GMT on Microsoft Teams meeting. Any changes to the meet program and other important information will be announced there. Team contact persons will receive the invitation to the meeting.

Accommodation and airport transfer We recommend staying at Hotel Vellir, located next to the competition venue.
Bus transport from Keflavik International Airport to Hafnarfjörður can be arranged.

For further information please contact the below mentioned contacts:

Mr. Leifur Guðni Grétarsson, meet manager: meets@iceswim.is

Mrs. Kristín Guðmundsdóttir, para swimming: krigu@simnet.is

We look forward to seeing you in Hafnarfjörður 2024